



OCTOBER SALES

2018

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



\$3⁴⁹

So Delicious
ORGANIC COCONUT MILK
64 oz



\$2⁹⁹

Ancient Harvest
ORGANIC SUPERGRAIN PASTA
8 oz



2/\$4

GoMacro
ORGANIC MACROBAR
2-2.4 oz



\$8⁹⁹

Dr. Bronner's
ORGANIC VIRGIN COCONUT OIL
14 oz



2/\$3

Justin's
ORGANIC PEANUT BUTTER CUPS
1.4 oz



\$3⁴⁹

Cascadian Farm Organic
ORGANIC CEREAL
(SELECTED VARIETIES)
32 oz



2/\$6

Lundberg Family Farms
ORGANIC RICE CAKES
(SELECTED VARIETIES)
8.5-10 oz



\$5⁹⁹

Purely Elizabeth
GRANOLA
12 oz



2/\$6

Hilary's
ORGANIC VEGGIE BURGER
(SELECTED VARIETIES)
6.4 oz



\$2⁹⁹

R.W. Knudsen
ORGANIC TOMATO JUICE
32 oz



\$3⁹⁹

Organic Valley
ORGANIC SHREDDED CHEESE
6 oz



\$7⁴⁹

Siete
GRAIN FREE TORTILLAS
(SELECTED VARIETIES)
8 ct



\$3⁴⁹

Pacific
ORGANIC CREAMY TOMATO SOUP
32 oz



\$8⁴⁹

California Olive Ranch
EVERYDAY EXTRA VIRGIN OLIVE OIL
16.9 oz

STORE HOURS:
MON-FRI: 8:30AM - 8 PM
SAT: 8:30 AM - 7 PM
SUN: 9 AM - 6 PM

@risingtidemarket
 @RisingTideNaturalMarket

OCTOBER 2018



2/\$4

Food Should Taste Good
TORTILLA CHIPS
5.5 oz



2/\$6

Late July
ORGANIC CANTINA DIPPERS
8 oz



\$3⁹⁹

Lightlife
ORGANIC FAKIN' BACON TEMPEH STRIPS
6 oz



\$4⁴⁹

Crofter's Organic
ORGANIC PREMIUM SPREAD (SELECTED VARIETIES)
16.5 oz



\$5⁴⁹

Once Again Nut Butter
ORGANIC SUNFLOWER SEED BUTTER
16 oz



2/\$5

Late July
ORGANIC MULTIGRAIN TORTILLA CHIPS
5.5-6 oz



CROFTER'S[®] ORGANIC

FRUIT SPREADS THAT CARE FOR PEOPLE AND THE PLANET

We take care to source heritage varieties of organic and non gmo fruit from suppliers that support traditional agricultural communities in the best fruit growing regions around the world.



33% LESS SUGAR
THAN A PRESERVE
30 CALORIES PER SERVING

- ✓ GREAT FRUIT TASTE
- ✓ CLEAN INGREDIENTS
- ✓ GLUTEN FREE ✓ VEGAN



CROFTERSORGANIC.COM





\$7⁹⁹

Primal Kitchen
**MAYO WITH
AVOCADO OIL**
12 oz



\$4⁴⁹

Udi's
**GLUTEN FREE
MULTIGRAIN
BREAD**
12 oz



2/\$4

Peeled Snacks
**ORGANIC
PEAS PLEASE
BAKED SNACK**
3.3 oz



\$5⁴⁹

Kite Hill
**CREAM CHEESE
STYLE SPREAD
(SELECTED VARIETIES)**
8 oz



2/\$5

Nut Pods
**DAIRY FREE
CREAMERS**
11.2 oz



4/\$5

Honest Tea
**ORGANIC
ICED TEA
(SELECTED VARIETIES)**
16 oz



2/\$3

gimME Organic
**ORGANIC
SEAWEED SNACK**
.35 oz



2/\$6

Vita Coco
**COCONUT
WATER**
1 Lt



\$1²⁹

Eternal
**NATURALLY
ALKALINE WATER**
1 Lt



2/\$4

Amy & Brian
**COCONUT WATER
(SELECTED VARIETIES)**
9 oz



\$3⁹⁹

Simple Mills
**ALMOND FLOUR
CRACKERS**
4.25 oz



\$3⁹⁹

Explore Cuisine
**ORGANIC
BEAN PASTA
(SELECTED VARIETIES)**
8 oz



\$3⁹⁹

Glutino
**GLUTEN FREE
PRETZELS**
14.1 oz



2/\$5

Barbara's
**CHEESE
PUFFS**
5.5-7 oz



\$5⁹⁹

Farmhouse Culture
**ORGANIC
KRAUT**
16 oz



2/\$5

Garden Of Eatin'
**CHIPS
(SELECTED VARIETIES)**
5-8.1 oz



\$2⁹⁹

Califa Farms
**BETTER HALF
CREAMER**
16.9 oz



5/\$5

Brown Cow
**CREAM TOP
WHOLE MILK
YOGURT**
5-5.3 oz

OCTOBER 2018

OCTOBER DEMOS

COME IN AND SAMPLE SOME OF OUR FAVORITE GROCERY AND DELI ITEMS. ALL DEMOS ARE 11 A.M.-2 P.M

OCTOBER 1	BARNANA PLANTAIN CHIPS
OCTOBER 5	BARNANA PLANTAIN CHIPS
OCTOBER 10	ONCE AGAIN AMORE SPREAD
OCTOBER 15	BAKEOLOGY COOKIES
OCTOBER 19	CASSAVA CRUNCH CHIPS
OCTOBER 22	MANHATTAN ISLAND COFFEE
OCTOBER 26	BEYOND BROTH PACKETS



\$2⁴⁹

So Delicious
**ORGANIC
COCONUT MILK**
32 oz



\$2⁴⁹

Native Forest
**ORGANIC
CLASSIC
COCONUT MILK**
13.5 oz



\$6⁹⁹

Julie's Organic
**ORGANIC
VANILLA ICE
CREAM SANDWICH**
6 ct



\$5⁴⁹

Sambazon
**ORGANIC
SMOOTHIE
PACKS**
4/100 g



\$5⁹⁹

Uncle Matt's
**ORGANIC
PULP FREE
ORANGE JUICE**
59 oz



\$5⁴⁹

Green Valley Organics
**ORGANIC
LOWFAT KEFIR**
32 oz



2/\$4

Endangered Species
**CHOCOLATE
BAR**
3 oz



2/\$5

Alter Eco
**ORGANIC
CHOCOLATE BAR
(SELECTED VARIETIES)**
2.82 oz



\$3⁴⁹

Hail Merry
**TART
(SELECTED VARIETIES)**
32 oz



4/\$5

Kind
**BAR
(SELECTED VARIETIES)**
1.4 oz



2/\$1

Stretch Island
**FRUIT
LEATHER**
.5 oz



2/\$3

Munk Pack
**OATMEAL
FRUIT SQUEEZE**
4.2 oz

OCTOBER 2018

EVERYONE HAS
A RIGHT TO
KNOW WHATS
IN THEIR FOOD.



VOTE NON-GMO
EVERY TIME
YOU SHOP!

Celebrate Non-GMO Month!

TOGETHER WE CAN PROTECT A SAFE, HEALTHY NON-GMO FOOD SUPPLY FOR FUTURE GENERATIONS.
CELEBRATE YOUR RIGHT TO CHOOSE NON-GMO FOOD AND PRODUCTS THIS OCTOBER!



LEARN MORE AT LIVINGNONGMO.ORG



2/\$4

Perfect Bar
PROTEIN BAR
1.6-2.5 oz



2/\$4

Epic
MEAT BAR
1.3-1.5 oz



\$4⁹⁹

Q Drinks
**TONIC
WATER**
750 ml



\$6⁹⁹

Bragg
**LIQUID
AMINOS**
32 oz



\$5⁹⁹

Lakewood
**ORGANIC PURE
PINEAPPLE JUICE**
32 oz



\$9⁹⁹

SweetLeaf
SWEET DROPS
2 oz



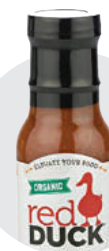
2/\$4

ProBar
**BASE 20G
PROTEIN BAR**
2.46 oz



\$3⁹⁹

Barbara's
**BARBARA'S
PUFFINS CEREAL**
(SELECTED VARIETIES)
10-11 oz



\$3⁹⁹

Red Duck
TACO SAUCE
8 oz



\$3⁹⁹

Erewhon
ORGANIC CEREAL
(SELECTED VARIETIES)
10-11 oz



\$4⁹⁹

Sunsfire
ORGANIC CHOCOLATE CHIPS
(SELECTED VARIETIES)
9 oz



\$3⁹⁹

Organic India
ORGANIC TULSI TEA
(SELECTED VARIETIES)
18 ct



\$7⁹⁹

Wedderspoon
ORGANIC MANUKA HONEY DROPS
4 oz



\$11⁹⁹

Sovereign Silver
BIO-ACTIVE SILVER HYDROSOL VERTICAL SPRAY
2 oz



2/\$6

Yogi
TEA
16 ct



\$6⁹⁹

Acure
ARGAN OIL
1 oz



\$14⁹⁹

Gaia Herbs
ORGANIC BLACK ELDERBERRY SYRUP
3 oz



\$4⁹⁹

Numi
ORGANIC TEA
(SELECTED VARIETIES)
18 ct



\$15⁹⁹

Natural Vitality
NATURAL CALM MAGNESIUM
(SELECTED VARIETIES)
8 oz



2/\$4

The Ginger People
GIN GIN GINGER CANDY
(SELECTED VARIETIES)
3 oz



\$6⁹⁹

Lily of the Desert
ORGANIC WHOLE LEAF ALOE VERA JUICE
32 oz



\$17⁹⁹

Solaray
D-MANNOSE W/ CRANACTIN
2 oz



\$6⁹⁹

Bach
RESCUE PASTILLES
50 g

CHARITY OF THE MONTH

HARBOR CHILD CARE PLAYGROUND FUND

THE NOT-FOR-PROFIT HARBOR CHILD CARE SERVES CHILDREN AGES 12 WEEKS-12 YEARS IN A NURTURING, SAFE, STIMULATING ENVIRONMENT THAT REFLECTS THE DIVERSITY OF THE GLEN COVE COMMUNITY. WE'RE HAPPY TO BE CONTRIBUTING TO HARBOR DAY CARE'S NEW PLAYGROUND FUND. THE NEW STATE-OF-THE-ART PLAYGROUND WILL HELP CHILDREN PLAY MORE FREELY, IMPROVE MOTOR SKILLS, ENHANCE SOCIAL SKILLS, EXPLORE NEW POSSIBILITIES FOR GAMES AND IMAGINATION, AND ACCESS OUTDOOR EXPERIENCES THAT PROMOTE CURIOSITY IN THE WORLD AROUND THEM.



\$19⁹⁹

Carlson
**LEMON COD
LIVER OIL**
8.4 oz



\$8⁹⁹

Boiron
COLD CALM
60 tab



\$27⁹⁹

Terry Naturally
**CURAMED
750MG**
30 softgel



\$21⁹⁹

PlantFusion
**COMPLETE PLANT
PROTEIN**
(SELECTED VARIETIES)
1 lb



\$43⁹⁹

Vega
**SPORT
PERFORMANCE
PROTEIN**
28.3-29.5 oz



\$31⁹⁹

Amazing Grass
WHEAT GRASS
17 oz



\$4⁹⁹

Crystal
**BODY
DEODORANT
STICK**
4.25 oz



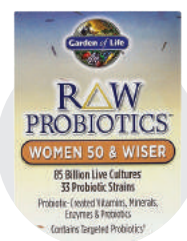
\$4⁹⁹

Aura Cacia
**LAVENDER
ROLL ON**
.31 oz



\$26⁹⁹

Natural Factors
**BIOFIL SKIN,
HAIR, NAILS**
60 veg cap



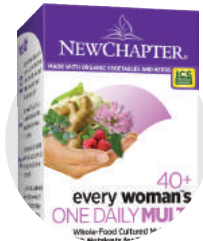
\$32⁹⁹

Garden of Life
**RAW PROBIOTICS
WOMEN 50 &
WISER**
90 tab



\$9⁹⁹

Natural Factors
**DGL 400MG
CHEWABLE**
90 tab



\$31⁹⁹

New Chapter
**EVERY WOMAN'S
ONE DAILY 40+**
48 tab



\$3⁹⁹

Alaffia
**COCONUT
REISHI
DEODORANT**
2.65 oz



\$9⁹⁹

Andalou Naturals
**CANNACELL
HAPPY DAY
CREAM**
1.7 oz



\$10⁹⁹

ACURE
**BRIGHTLY
BRIGHTENING
DAY CREAM**
1.7 oz



\$6⁹⁹

EO
**EVERYONE
SOAP**
32 oz



\$21⁹⁹

Jarrow Formulas
**SACCHAROMYCES
BOULARDII + MOS**
90 veg cap



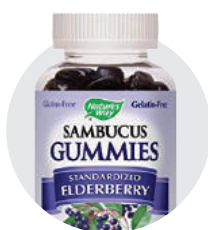
\$22⁹⁹

Nordic Naturals
ULTIMATE OMEGA
60 ct



\$4⁹⁹

Dr. Tung's
**TONGUE
CLEANER**
1 ct



\$14⁹⁹

Nature's Way
**SAMBUCUS
GUMMIES**
60 ct



\$19⁹⁹

Oregon's Wild Harvest
**ORGANIC
MILK THISTLE**
90 ct



\$7⁹⁹

Nature's Answer
**PERIOBRITE
MOUTHWASH
(SELECTED VARIETIES)**
16 oz



\$14⁹⁹

Renew Life
CLEANSE MORE
60 cap



\$7⁹⁹

Quantum Health
**SUPER
LYSINE+**
90 ct



\$4⁹⁹

Himalaya
**NEEM &
POMEGRANATE
TOOTHPASTE**
5.29 oz



\$11⁹⁹

Dr. Bronner's
**PURE-CASTILE
LIQUID SOAP**
32 oz



\$21⁹⁹

MegaFood
MEGAFLORA
30 cap



\$2⁶⁹

Seventh Generation
DISH LIQUID
22-25 oz



\$1⁹⁹

Castor & Pullux
**ORGANIC ORGANIX
BUTCHER & BUSHEL
DOG FOOD**
12.7 oz



\$9⁴⁹

Ecos
**LAUNDRY
DETERGENT
(SELECTED VARIETIES)**
100 oz



\$9⁹⁹

Biokleen
**LAUNDRY
LIQUID**
64 oz



\$10⁹⁹

Rescue Remedy
KIDS
10 ml



\$4⁹⁹

Aura Cacia
MISTS
4 oz



\$4⁹⁹

EO
**HAND SANITIZER
GEL**
8 oz



\$13⁹⁹

Bullet Proof
XCT OIL
16 oz



\$14⁹⁹

Himalaya
TRIPHALA
60 cap