



2X monthly!

RT DEALS

October 29–November 11, 2025



Cascadian Farm
Organic Cut
Green Beans

\$2⁹⁹

10 oz



Capello's
Gluten Free
Buttermilk Biscuit

\$6⁴⁹

12.1 oz

Set the table for less!

Better Than Bouillon
Organic Broth Base

selected varieties

\$6⁹⁹

8 oz



Fruit Bliss
Organic Tart Cherries

selected varieties

\$4⁹⁹

5 oz



Bonafide
Organic Chicken
Bone Broth

selected varieties

\$8⁹⁹

24 fl oz



Farmer's Market
Organic Puree

selected varieties

\$3⁴⁹

15 oz



Graza
Sizzle Extra Virgin Olive Oil

\$12⁹⁹

750 ml



Heirloom Coffee
Organic Goldenrod Blend
Coffee

\$15⁹⁹

12 oz



Tony's Chocolonely
Milk Chocolate Bar

selected varieties

\$5⁴⁹

6.35 oz



Newman's Own
Sandwich Cookies

selected varieties

\$5⁴⁹

13 oz



Jackson's
Avocado Oil Sea Salt
Sweet Potato Chips

\$3⁴⁹

5 oz



Look for new deals on **November 12!**

Montebello
Organic Artisan Pasta
selected varieties

\$3⁹⁹

1 lb



Jovial
Organic Brown Rice Pasta
selected varieties

\$3⁹⁹

12 oz



Mike's Mighty Good
Craft Ramen
selected varieties

2/\$4

1.6-2.4 oz



Koyo
Ramen
selected varieties

2/\$3

2 oz



Safe Catch
Elite Wild Tuna

\$3⁴⁹

5 oz



Miso Master
Organic Mellow White Miso

\$5⁹⁹

8 oz



Farmers Market
Organic Pumpkin

\$3⁴⁹

15 oz



Garden of Eatin'
Taco Shells
selected varieties

\$3⁹⁹

5.5 oz



Justin's
Organic Milk Chocolate
Peanut Butter Cups

2/\$4

1.4 oz



Mid-Day Squares
Chocolate Functional Bar
selected varieties

2/\$4

1.16 oz



Late July
Organic Sea Salt Tortilla Chip
Dippers

\$3⁹⁹

7.4 oz



Maille
Chornicons Gherkins

\$7⁹⁹

13.5 oz



Peter Rabbit Organics
Organic Baby Food Pouch
selected varieties

2/\$4

4 oz



Yogi
Organic Tea
selected varieties

\$4⁹⁹

16 ct



GT's
Alive Ancient Mushroom Elixir
selected varieties

\$3⁴⁹

16 oz



Earth Balance
Organic Vegan Buttery Spread
selected varieties

\$5⁹⁹

13 oz



Alba Botanica
Acnedote Face & Body Scrub

\$10⁹⁹

8 oz



Truly Grass Fed
Natural Aged Cheddar Block

\$4⁹⁹

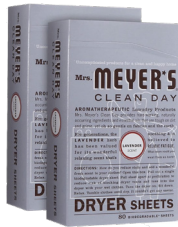
7 oz



Mrs. Meyer's Clean Day
Lavender Dryer Sheets

\$10⁹⁹

80 ct



Oregon's Wild Harvest
Nettle Quercetin

\$25⁹⁹

60 ct



Oregon's Wild Harvest
Organic Milk Thistle Dandelion

\$28⁹⁹

90 ct



Nordic Naturals
Ultimate Omega Lemon
2x with D3

\$49⁹⁹

60 ct



Nordic Naturals
Ultimate Omega D3 Lemon

\$49⁹⁹

120 ct



Gaia Herbs
Mighty Lungs

\$32⁹⁹

60 ct



Enzymedica
Vitamin D3 + K2

\$21⁹⁹

60 cap



Bluebonnet
Magnesium Glycinate 400 mg

\$24⁹⁹

120 ct



Bluebonnet
Vitamin D3 5000 IU
selected varieties

\$10⁹⁹

60 ct



ECOS
Wave Jet Rinse Aid

\$4⁴⁹

8 oz



ECOS
Dish Soap
selected varieties

\$3⁹⁹

25 oz



Mrs. Meyer's Clean Day
Dish Soap
selected varieties

\$4⁹⁹

16 oz



Green Chicken Chili

25 MIN • SERVES 4 • GLUTEN-FREE, TRADITIONAL

INGREDIENTS

2 tablespoons olive oil
1 small yellow onion, minced
1 large poblano pepper, chopped
1 large jalapeno pepper, minced
1 – 4 oz. can diced green chiles
2 tablespoons minced garlic
2 teaspoons ground cumin
1 ½ teaspoons chili powder
1 teaspoon sea salt
1 quart chicken stock
1 -15.5 oz. jar green salsa, such as salsa verde or tomatillo salsa*

1 – 15 ounce can great northern beans, drained and rinsed
1 ½ pounds pulled rotisserie chicken**

Optional garnishes

Sour cream
Cilantro
Tortilla chips
Cotija cheese
Sliced avocado
Thinly sliced radishes

DIRECTIONS

- 1 Heat olive oil in a large soup pot over medium heat. Add onion, peppers, and chiles. Sauté for 3–5 minutes or until tender then add in garlic and cook for an additional 30 seconds.
- 2 Add cumin, chili powder, salt, chicken stock, and salsa verde. Bring mixture to a gentle simmer and cook for 5 minutes. Stir in chicken and beans.
- 3 Heat through and serve with toppings of your choice.

**Note that green salsas can vary wildly in their spice level, so be sure to select a salsa the fits your spice preferences.*

***Substitute turkey for chicken for a deeper flavor.*



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Charity Of The Month: North Shore Soup Kitchen

The North Shore Soup Kitchen has been feeding the hungry at the First Baptist Church in Glen Cove since it was founded in 1989, 31 years ago. NOSH was created March 15th in response to the coronavirus pandemic. NOSH's mission is to provide food assistance by delivering bags of groceries to the homes of North Shore residents impacted by the pandemic. Now united by a common goal, to feed the hungry with dignity and respect, NOSH is now a program of the North Shore Soup Kitchen. Working together, the two organizations will continue the ever growing need for food assistance across our area.