



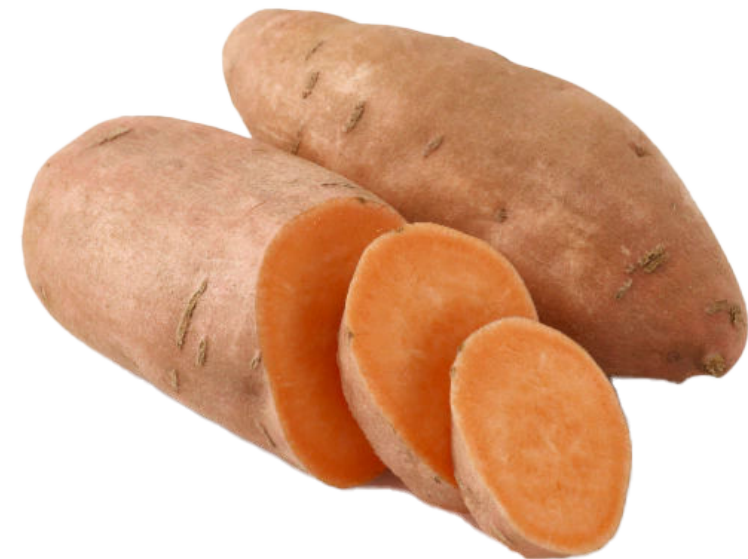
# RISING TIDE'S POTATO GUIDE





## **HANNAH SWEET POTATOES**

MILDLY SWEET WITH A DENSE TEXTURE. GREAT FOR FRYING, BAKING, MASHING, STUFFING AND STEAMING.



## **JEWEL SWEET POTATOES**

BRIGHT ORANGE WITH A MOIST, FLUFFY TEXTURE AND A SWEET, SLIGHTLY EARTHY FLAVOR. GREAT FOR BAKING, ROASTING, STEAMING, AND MASHING.



## **JAPANESE YAMS**

CREAM-COLORED WITH A VERY SWEET FLAVOR. THEIR FIBROUS TEXTURE IS GOOD FOR SOUPS, STEWS, AND CURRIES.





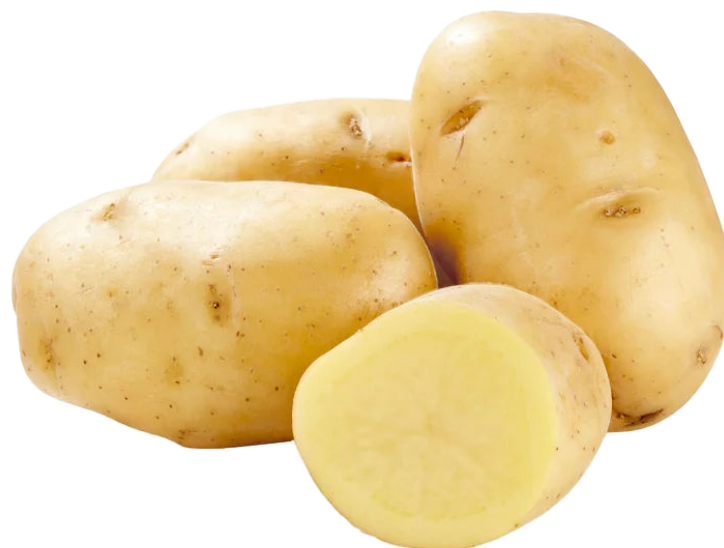
### **GARNET YAM**

ORANGE-COLORED WITH A  
MOIST AND STARCHY  
TEXTURE. BRING OUT ITS  
SWEETNESS BY ROASTING.



### **RUSSET POTATO**

CREAM-COLORED WITH A  
LIGHT, AIRY TEXTURE. GREAT  
FOR BAKING, MASHING,  
STUFFING, AND FRYING.



### **YUKON GOLD POTATO**

GOLDEN-COLORED WITH A DENSE,  
FIRM TEXTURE. PERFECT FOR  
ROASTING, SAUTÉING, GRILLING,  
MASHING, FRYING AND BOILING.