



2X monthly!

RT DEALS

June 24–July 14, 2026



**Boulder Canyon
Kettle Style
Potato Chips**
selected varieties

2/\$7
5.25–6.5 oz



**OLIPOP
Prebiotic Soda**
selected varieties

2/\$4
12 oz

Fire up your Fourth!

**Spindrift
Lime Sparkling Water**

\$7.49

8/12 oz



**Mary's Gone Crackers
Organic Crackers**

selected varieties

\$4.49

4 oz



**Siete
Sea Salt Tortilla Chips**

\$4.49

5 oz



**Serenity Kids
Grass Fed Beef With Organic
Kale and Sweet Potato**

\$3.49

3.5 oz



**Siete
Refried Beans**

selected varieties

2/\$5

15.5–16 oz



**Chomps
Beef Snack Sticks**

selected varieties

2/\$5

1.15 oz



**RW Knudsen
Organic Cranberry
Pomegranate Juice**

\$4.99

32 oz



**Pop & Bottle
Organic Matcha Green Tea Almond
Latte**

\$3.49

11 oz



**Safe Catch
Elite Wild Tuna**

\$3.99

5 oz



Look for new deals on **July 15!**

**Annie's
Organic Mac & Cheese**

\$3⁹⁹

6 oz



**Organic Valley
Organic Shredded
Mexican Cheese**

\$4⁹⁹

6 oz



**TRUFF
Black Truffle Infused
Hot Sauce**

selected varieties

\$11⁹⁹

6 oz



**Let's Do Organic
Organic Gluten Free Cake
Style Ice Cream Cones**

\$3⁴⁹

1.2 oz



**Unique Snacks
Pretzels**

selected varieties

\$3⁹⁹

11 oz



**Green Mountain Gringo
Salsa**

selected varieties

\$5⁴⁹

16 oz



**Napa Valley Naturals
Organic Extra Virgin
Olive Oil**

\$19⁹⁹

25.4 oz



**Follow Your Heart
Avocado Oil Veganaise**

\$5⁹⁹

14 oz



**Late July
Organic Tortilla Chips**

selected varieties

\$3⁹⁹

7.4-10.1 oz



**Spectrum Culinary
Organic Distilled
White Vinegar**

\$6⁹⁹

32 oz



**LesserEvil
Organic Moonions**
selected varieties

\$4⁴⁹

6 oz



Good snacks bring people together. Whether it's savory Moonions or classic Himalayan Pink Salt Popcorn, LesserEvil keeps the bowl full with bold flavors, wholesome ingredients, and a light, air-popped crunch that turns simple moments into something special.



**LesserEvil
Organic Popcorn**
selected varieties

\$3⁹⁹

4.6 oz

**Evamor
Alkaline Artesian Water**

2/\$5

32 oz





San Pellegrino
Sparkling Water



2/\$5

750 ml

Nixie
Organic Sparkling Water
selected varieties



\$5.49

8/12 oz

Cocojune
Organic Plant-
Based Pure Coconut
Yogurt



2/\$5

4 oz

SAVE S'MORE
on summer faves!



Tony's Chocolonely
Chocolate Bar
selected varieties

\$5.49

6.35 oz



Annie's
Organic Graham Crackers
selected varieties

\$3.99

14.4 oz



Dandies
Vegan Marshmallows
selected varieties

\$3.99

10 oz

**Bubbies Ice Cream
Matcha Green Tea Mochi**



\$5.49

7.5 oz

**Bragg
Nutritional Yeast**



\$5.99

4.5 oz

**Actual Veggies
Sweet Potato Veggie Burger**



\$5.49

12 oz

**Almond Breeze
Almondmilk**
selected varieties



\$2.99

32 oz

**Larabar
Fruit & Nut Bar**
selected varieties



5/\$5

1.6-1.7 oz

**Wholesome Sweeteners
Organic Powdered Sugar**



\$4.49

1 lb

**Health-Ade
Organic Kombucha**
selected varieties



2/\$7

16 oz

**Zevia
Zero Sugar Soda**
selected varieties



\$6.99

6/12 oz



**The Cornucopia
Institute**

**Learn to shop
like an organic
advocate at
cornucopia.org**

**Looking for organic food
you can trust?**



PRIMAL KITCHEN®

Add bold, crave-worthy flavor to the real foods you love with Primal Kitchen Organic Unsweetened Ketchup and Mayo with Avocado Oil. Our premium pantry staples are made with real ingredients like organic California-grown tomatoes and cage-free eggs for a classic taste that kids and parents love. No artificial sweeteners and no nonsense!



Primal Kitchen Organic Ketchup
selected varieties

\$5.49

11.3 oz



Primal Kitchen Mayo
selected varieties

\$8.99

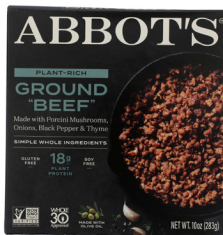
12 oz



Abbot's Plant-Based Meat Alternative
selected varieties

\$6.49

10 oz



Bubbies Sauerkraut
selected varieties

\$7.99

25 oz



Ithaca Hummus
selected varieties

\$4.49

10 oz



Udi's Gluten Free Hamburger Buns
selected varieties

\$4.99

10.4–10.8 oz



Vista Hermosa Corn Tortillas

\$3.99

7.2 oz



Beyond Sweet Italian Sausage

\$7.99

14 oz



Beyond Burger

\$8.99

1 lb



BEYOND MEAT®

Our plant-based meats are made with intention. We combine expert innovation with simple, non-GMO ingredients to deliver the meaty experience you crave without the compromise. Did we mention that each of our products is a good source of protein? It's true. Plus, there's 0mg of cholesterol, and no added antibiotics and no hormones. Pretty great, huh?

Alden's ORGANIC®



**Alden's Organic
Organic Ice Cream**
selected varieties

\$10⁴⁹

48 oz

Made with organic ingredients and a focus on responsible sourcing, Alden's Organic is a Certified B Corp committed to supporting communities—bringing rich, creamy ice cream to your table while doing things the right way.



**Alden's Organic
Organic Ice Cream
Sandwiches**

\$6⁹⁹

6 ct

**JonnyPops
Organic Pops**
selected varieties

\$5⁴⁹

14.8 oz



**Deliciousness
Without the
Dairyness**



**So Delicious
Organic Coconut
Milk**
selected varieties

\$2⁹⁹

32 oz



**So Delicious
Plant-Based Frozen
Dessert**
selected varieties

\$4⁹⁹

16 oz

Independent and Proud.

When you shop local, you make your dollars count. Support your community today and every day by choosing your local independent grocer.



**SHOP SMALL.
CELEBRATE BIG.**

selected varieties



\$1999

3.5–3.9 oz



\$799

14 oz



\$2799

50 ct

selected varieties



\$799

4 oz

Tabs



\$799

3 oz



\$349

4 oz

Shake & Spray



\$799

2.7 fl oz

selected varieties



\$1099

32 ct

Ginger Lime Chicken Skewers

25 MIN + 2-4 HR MARINATING • MAKES 6 SKEWERS • TRADITIONAL

INGREDIENTS

- ¾ cup prepared Teriyaki Marinade
- 1 tbsp sriracha hot sauce
- 1 tsp grated fresh ginger
- 2 tablespoons fresh lime juice
- 1 teaspoon smoked paprika
- 2 pounds boneless, skinless chicken breast
- 6 bamboo skewers

DIRECTIONS

- 1 In a mixing bowl, whisk together teriyaki marinade, sriracha, ginger, lime juice, and smoked paprika.
- 2 Cut chicken into 1-inch pieces and toss with marinade. Cover and refrigerate for 2-4 hours, stirring occasionally. Meanwhile, soak bamboo skewers in water for at least 30 minutes.
- 3 When chicken has marinated, thread onto skewers. Reserve remaining marinade.
- 4 Place skewers on a preheated grill over medium heat and cook for 3-4 minutes per side, or until the internal temperature reaches 165°F.
- 5 In a small saucepan, bring reserved marinade to a boil over medium high heat. Cook, stirring frequently for 3-5 minutes until thoroughly heated and reduced slightly. When chicken is cooked, brush with marinade and serve.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Charity Of The Month: The Glen Cove Boys and Girls Club

The Glen Cove Boys and Girls Club at Lincoln House has had a long history of serving as a pillar of support to the community's underprivileged youth. Serving the city since 1903, its mission has been to help children realize their potential and become productive citizens by providing inspirational and educational programming in a safe environment. With opportunities around character and leadership development, the arts, education and career development, sports, fitness and recreation, as well as health and life skills, The GCBGC has been a champion for the community's youth, and Rising Tide is proud to make them July's Charity of the Month.