



# MAY SALES 2023

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



**\$5<sup>49</sup>**

Alden's Organic  
**ICE CREAM BARS**  
**ORANGE CREAM**  
4 ct



**\$3<sup>49</sup>**

Annie's  
**OG MAC & CHEESE**  
6 oz



**\$3<sup>99</sup>**

Arrowhead Mills  
**OG OAT FLOUR**  
16 oz



**\$7<sup>99</sup>**

Base Culture  
**KETO BREAD**  
16 oz



**\$4<sup>49</sup>**

BEAR  
**YOYO FRUIT ROLLS**  
**STRAWBERRY**  
3.5 oz

**\$7<sup>99</sup>**  
D'Artagnan  
**ABF GROUND TURKEY**  
16 oz



**\$4<sup>49</sup>**

Biokleen  
**HOUSEHOLD CLEANERS**  
**SPRAY & WIPE**  
32 oz



**2/\$5**

Bionaturae  
**OG PASTA**  
**PENNE RIGATE**  
32 oz



**\$2<sup>49</sup>**

Bionaturae  
**OG TOMATO PASTE**  
**JAR**  
7 oz



**2/\$3**

Bob's Red Mill  
**PEANUT BUTTER**  
**BANANA & OAT**  
**BAR**  
1.76



**\$3<sup>99</sup>**

Bragg  
**OG APPLE CIDER**  
**VINEGAR**  
16 oz



**\$12<sup>99</sup>**

Bragg  
**OG EXTRA VIRGIN**  
**OLIVE OIL**  
16 oz

## STORE HOURS

**MONDAY-SATURDAY**

8:00AM - 7:00PM

**SUNDAY**

8:00AM-6:00PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: [RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/](https://www.risingtidemarket.com/rising-tide-online-shopping/)



**\$3<sup>99</sup>**  
Brown Cow  
**WHOLE MILK  
CREAM TOP  
PLAIN YOGURT**  
32 oz



**\$7<sup>49</sup>**  
Bubbies  
**KOSHER DILL  
PICKLES**  
33 oz



**\$12<sup>49</sup>**  
California Olive Ranch  
**EXTRA VIRGIN  
OLIVE OIL  
EVERYDAY**  
25.4 oz



**\$7<sup>49</sup>**  
Catalina Crunch  
**CHOCOLATE  
PEANUT BUTTER  
KETO-FRIENDLY  
CEREAL**  
9 oz



**\$8<sup>99</sup>**  
Caulipower  
**CHICKEN TENDERS  
ORIGINAL**  
14 oz



**\$3<sup>99</sup>**  
Chickapea  
**OG PASTA  
SPAGHETTI**  
8 oz



**\$4<sup>99</sup>**  
Chloe's  
**MANGO POPS**  
4/2.5 oz



**2/\$5**  
Chocolove  
**ALMONDS AND  
SEA SALT DARK  
CHOCOLATE BAR**  
3.2 oz



**2/\$3**  
Clif Bar  
**CHOCOLATE CHIP**  
2.4 oz



**2/\$5**  
Cocojune  
**PLANT BASED  
COCONUT YOGURT  
PURE COCONUT**  
4 oz



**\$12<sup>99</sup>**  
Coombs Family Farms  
**OG MAPLE SYRUP  
GRADE A AMBER**  
12 oz



**\$4<sup>99</sup>**  
Cosmic Bliss  
**OG DARK  
CHOCOLATE BARS**  
12 oz



**\$5<sup>49</sup>**

Crofter's Organic  
**OG FAMILY SIZE  
PREMIUM SPREAD  
STRAWBERRY**  
16.5 oz



**2/<sup>\$3</sup>**  
Culture Pop  
**PROBIOTIC SODA  
PINK GRAPEFRUIT**  
12 oz



**\$3<sup>99</sup>**

Dr. Bronner's  
**OG MAGIC ALL  
ONE CHOCOLATE  
SMOOTH COCONUT  
PRALINE**  
2.93 oz



**\$3<sup>49</sup>**

Crunchmaster  
**MULTISEED  
CRACKERSE  
ROSEMARY &  
OLIVE OIL**  
5.5 oz



**2/<sup>\$4</sup>**

Dr. McDougall's  
**RAMEN  
VEGAN CHICKEN  
FLAVOR**  
1.8 oz



**\$3<sup>99</sup>**

Dr. Praeger's  
**OATIES  
BLUEBERRY**  
8 oz



**2/<sup>\$6</sup>**

Endangered Species  
**OWL DARK  
CHOCOLATE  
WITH ALMONDS  
AND SEA SALT**  
3 oz



**2/<sup>\$4</sup>**

Essentia  
**ALKALINE WATER**  
1 L



**2/<sup>\$4</sup>**

Evamor  
**ALKALINE ARTESIAN  
WATER**  
32 oz



**\$4<sup>49</sup>**

Explore Cuisine  
**OG PASTA  
RED LENTIL PENNE**  
8 oz



**\$7<sup>49</sup>**

Feel Good Foods  
**GF EGG ROLLS  
VEGETABLE**  
9 oz



**\$5<sup>99</sup>**

Food for Life  
**OG EZEKIEL 4:9  
BREAD SPROUTED  
WHOLE WHEAT**  
24 oz



**2/<sup>\$6</sup>**

Food Should Taste Good  
**TORTILLA CHIPS  
SWEET POTATO**  
5.5 oz.



**2/<sup>\$4</sup>**

Forager Project  
**OG CASHEWMILK  
YOGURT  
STRAWBERRY**  
5.3 oz



**\$4.49**  
Free2b  
**SUNFLOWER BUTTER  
MINIS DARK  
CHOCOLATE**  
4.2 oz



**\$3.49**  
From The Ground Up  
**CAULIFLOWER  
STALKS SEA SALT**  
4 oz



**2/\$3**  
GoMacro  
**MINI MACROBAR  
PEANUT BUTTER  
CHOCOLATE**  
.90 oz



**\$5.99**  
Glutino  
**GF PRETZEL STICKS  
FAMILY BAG**  
14.1 oz



**\$3.49**  
Good Health  
**AVOCADO OIL  
POTATO CHIPS  
SEA SALT**  
5 oz



**\$4.49**  
GoodPop  
**OG POPS VEGAN  
CHOCOLATE FUDGE**  
10 oz



**\$3.99**  
Green & Black's  
**OG WHITE  
CHOCOLATE BAR**  
3.17 oz



**\$3.69**  
Green Mountain Gringo  
**CHIP TORTILLA  
STRIPS BLUE CORN**  
8 oz



**\$5.49**  
GT's  
**OG COCOYO  
PURE**  
8 oz



**\$5.49**  
Hail Merry  
**MERRY BITES  
DARK CHOCOLATE**  
3.5 oz



**\$3.99**  
Harmless Harvest  
**OG COCONUT  
WATER**  
16 oz



**\$4.99**  
Honey Mama's  
**COCOA TRUFFLE  
BAR CHOCOLATE  
CAKE**  
2.5 oz



**\$4.59**  
Ithaca Cold Crafted  
**HUMMUS  
LEMON DILL**  
10 oz



**\$5.99**  
Jeff's Naturals  
**OLIVES PITTED  
CASTELVETRANO**  
5.5 oz



**2/\$4**  
Justin's  
**OG PEANUT  
BUTTER CUPS  
MILK CHOCOLATE**  
1.4 oz



**2/\$4**  
Kate's Real Food  
**OG ENERGY BAR  
DARK CHOC  
CHERRY &  
ALMOND**  
2.2 oz



**2/\$7**  
Kettle  
**POTATO CHIPS  
SEA SALT**  
5 oz



**\$9<sup>99</sup>**  
KIND  
**MINIS  
CARAMEL ALMOND  
& SEA SALT**  
10 ct



**\$10<sup>49</sup>**  
Lakewood  
**OG PURE  
CRANBERRY**  
32 oz



**5/\$5**  
Larabar  
**CHOCOLATE CHIP  
BROWNIE**  
1.6 oz



**\$3<sup>99</sup>**  
Late July  
**OG TORTILLA CHIPS  
JALAPENO LIME**  
7.8 oz



**\$3<sup>49</sup>**  
Lesser Evil  
**OG POPCORN  
HIMALAYAN  
PINK SALT**  
4.6 oz



**\$5<sup>49</sup>**  
Little Northern Bakehouse  
**GF BREAD  
SEEDS AND GRAINS**  
17 oz

# CHARITY OF THE MONTH



## NORTH SHORE LAND ALLIANCE

FOR 20 YEARS, THE LAND ALLIANCE HAS BEEN COMMITTED TO CONSERVING AND STEWARDING LONG ISLAND'S NATURAL AND HISTORIC LANDS, WATERS AND ENVIRONMENTAL RESOURCES. THE LOCUST VALLEY-BASED NONPROFIT HAS ACHIEVED ITS MISSION THROUGH EDUCATION, OUTREACH AND VOLUNTEERISM, CONNECTING PEOPLE TO NATURE AND INSPIRING A COMMUNITY CONSERVATION ETHIC. IT HAS BEEN INSTRUMENTAL IN CONSERVING OVER 1,300 ACRES OF LAND ON LI'S NORTH SHORE, OPENED 16 NATURE PRESERVES ACROSS THE ISLAND, AND OPERATES A THRIVING COMMUNITY GARDEN IN ROOSEVELT, NY.



**\$1<sup>99</sup>**  
 Little Secrets  
**CRISPY WAFERS  
 MILK CHOCOLATE  
 WITH SEA SALT**  
 1.4 oz



**\$6<sup>49</sup>**  
 Lotus Foods  
**OG MILLET &  
 BROWN RICE  
 RAMEN**  
 4 pk, 10 oz.



**\$11<sup>99</sup>**  
 Made in Nature  
**OG DRIED FRUIT  
 MANGO**  
 8 oz



**\$3<sup>99</sup>**  
 MadeGood  
**OG SOFT BAKED  
 MINI COOKIES  
 CHOCOLATE**  
 5 ct



**\$4<sup>99</sup>**  
 Mary's Gone Crackers  
**ORIGINAL**  
 6.5 oz



**\$3<sup>99</sup>**  
 Maya Kaimal  
**OG EVERYDAY DAL  
 RED LENTILS WITH  
 BUTTER**  
 10 oz



**\$4<sup>49</sup>**  
 Miracle Noodle  
**NOODLES  
 ANGEL HAIR**  
 7 oz



**\$5<sup>99</sup>**  
 Miss Jones Baking  
 Company  
**OG FROSTING  
 VANILLA**  
 11.29 oz



**\$3<sup>99</sup>**  
 Muir Glen  
**OG SALSA  
 MEDIUM**  
 16 oz



**\$1<sup>99</sup>**  
 Munk Pack  
**NUTS AND  
 SEEDS BAR  
 CARAMEL  
 SEA SALT**  
 1.23 oz



**2/\$4**  
 MUSH  
**OVERNIGHT OATS  
 DARK CHOCOLATE**  
 5 oz



**\$13<sup>99</sup>**  
 Napa Valley Naturals  
**OG COLD PRESSED  
 EXTRA VIRGIN  
 OLIVE OIL**  
 25.4 oz



**\$5<sup>49</sup>**  
 Nixie Sparkling Water  
**OG SPARKLING  
 WATER LIME  
 GINGER**  
 12 oz



**\$2<sup>99</sup>**  
 Nutpods  
**UNSWEETENED  
 DAIRY FREE  
 CREAMER  
 ORIGINAL**  
 11.2 oz



**\$7<sup>99</sup>**  
 Nuts for Cheese  
**OG VEGAN CHEESE  
 ARTICHOKE  
 HERB**  
 4.23 oz



**\$4<sup>79</sup>**  
 Oatly  
**NONDAIRY FROZEN  
 DESSERT COFFEE**  
 1 pt



**2/\$4**  
 OCHO Candy  
**OG CANDY BAR  
 COCONUT DARK  
 CHOCOLATE**  
 1.5 oz



**2/\$4**  
 Once Upon A Farm  
**OG 7+ MONTH  
 BABY FOOD  
 GREEN KALE**  
 3.2 oz



**\$3<sup>49</sup>**  
 Organic Valley  
**OG GRASSMILK  
 HALF & HALF**  
 16 oz



**\$6<sup>99</sup>**  
 Organico Bello  
**OG SAUCE  
 TOMATO BASIL**  
 25 oz



**\$5<sup>99</sup>**  
 Outer Aisle Gourmet  
**SANDWICH THINGS  
 EVERYTHING**  
 6.75 oz



**\$6<sup>99</sup>**  
 Pacific Foods  
**OG BONE BROTH  
 CHICKEN**  
 32 oz



**\$5<sup>99</sup>**  
 Pascha  
**OG BAKING CHIPS  
 55% CACAO**  
 8.8 oz



**2/\$6**  
 Perfect Bar  
**OG BAR  
 PEANUT BUTTER**  
 2.5 oz



**2/\$4**  
 Peter Rabbit Organics  
**OG BABY FOOD  
 POUCH PEACH &  
 APPLE**  
 4 oz



**\$2<sup>99</sup>**  
 Petit Pot  
**OG POT DE CREME  
 DARK CHOCOLATE**  
 3.5 oz



**\$5<sup>99</sup>**  
 Primal Kitchen  
**OG KETCHUP  
 UNSWEETENED**  
 11.3 oz



**\$3<sup>99</sup>**  
 Q Mixers  
**TONIC CAN**  
 4/7.5 oz



**\$8<sup>49</sup>**  
 R.W. Knudsen  
**OG JUST TART  
 CHERRY JUICE**  
 32 oz



**\$7<sup>49</sup>**  
 Rao's Homemade  
**MARINARA  
 SAUCE**  
 24 oz



**\$3<sup>99</sup>**  
 Rumiano  
**OG SLICED  
 MILD CHEDDAR**  
 6 oz



**2/\$5**  
 Santa Cruz Organic  
**OG LEMONADE  
 ORIGINAL**  
 32 oz



**2/\$6**  
 Serenity Kids  
**OG POUCH  
 FREE RANGE CHICKEN  
 WITH PEAS**  
 3.5 oz



**\$12<sup>99</sup>**  
 Second Nature  
**SNACK MIX  
 ANTIOXIDANT+**  
 10 oz



**2/\$5**  
 Siete  
**SEASONING  
 MILD TACO**  
 1.31 oz



**\$4<sup>49</sup>**  
 Siete  
**TORTILLA CHIPS  
 LIME**  
 5 oz



**2/\$3**  
 Siggi's  
**ICELANDIC YOGURT  
 VANILLA NF**  
 5.3 oz



**\$4<sup>49</sup>**  
 Simple Mills  
**GF CRUNCHY  
 COOKIES  
 (SELECTED VARIETIES)**  
 5.5 oz



**\$4<sup>49</sup>**  
 Simple Mills  
**ALMOND FLOUR  
 CRACKERS FINE  
 GROUND SEA SALT**  
 4.25 oz



**2/\$3**  
 Simply Organic  
**OG SEASONING MIX  
 SOUTHWEST TACO**  
 1.13 oz



**\$5<sup>99</sup>**  
 Sir Kensington's  
**MAYONNAISE  
 CLASSIC JAR**  
 12 oz



**\$3<sup>99</sup>**  
 SkinnyPop  
**POPCORN  
 ORIGINAL**  
 4.4 oz



**2/\$3**  
 Solely  
**OG FRUIT JERKY  
 MANGO WITH  
 CHILI AND SALT**  
 .8 oz





\$5<sup>99</sup>

Stacy's  
**OG PITA CHIPS**  
**SIMPLY NAKED**  
10.25 oz



\$8<sup>99</sup>

SunButter  
**OG SUNFLOWER BUTTER**  
**UNSWEETENED**  
16 oz



2/<sup>\$5</sup>

Sweet Nothings  
**OG PLANT BASED**  
**SPOONABLE**  
**SMOOTHIE**  
3.5 oz



\$2<sup>49</sup>

Suja  
**OG WELLNESS**  
**SHOT IMMUNITY**  
**REBOUND**  
2 oz



\$2<sup>99</sup>

Tasty Bite  
**OG BROWN**  
**RICE**  
8.8 oz



\$5<sup>49</sup>

Tate's Bake Shop  
**CHOCOLATE CHIP**  
**COOKIES**  
7 oz



2/<sup>\$4</sup>

Tender & True Pet  
Nutrition  
**OG CAT FOOD**  
**CANNED TURKEY**  
**AND LIVER**  
5.5 oz



\$3<sup>49</sup>

Tender & True Pet  
Nutrition  
**OG DOG FOOD**  
**CANNED CHICKEN**  
**AND LIVER**  
12.5 oz



\$3<sup>99</sup>

Terra Chips  
**SWEET POTATO**  
**CHIPS SEA SALT**  
**KRINKLE**  
6 oz



\$3<sup>99</sup>

The Good Crisp Company  
**POTATO CRISPS**  
**SOUR CREAM**  
**AND ONION**  
5.6 oz



2/<sup>\$4</sup>

The Mountain Valley  
**SPRING WATER**  
**GLASS**  
1 lt



2/<sup>\$6</sup>

Theo  
**OG BAR**  
**SEA SALT DARK**  
**CHOCOLATE 70%**  
3 oz



2/<sup>\$4</sup>

Thunderbird Real Food Bars  
**CHOCOLATE**  
**ALMOND BUTTER**  
**SEA SALT BAR**  
1.7 oz



\$6<sup>99</sup>

Uncle Matt's Organic  
**OG ORANGE JUICE**  
**WITH PULP**  
52 oz



**\$3.49**  
 Unique Pretzels  
**PRETZELS**  
**ORIGINAL SPLITS**  
 11 oz



**\$4.99**  
**UNREAL**  
**MILK CHOCOLATE**  
**GEMS**  
 5 oz



**\$2.99**  
 Vegan Rob's  
**PUFF PROBIOTIC**  
**CAULIFLOWER**  
 3.5 oz



**\$3.99**  
 Van's  
**WAFFLES**  
**WHEAT FREE**  
**BLUEBERRY**  
 9 oz



**\$6.99**  
 Wallaby  
**OG GREEK**  
**WM PLAIN**  
 32 oz



**\$2.99**  
 Westbrae  
**OG BEANS**  
**BLACK LENTILS**  
 15 oz



**2/\$5**  
 Wild Planet  
**SARDINES**  
**SKINLESS**  
**BONELESS**  
**IN EVOO**  
 4.25 oz



**\$3.99**  
 Wild Planet  
**TUNA**  
**WILD ALBACORE**  
 5 oz



**\$3.99**  
 Woodstock  
**OG GREEN PEAS**  
 10 oz



**\$5.49**  
 Woodstock  
**OG PINEAPPLE**  
**CHUNKS**  
 10 oz



**\$3.99**  
 Zack's Mighty  
**OG TORTILLA CHIPS**  
**SEA SALT**  
 9 oz



**\$5.99**  
 Zevia  
**GINGER ALE**  
 12 oz



**2/\$3**  
 Aura Bora  
**SPARKLING WATER**  
**(SELECTED VARIETIES)**  
 10 oz



**2/\$5**  
 Andalou Naturals  
**1000 ROSES  
 COLOR CARE  
 HAIR MASQUE**  
 1.5 oz



**\$8<sup>99</sup>**  
 Aura Cacia  
**LAVENDER  
 ESSENTIAL OIL**  
 .5 oz



**\$8<sup>99</sup>**  
 Aura Cacia  
**SHOWER TABS  
 RELAXING  
 LAVENDER**  
 .5 oz



**\$22<sup>49</sup>**  
 Andalou Naturals  
**AGE DEFYING  
 HYALURONIC DMAE  
 LIFT AND FIRM**  
 1.7 oz



**\$14<sup>99</sup>**  
 Badger  
**SUNSCREEN  
 SPF 30**  
 2.9 oz



**\$5<sup>99</sup>**  
 Badger  
**ALOE VERA  
 GEL**  
 4 oz



**\$15<sup>99</sup>**  
 Derma E  
**ANTI WRINKLE  
 RENEWAL CREAM**  
 4 oz



**\$19<sup>99</sup>**  
 Derma E  
**VITAMIN C  
 CONCENTRATED  
 SERUM**  
 2 oz



**\$5<sup>99</sup>**  
 Dr. Bronner's  
**ORGANIC  
 TOOTHPASTE  
 (SELECTED VARIETIES)**  
 5 oz



**\$6<sup>49</sup>**  
 Jason  
**POWERSMILE  
 TOOTHPASTE**  
 6 oz



**\$11<sup>99</sup>**  
 Jason  
**BODY WASH  
 (SELECTED VARIETIES)**  
 30 oz



**\$27<sup>99</sup>**  
 Mychelle  
**FABULOUS  
 EYE CREAM**  
 .5 oz



**\$7<sup>99</sup>**  
 Nubian Heritage  
**DEODORANT  
 (SELECTED VARIETIES)**  
 2.25 oz



**\$8<sup>99</sup>**  
 Nature's Answer  
**PERIO-WASH  
 MOUTH WASH  
 (SELECTED VARIETIES)**  
 16 oz



**\$9<sup>99</sup>**  
 Schmidt's  
**DEODORANT STICK**  
 (SELECTED VARIETIES)  
 2.65 oz



**2/\$7**  
 South of France  
**BAR SOAP**  
 (SELECTED VARIETIES)  
 6 oz



**\$3<sup>99</sup>**  
 Choice  
**ORGANIC TEAS**  
 (SELECTED VARIETIES)  
 16 ct



**\$3<sup>99</sup>**  
 South of France  
**HAND WASH**  
 (SELECTED VARIETIES)  
 8 oz



**\$16<sup>99</sup>**  
 Megafood  
**BLOOD BUILDER**  
 30 ct



**\$29<sup>99</sup>**  
 Megafood  
**MULTI FOR WOMEN**  
 60 ct



**\$19<sup>99</sup>**  
 Medinatura  
**T RELIEF PAIN OINTMENT**  
**100 GM**  
 4 oz



**\$24<sup>99</sup>**  
 Nordic Naturals  
**ULTIMATE OMEGA D3 LEMON**  
 60 ct



**\$15<sup>99</sup>**  
 Oregon's Wild Harvest  
**ECHINACEA WITH ZINC AND VITAMIN C**  
 90 ct



**\$19<sup>99</sup>**  
 Oregon's Wild Harvest  
**NETTLE QUERCETIN**  
 60 ct



**\$32<sup>99</sup>**  
 Tera's Whey  
**WHEY PROTEIN**  
 (SELECTED VARIETIES)  
 12 oz



**\$29<sup>99</sup>**  
 Vibrant Health  
**GREEN VIBRANCE 15 DAYS**  
 5.96 oz