



# DECEMBER SALES 2022

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • [RISINGTIDEMARKET.COM](http://RISINGTIDEMARKET.COM)



**\$6<sup>99</sup>**

Lily's  
**BAKING CHIPS**  
(SELECTED VARIETIES)  
9 oz



**\$3<sup>99</sup>**

Mary's Gone Crackers  
**ORGANIC CRACKERS**  
(SELECTED VARIETIES)  
6.5 oz



**\$3<sup>99</sup>**

Choice Organic Teas  
**ORGANIC TEA**  
(SELECTED VARIETIES)  
16 ct



**2/\$6**

Kettle  
**ORGANIC POTATO CHIPS**  
(SELECTED VARIETIES)  
5 oz



**2/\$5**

Chocolove  
**CHOCOLATE BAR**  
(SELECTED VARIETIES)  
2.9-3.2 oz



**\$5<sup>49</sup>**

Garden of Eatin'  
**TORTILLA CHIPS**  
(SELECTED VARIETIES)  
16 oz



**\$4<sup>49</sup>**

Quinn  
**PEANUT BUTTER FILLED PRETZEL NUGGETS**  
7 oz



**\$4<sup>99</sup>**

Pacific Foods  
**ORGANIC SOUP**  
(SELECTED VARIETIES)  
32 oz



**2/\$7**

Alter Eco  
**ORGANIC CHOCOLATE BAR**  
(SELECTED VARIETIES)  
2.65-2.82 oz



**\$5<sup>99</sup>**

Earth Balance  
**VEGAN BUTTERY STICKS**  
16 oz



**\$5<sup>49</sup>**

Canyon Bakehouse  
**GLUTEN FREE BREAD**  
(SELECTED VARIETIES)  
3.2 oz

## STORE HOURS

**MONDAY-SATURDAY**  
8:00AM - 7:00PM

**SUNDAY**  
8:00AM-6:00PM

## HOLIDAY HOURS

**CHRISTMAS EVE** : **NEW YEARS EVE**  
8AM - 5PM : 8AM - 5PM

**CHRISTMAS DAY** : **NEW YEARS DAY**  
CLOSED : 9AM - 6PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: [RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/](http://RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/)



**\$9<sup>99</sup>**

Amy's  
**PIZZA**  
(SELECTED VARIETIES)  
10.2-14 oz



**\$3<sup>99</sup>**

Amy's  
**ORGANIC SOUP**  
(SELECTED VARIETIES)  
13.8-14.7 oz



**\$4<sup>49</sup>**

Amy's  
**ORGANIC CHILI**  
(SELECTED VARIETIES)  
14.7 oz



**\$3<sup>49</sup>**

Amy's  
**BURRITO**  
**BEAN & CHEESE**  
6 oz



**\$6<sup>49</sup>**

Amy's  
**BOWLS**  
**BROCCOLI & CHEDDAR BAKE**  
9.5 oz



**\$1<sup>99</sup>**

Bionaturae  
**ORGANIC**  
**TOMATO PASTE**  
7 oz



**\$2<sup>49</sup>**

Bionaturae  
**ORGANIC**  
**WHOLE WHEAT**  
**SPAGHETTI**  
(SELECTED VARIETIES)  
16 oz



**\$2<sup>99</sup>**

Bionaturae  
**ORGANIC**  
**LASAGNE PASTA**  
12 oz



**\$4<sup>49</sup>**

Bob's Red Mill  
**OATMEAL**  
**SACHET**  
8 ct



**2/\$4**

Bob's Red Mill  
**OATMEAL CUP**  
**GLUTEN FREE**  
(SELECTED VARIETIES)  
1.81 oz



**\$11<sup>99</sup>**

Coombs Family Farm  
**ORGANIC MAPLE**  
**SYRUP GRADE A**  
**AMBER RICH**  
12 oz



**\$3<sup>99</sup>**

Dandies  
**MINI VEGAN**  
**MARSHMALLOWS**  
**VANILLA**  
10 oz



**2/\$6**

Endangered Species  
**CHOCOLATE BAR**  
(SELECTED VARIETIES)  
3 oz



**\$5<sup>99</sup>**

Enjoy Life Foods  
**SEMI SWEET**  
**CHOCOLATE**  
**MINI CHIPS**  
10 oz



**\$5<sup>49</sup>**

Epic  
**BONE BROTH**  
**HOMESTYLE**  
**SAVORY CHICKEN**  
14 oz



**\$6<sup>99</sup>**

Equal Exchange  
**ORGANIC  
HOT COCOA**  
12 oz



**\$6<sup>49</sup>**

Field Roast  
**APPETIZER  
FRUFFALO  
WINGS**  
10 oz



**\$4<sup>99</sup>**

Follow Your Heart  
**DAIRY FREE  
CHEESE SLICES  
SMOKED GOUDA**  
7 oz



**\$6<sup>99</sup>**

Food for Life  
**GLUTEN FREE  
ENGLISH MUFFIN**  
18 oz



**\$2<sup>99</sup>**

From the Ground Up  
**CAULIFLOWER  
STALKS SEA SALT**  
4 oz



**\$5<sup>99</sup>**

Frontier  
**ORGANIC  
GARLIC POWDER**  
2.33 oz



**\$3<sup>99</sup>**

Frontier  
**RED PEPPER  
CAYENNE  
GROUND**  
1.7 oz



**\$4<sup>99</sup>**

Frontier  
**ORGANIC  
CINNAMON**  
1.76 oz



**2/\$4**

Green Valley Creamery  
**ORGANIC  
YOGURT PLAIN  
LACTOSE FREE**  
6 oz

# CHARITY OF THE MONTH

## NORTH SHORE SOUP KITCHEN



The North Shore Soup Kitchen is a not-for-profit, volunteer-based organization established in 1989 to feed hungry people in the Glen Cove area. Located in the basement of the First Baptist Church on 7 Continental Place in Glen Cove, the North Shore Soup Kitchen is staffed by a group of more than 100 volunteers. These volunteers cook, serve and clean up after meals. They also work behind the scenes ordering supplies, writing our newsletter, sorting and distributing donated clothing, keeping our books and raising funds.





**\$2<sup>69</sup>**

Hail Merry  
**2 COUNT CUPS  
MEYER LEMON**  
1.52 oz



**\$3<sup>49</sup>**

Angie's  
**BOOMCHICKA  
POP SEA SALT  
POPCORN**  
4.8 oz



## Charcuterie Wreath

20 pitted green olives  
4 ounces sliced salami  
12 ounces marinated artichokes, drained  
1 pint cherry tomatoes  
8 ounces Ciliegine mozzarella balls  
20 6" bamboo skewers

1 Assemble skewers as follows, green olive, salami slice, folded into quarters, artichoke heart, cherry tomato, and mozzarella ball. Repeat with remaining skewers.

2 To assemble tray, place skewers in a circle on a round platter.



**\$1<sup>49</sup>**

Happy Baby  
**ORGANIC STAGE 1  
CLEARLY CRAFTED  
JARS PEARS**  
4 oz



**\$3<sup>49</sup>**

Happy Baby  
**ORGANIC  
SUPERFOOD PUFFS  
STRAWBERRY & BEET**  
2.1 oz



**\$4<sup>99</sup>**

Happy Baby  
**ORGANIC BLUEBERRY  
& PURPLE TEETHING  
WAFERS**  
.14 oz



**\$2<sup>99</sup>**

Health Ade  
**ORGANIC  
KOMBUCHA  
PINK LADY APPLE**  
16 oz



**\$3<sup>99</sup>**

Honey Mama's  
**COCOA  
TRUFFLE BAR  
COCONUT**  
2.5 oz



**\$7<sup>49</sup>**

Kite Hill  
**RICOTTA**  
8 oz



**\$6<sup>49</sup>**

Kite Hill  
**CREAM CHEESE  
PLAIN**  
8 oz



**\$3<sup>49</sup>**

Late July  
**ORGANIC  
TORTILLA CHIPS  
(SELECTED VARIETIES)**  
7.5 oz



**\$1<sup>99</sup>**

Little Secrets  
**CRISPY WAFER  
DARK CHOCOLATE  
WITH SEA SALT**  
1.4 oz





**2/\$5**

Lotus Foods  
**RICE RAMEN**  
**BUCKWHEAT**  
**MUSHROOM**  
2.8 oz



**\$21<sup>99</sup>**

Lucini Italia  
**EXTRA VIRGIN**  
**OLIVE OIL**  
16.9 oz



**\$2<sup>99</sup>**

Made Good  
**ORGANIC**  
**SOFT BAKED**  
**MINI COOKIES**  
**CHOCOLATE CHIP**  
5 ct



**\$6<sup>99</sup>**

Madhava  
**ORGANIC**  
**HONEY BEAR**  
6 oz



**\$7<sup>99</sup>**

McCann's  
**IRISH**  
**OATMEAL CAN**  
28 oz



**\$4<sup>49</sup>**

Miyoko's  
**ORGANIC VEGAN**  
**CREAM CHEESE**  
**PLAINLY CLASSIC**  
8 oz



**\$3<sup>99</sup>**

Muir Glen  
**ORGANIC**  
**DICED TOMATOES**  
**CLASSIC**  
28 oz



**\$4<sup>99</sup>**

Organic Valley  
**ORGANIC**  
**WHIPPING CREAM**  
16 oz



**\$4<sup>99</sup>**

Organic Valley  
**ORGANIC**  
**HALF & HALF**  
**PASTEURIZED**  
32 oz



**\$14<sup>49</sup>**

Organic Valley  
**ORGANIC**  
**GHEE**  
13 oz



**\$4<sup>99</sup>**

Pascha  
**ORGANIC**  
**BAKING CHIPS**  
**55% CACAO**  
8.8 oz



**\$2<sup>49</sup>**

Purely Elizabeth  
**COLLAGEN**  
**OATS CUP**  
2 oz



**\$4<sup>99</sup>**

Q Mixers  
**GINGER**  
**BEER BOTTLE**  
750 mL



**\$3<sup>49</sup>**

Quinn  
**PRETZELS**  
**STICKS CLASSIC**  
**SEA SALT**  
5.6 oz



**2/\$6**

R.W. Knudsen  
**SPARKLING**  
**CRISP APPLE**  
25.4 oz



**\$6<sup>99</sup>**

Rao's Homemade  
**MARINARA  
SAUCE**  
24 oz



**\$6<sup>49</sup>**

Wildbrine  
**KIMCHI KOREAN**  
18 oz



**\$3<sup>99</sup>**

RISE Brewing Co.  
**ORGANIC  
OAT MILK  
ORIGINAL**  
32 oz



**2/\$5**

RISE Brewing Co.  
**ORGANIC  
COLD BREW  
COFFEE ORIGINAL  
BLACK NITRO**  
7 oz



**\$5<sup>99</sup>**

Sanders  
**ORGANIC CARAMELS  
DARK CHOCOLATE  
SEA SALT**  
5.5 oz



**\$4<sup>49</sup>**

Siete  
**TORTILLA  
CHIPS LIME**  
5 oz



**\$3<sup>99</sup>**

Siete  
**MEXICAN  
COOKIE  
WEDDING**  
4.5 oz



**\$4<sup>99</sup>**

Simple Mills  
**STUFFED  
SANDWICH COOKIES  
COCOA CASHEW**  
4.5 oz



**\$6<sup>99</sup>**

Simple Mills  
**ALMOND FLOUR  
BAKING MIX  
PUMPKIN MUFFIN**  
9 oz



**\$3<sup>99</sup>**

Simple Mills  
**ALMOND FLOUR  
CRACKERS FINE  
GROUND SEA SALT**  
4.25 oz



**\$3<sup>99</sup>**

So Delicious  
**COCO WHIP  
ORIGINAL**  
9 oz



**\$13<sup>49</sup>**

Spectrum  
**ORGANIC  
EXTRA VIRGIN  
OLIVE OIL  
UNREFINED**  
25.4 oz



**\$3<sup>99</sup>**

St. Dalfour  
**CONSERVES  
(SELECTED VARIETIES)**  
10 oz



**\$12<sup>99</sup>**

Truff  
**BLACK TRUFFLE  
POMODORO  
PASTA SAUCE**  
17 oz



**\$4<sup>99</sup>**

Watkins  
**RAINBOW  
DECORATING  
SPRINKLES**  
3.4 oz



**\$6<sup>99</sup>**

King Arthur  
**ALL PURPOSE  
FLOUR**  
5 lb



**\$4<sup>49</sup>**

Repurpose  
**BAGASSE  
PLATES 9"**  
20 ct



**\$4<sup>49</sup>**

Equal Exchange  
**ORGANIC TEA**  
20 ct



**\$3<sup>99</sup>**

Dr. Bronner's  
**ORGANIC  
PURE-CASTILE  
BAR SOAP**  
5 oz



**\$5<sup>99</sup>**

Aura Cacia  
**SHOWER TABS**  
3 oz



**\$9<sup>99</sup>**

Aura Cacia  
**LAVENDER  
ESSENTIAL OIL**  
.5 oz



**\$6<sup>99</sup>**

Andalou Organics  
**SHAMPOO &  
CONDITIONER**  
11.5 oz



**\$13<sup>99</sup>**

DermaE  
**ANTI-WRINKLE  
RENEWAL CREAM**  
4 oz



**\$6<sup>99</sup>**

Dessert Essence  
**TEA TREE OIL  
CLEANSING PADS**  
50 ct



**\$3<sup>99</sup>**

Jason  
**POWERSMILE  
TOOTHPASTE**  
6 oz



**\$6<sup>99</sup>**

Weleda  
**CHILDREN'S  
TOOTH GEL**  
1.7 oz



**\$12<sup>99</sup>**

Weleda  
**DEODORANT**  
3.4 oz



**\$9<sup>99</sup>**

Boiron  
**SLEEP CALM**  
60 tab



**\$23<sup>99</sup>**

CV Sciences  
**EXTRA STRENGTH  
BALM**  
1.3 oz



**\$14<sup>99</sup>**

Megafood  
**BLOOD BUILDER**  
30 ct





**\$14<sup>99</sup>**

Oregon's Wild Harvest  
**ECHINACEA WITH  
ZINC AND VITAMIN C**  
90 ct



**\$29<sup>99</sup>**

Oregon's Wild Harvest  
**ORGANIC CEYLON  
"TRUE" CINNAMON**  
120 ct

# SMOOTHIE OF THE MONTH



## FROZEN HOT CHOCOLATE

THIS RICH, DELICIOUS, AND  
SUPER NUTRITIOUS SMOOTHIE  
HAS A SENSATION SEASONAL  
FLAVOR THAT WILL LEAVE  
YOUR HEART SINGING FOR  
THE HOLIDAYS!

**MADE WITH 100%  
ORGANIC INGREDIENTS**

- VANILLA OAT MILK
- CACAO POWDER
- BANANA
- CINNAMON
- VANILLA EXTRACT
- AGAVE