

# OCTOBER SALES 2022

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



\$279 From The Ground Up CAULIFLOWER CRACKERS 4 oz



Justing

PEANUT BUTTER CUPS

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\$299 Farmer's Market ORGANIC PUMPKIN 15 oz

2/\$3

1.32-1.4 oz

**ORGANIC PEANUT** 

**BUTTER CUPS** 

Justin's



\$449 Cascadian Farm Organic ORGANIC CEREAL (SELECTED VARIETIES) 8-13 oz



\$299 Lightlife ORGANIC TEMPEH 8 oz



5/\$5 Annie's MAC & CHEESE (SELECTED VARIETIES) 6 oz

\$399 Explore Cuisine ORGANIC LEGUME PASTA (SELECTED VARIETIES) 8 oz



**\$4**<sup>49</sup>

Organic Valley ORGANIC SHREDDED CHEESE (SELECTED VARIETIES) 6 oz



\$579 Lotus Foods ORGANIC RICE RAMEN 10 oz



\$299 Health-Ade ORGANIC KOMBUCHA (SELECTED VARIETIES) 16 oz



\$299 Ancient Harvest ORGANIC PASTA (SELECTED VARIETIES)





(SELECTED VARIETIES) 8-10 oz



MACROBAR (SELECTED VARIETIES) 2-2.4 oz



**TORTILLA CHIPS** (SELECTED VARIETIES) 7.5-7.8 oz



AT SIMPLE MILLS, WE MAKE SNACKS WITH PURPOSEFUL INGREDIENTS THAT FILL YOU UP BUT **NEVER SLOW YOU DOWN. OUR SNACKS ARE MADE** WITH DELICIOUS, NUTRIENT-DENSE INGREDIENTS, USING FARMING PRACTICES THAT ARE CARING AND NOURISHING TO THE EARTH. NO ADDITIVES **OR ARTIFICIAL STUFF, EVER. TRY OUR COOKIE** AND BAKING MIX PRODUCTS TODAY.

\$399 Simple Mills **CRUNCHY COOKIES** (SELECTED VARIETIES) 5.5 oz



<sup>\$679</sup> Simple Mills ALMOND FLOUR **BAKING MIX** (SELECTED VARIETIES) 9-12.9 oz



2/\$6 Angie's BOOMCHICKAPOP POPCORN (SELECTED VARIETIES) 4.4-7 oz





SEA SALT POPCORN

\$3<sup>49</sup> The Good Crisp Company **POTATO CRISPS** (SELECTED VARIETIES) 5.6 oz



2/\$5 Endangered Species CHOCOLATE BAR (SELECTED VARIETIES) 3 oz



\$**1**99 Little Secrets **CRISPY WAFERS** (SELECTED VARIETIES) 1.4 oz



\$2<sup>79</sup> SmartSweets CANDY (SELECTED VARIETIES) 1.8 oz



\$399 Choice Organic Teas ORGANIC TEA (SELECTED VARIETIES)

16 ct



\$379 R.W. Knudsen ORGANIC APPLE JUICE 32 oz



\$799 R.W. Knudsen ORGANIC TART CHERRY JUICE 32 oz



2/<sup>\$</sup>4 The Mountain Valley SPRING WATER 1 It



\$499 Nixie Sparkling Water ORGANIC SPARKLING WATER (SELECTED VARIETIES) 8 ct RESERVED

\$299 nutpods DAIRY-FREE CREAMER (SELECTED VARIETIES) 11.2 oz



\$249 Almond Breeze DAIRY-FREE ALMONDMILK (SELECTED VARIETIES) 32 oz



2/\$6 GT's ORGANIC KOMBUCHA (SELECTED VARIETIES) 16 oz



2/<sup>\$</sup>4 Olipop SPARKLING TONIC 12 oz



\$599 Redwood Hill Farm PLAIN GOAT MILK KEFIR 32 oz



5/\$5 Brown Cow CREAM TOP WHOLE MILK YOGURT (SELECTED VARIETIES) 5.3 oz



2/\$3 Siggi's ICELANDIC STYLE YOGURT (SELECTED VARIETIES) 5.3 oz



\$449 Stonyfield ORGANIC YOGURT (SELECTED VARIETIES) 32 oz



2/\$5 Perfect Bar PROTEIN BAR (SELECTED VARIETIES) 2.2-2.5 oz



Gardein MEATLESS MEAT (SELECTED VARIETIES) 8.8-13.7 oz

**\$4**<sup>49</sup>



AT AMY'S, WE COOK MEALS WITH LOVE, CARE, AND CRAFT PUT INTO EVERY INGREDIENT. THAT MEANS CAREFULLY SOURCING HIGH-QUALITY ORGANIC INGREDIENTS AND SPENDING COUNTLESS HOURS IN OUR KITCHENS SO THAT YOU CAN ENJOY AUTHENTIC, GREAT-TASTING FOOD IN MINUTES.



\$399 Amy's MACARONI & CHEESE

9 oz



\$899 Amy's PIZZA (SELECTED VARIETIES) 10.2-14 oz



2/\$7

Amy's ORGANIC SOUP (SELECTED VARIETIES) 14.1-14.5 oz



Siete GRAIN FREE TORTILLAS (SELECTED VARIETIES) 8 ct



\$649 Food For Life ORGANIC EZEKIEL 4:9® ENGLISH MUFFINS 16 oz



\$499 Udi's Gluten Free SANDWICH BREAD 12 oz



\$599 Sambazon ORGANIC SUPERFRUIT PACKS (SELECTED VARIETIES) 4/100 g



\$49 Wyman's of Maine WILD BLUEBERRIES 15 oz



2/\$6 Alter Eco ORGANIC CHOCOLATE BAR (SELECTED VARIETIES) 2.82 oz



\$849 Base Culture SANDWICH BREAD 24 oz



\$799 Beyond Meat BRAT SAUSAGE 14 oz



2/\$4 Bob's Red Mill GLUTEN FREE OATMEAL CUPS 2.15 oz

#### OCTOBER 2022 CHARITY OF THE MONT ORKESTAL FARM Orkestai Farm is a regenerative, pesticide and herbicide free vegetable farm located at the planting fields in Oyster Bay, providing hands-on education in sustainable farming for teens and adults of all skill levels in addition to workshops in the Arts. Its educational programs foster healthy living, social engagement, creativity, and more from the ORKESTAI FARM community at large, including those with developmental and emotional needs. Members learn to grow food and feel empowered and confident about who they are and what they can achieve. \$**3**<sup>49</sup> \$599 \$**8**<sup>49</sup> Bragg CAULIP Canyon Bakehouse Caulipower ORGANIC **GLUTEN-FREE** ORIGINAL NEW CHIC APPLE CIDER BREAD CHICKEN VINEGAR (SELECTED VARIETIES) **TENDERS** 16 oz 18 oz 14 oz 2/\$4 <sup>\$549</sup> <sup>\$1249</sup> Omhuis Cocojune Chosen Foods Elmhurst **ORGANIC PLANT 100% PURE** MILKED **BASED COCONUT AVOCADO OIL** OATS YOGURT 500 ml 32 oz 4 oz \$**14**99 TOLLY ILLAMA \$399 \$**5**49 Lucini Italia One Degree Jolly Llama PREMIUM ORGANIC **STRAWBERRY** SELECT EXTRA GRANOLA SORBET POPS **VIRGIN OLIVE OIL** 11 oz 12 oz

ONLINE SHOPPING IS HERE! VISIT: RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/

16.9 oz



