



# OCTOBER SALES 2022

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



**\$2<sup>79</sup>**  
From The Ground Up  
**CAULIFLOWER  
CRACKERS**  
4 oz



**\$2<sup>99</sup>**  
Farmer's Market  
**ORGANIC  
PUMPKIN**  
15 oz



**\$4<sup>49</sup>**  
Cascadian Farm Organic  
**ORGANIC  
CEREAL**  
**(SELECTED VARIETIES)**  
8-13 oz



**2/\$3**  
Justin's  
**ORGANIC PEANUT  
BUTTER CUPS**  
1.32-1.4 oz



**\$2<sup>99</sup>**  
Lightlife  
**ORGANIC TEMPEH**  
8 oz



**\$4<sup>49</sup>**  
Organic Valley  
**ORGANIC  
SHREDDED CHEESE**  
**(SELECTED VARIETIES)**  
6 oz



**\$2<sup>99</sup>**  
Health-Ade  
**ORGANIC  
KOMBUCHA**  
**(SELECTED VARIETIES)**  
16 oz



**5/\$5**  
Annie's  
**MAC & CHEESE**  
**(SELECTED VARIETIES)**  
6 oz



**\$2<sup>99</sup>**  
Ancient Harvest  
**ORGANIC PASTA**  
**(SELECTED VARIETIES)**  
8-9.6 oz



**\$3<sup>99</sup>**  
Explore Cuisine  
**ORGANIC  
LEGUME PASTA**  
**(SELECTED VARIETIES)**  
8 oz



**\$5<sup>79</sup>**  
Lotus Foods  
**ORGANIC  
RICE RAMEN**  
10 oz

## STORE HOURS

**MONDAY-SATURDAY**

8:00AM - 7:00PM

**SUNDAY**

8:00AM-6:00PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: [RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/](https://www.risingtidemarket.com/rising-tide-online-shopping/)



**\$6<sup>99</sup>**

Rao's Homemade  
**PASTA SAUCE**  
24 oz



**\$4<sup>99</sup>**

Pacific Foods  
**ORGANIC SOUP**  
(SELECTED VARIETIES)  
24 oz



**\$2<sup>99</sup>**

Imagine  
**ORGANIC GRAVY**  
(SELECTED VARIETIES)  
13.5 oz



**\$5<sup>99</sup>**

Kettle & Fire  
**BONE BROTH**  
16.9 oz



**\$3<sup>99</sup>**

Annie's  
**ORGANIC DRESSING**  
(SELECTED VARIETIES)  
8 oz



**\$11<sup>99</sup>**

Spectrum  
**ORGANIC EXTRA VIRGIN OLIVE OIL**  
25.4 oz



**\$12<sup>49</sup>**

Napa Valley Naturals  
**ORGANIC EXTRA VIRGIN OLIVE OIL**  
25.4 oz



**\$14<sup>49</sup>**

Organic Valley  
**ORGANIC GHEE**  
13 oz



**\$3<sup>99</sup>**

Birch Benders  
**ORGANIC PANCAKE & WAFFLE MIX**  
(SELECTED VARIETIES)  
16 oz



**\$6<sup>49</sup>**

Purely Elizabeth  
**GRANOLA**  
(SELECTED VARIETIES)  
8-12 oz



**\$3<sup>79</sup>**

St. Dalfour  
**FRENCH FRUIT SPREAD**  
(SELECTED VARIETIES)  
10 oz



**\$3<sup>49</sup>**

MI-DEL  
**GINGER SNAPS**  
(SELECTED VARIETIES)  
8-10 oz



**2/\$5**

GoMacro  
**ORGANIC MACROBAR**  
(SELECTED VARIETIES)  
2-2.4 oz



**2/\$5**

Late July  
**ORGANIC TORTILLA CHIPS**  
(SELECTED VARIETIES)  
7.5-7.8 oz



AT SIMPLE MILLS, WE MAKE SNACKS WITH PURPOSEFUL INGREDIENTS THAT FILL YOU UP BUT NEVER SLOW YOU DOWN. OUR SNACKS ARE MADE WITH DELICIOUS, NUTRIENT-DENSE INGREDIENTS, USING FARMING PRACTICES THAT ARE CARING AND NOURISHING TO THE EARTH. NO ADDITIVES OR ARTIFICIAL STUFF, EVER. TRY OUR COOKIE AND BAKING MIX PRODUCTS TODAY.



**\$3<sup>99</sup>**  
Simple Mills  
**CRUNCHY COOKIES**  
(SELECTED VARIETIES)  
5.5 oz



**\$6<sup>79</sup>**  
Simple Mills  
**ALMOND FLOUR BAKING MIX**  
(SELECTED VARIETIES)  
9-12.9 oz



**\$4<sup>49</sup>**  
Quinn  
**PEANUT BUTTER FILLED PRETZEL NUGGETS**  
6.5-7 oz



**2/\$6**  
Annie's  
**ORGANIC CRACKERS**  
(SELECTED VARIETIES)  
7.5 oz



**2/\$6**  
Angie's  
**BOOMCHICKAPOP POPCORN**  
(SELECTED VARIETIES)  
4.4-7 oz



**\$2<sup>99</sup>**  
Lesser Evil  
**ORGANIC POPCORN**  
(SELECTED VARIETIES)  
4.6-6.4 oz



**2/\$5**  
Barbara's  
**CHEESE PUFFS**  
(SELECTED VARIETIES)  
7 oz



**\$3<sup>49</sup>**  
The Good Crisp Company  
**POTATO CRISPS**  
(SELECTED VARIETIES)  
5.6 oz



**2/\$5**  
Endangered Species  
**CHOCOLATE BAR**  
(SELECTED VARIETIES)  
3 oz



**\$1<sup>99</sup>**  
Little Secrets  
**CRISPY WAFERS**  
(SELECTED VARIETIES)  
1.4 oz



**\$2<sup>79</sup>**  
SmartSweets  
**CANDY**  
(SELECTED VARIETIES)  
1.8 oz



**\$3<sup>99</sup>**  
 Choice Organic Teas  
**ORGANIC TEA**  
 (SELECTED VARIETIES)  
 16 ct



**\$3<sup>79</sup>**  
 R.W. Knudsen  
**ORGANIC**  
**APPLE JUICE**  
 32 oz



**\$7<sup>99</sup>**  
 R.W. Knudsen  
**ORGANIC**  
**TART CHERRY**  
**JUICE**  
 32 oz



**2/\$4**  
 The Mountain Valley  
**SPRING WATER**  
 1 lt



**\$4<sup>99</sup>**  
 Nixie Sparkling Water  
**ORGANIC**  
**SPARKLING WATER**  
 (SELECTED VARIETIES)  
 8 ct



**\$2<sup>99</sup>**  
 nutpods  
**DAIRY-FREE**  
**CREAMER**  
 (SELECTED VARIETIES)  
 11.2 oz



**\$2<sup>49</sup>**  
 Almond Breeze  
**DAIRY-FREE**  
**ALMONDMILK**  
 (SELECTED VARIETIES)  
 32 oz



**2/\$6**  
 GT's  
**ORGANIC**  
**KOMBUCHA**  
 (SELECTED VARIETIES)  
 16 oz



**2/\$4**  
 Olipop  
**SPARKLING**  
**TONIC**  
 12 oz



**\$5<sup>99</sup>**  
 Redwood Hill Farm  
**PLAIN GOAT**  
**MILK KEFIR**  
 32 oz



**5/\$5**  
 Brown Cow  
**CREAM TOP**  
**WHOLE MILK**  
**YOGURT**  
 (SELECTED VARIETIES)  
 5.3 oz



**2/\$3**  
 Siggis  
**ICELANDIC**  
**STYLE YOGURT**  
 (SELECTED VARIETIES)  
 5.3 oz



**\$4<sup>49</sup>**  
 Stonyfield  
**ORGANIC YOGURT**  
 (SELECTED VARIETIES)  
 32 oz



**2/\$5**  
 Perfect Bar  
**PROTEIN BAR**  
 (SELECTED VARIETIES)  
 2.2-2.5 oz



**\$4<sup>49</sup>**  
 Gardein  
**MEATLESS MEAT**  
 (SELECTED VARIETIES)  
 8.8-13.7 oz



AT AMY'S, WE COOK MEALS WITH LOVE, CARE, AND CRAFT PUT INTO EVERY INGREDIENT. THAT MEANS CAREFULLY SOURCING HIGH-QUALITY ORGANIC INGREDIENTS AND SPENDING COUNTLESS HOURS IN OUR KITCHENS SO THAT YOU CAN ENJOY AUTHENTIC, GREAT-TASTING FOOD IN MINUTES.



**\$3<sup>99</sup>**  
Amy's  
**MACARONI & CHEESE**  
9 oz



**\$8<sup>99</sup>**  
Amy's  
**PIZZA**  
(SELECTED VARIETIES)  
10.2-14 oz



**2/\$7**  
Amy's  
**ORGANIC SOUP**  
(SELECTED VARIETIES)  
14.1-14.5 oz



**\$7<sup>79</sup>**  
Siete  
**GRAIN FREE TORTILLAS**  
(SELECTED VARIETIES)  
8 ct



**\$6<sup>49</sup>**  
Food For Life  
**ORGANIC EZEKIEL 4:9® ENGLISH MUFFINS**  
16 oz



**\$4<sup>99</sup>**  
Udi's Gluten Free  
**SANDWICH BREAD**  
12 oz



**\$5<sup>99</sup>**  
Sambazon  
**ORGANIC SUPERFRUIT PACKS**  
(SELECTED VARIETIES)  
4/100 g



**\$4<sup>49</sup>**  
Wyman's of Maine  
**WILD BLUEBERRIES**  
15 oz



**2/\$6**  
Alter Eco  
**ORGANIC CHOCOLATE BAR**  
(SELECTED VARIETIES)  
2.82 oz



**\$8<sup>49</sup>**  
Base Culture  
**SANDWICH BREAD**  
24 oz



**\$7<sup>99</sup>**  
Beyond Meat  
**BRAT SAUSAGE**  
14 oz



**2/\$4**  
Bob's Red Mill  
**GLUTEN FREE OATMEAL CUPS**  
2.15 oz

# CHARITY OF THE MONTH



## ORKESTAI FARM

Orkestai Farm is a regenerative, pesticide and herbicide free vegetable farm located at the planting fields in Oyster Bay, providing hands-on education in sustainable farming for teens and adults of all skill levels in addition to workshops in the Arts. Its educational programs foster healthy living, social engagement, creativity, and more from the community at large, including those with developmental and emotional needs. Members learn to grow food and feel empowered and confident about who they are and what they can achieve.



**\$3<sup>49</sup>**

Bragg  
**ORGANIC  
APPLE CIDER  
VINEGAR**  
16 oz



**\$5<sup>99</sup>**

Canyon Bakehouse  
**GLUTEN-FREE  
BREAD  
(SELECTED VARIETIES)**  
18 oz



**\$8<sup>49</sup>**

Caulipower  
**ORIGINAL  
CHICKEN  
TENDERS**  
14 oz



**\$12<sup>49</sup>**

Chosen Foods  
**100% PURE  
AVOCADO OIL**  
500 ml



**2/<sup>\$4</sup>**

Cocojune  
**ORGANIC PLANT  
BASED COCONUT  
YOGURT**  
4 oz



**\$5<sup>49</sup>**

Elmhurst  
**MILKED  
OATS**  
32 oz



**\$3<sup>99</sup>**

Jolly Llama  
**STRAWBERRY  
SORBET POPS**  
12 oz



**\$14<sup>99</sup>**

Lucini Italia  
**PREMIUM  
SELECT EXTRA  
VIRGIN OLIVE OIL**  
16.9 oz



**\$5<sup>49</sup>**

One Degree  
**ORGANIC  
GRANOLA**  
11 oz



2/\$5

Petit Pot  
**ORGANIC  
POT DE CREME**  
3.5 oz



2/\$4

Poppi  
**PREBIOTIC SODA**  
12 oz



\$3<sup>99</sup>

Skinny Dipped  
**COCOA DARK  
CHOCOLATE  
ALMONDS**  
3.5 oz



\$4<sup>99</sup>

Talenti  
**DOUBLE DARK  
CHOCOLATE  
GELATO**  
1 pt



\$6<sup>99</sup>

Three Trees  
**UNSWEETENED  
ORGANIC  
ALMONDMILK**  
28 oz



\$2<sup>99</sup>

Unique Pretzels  
**ORIGINAL SPLITS**  
11 oz



\$2<sup>99</sup>

Vive Organic  
**ORGANIC  
FUNCTIONAL SHOT  
(SELECTED VARIETIES)**  
2 oz



\$7<sup>99</sup>

Wedderspoon  
**ORGANIC MANUKA  
HONEY POPS  
VARIETY PACK**  
4.15 oz



\$11<sup>99</sup>

Wyman's of Maine  
**WILD BLUEBERRIES**  
3 lb



\$9<sup>99</sup>

Alaffia  
**EVERYDAY  
SHEA LAVENDER  
BODY LOTION**  
32 oz



\$18<sup>99</sup>

Andalou Naturals  
**BRIGHTENING  
PROBIOTIC + C  
RENEWAL CREAM**  
1.7 oz



\$7<sup>99</sup>

Aura Cacia  
**LAVENDER  
ESSENTIAL OIL**  
0.5 oz



\$4<sup>99</sup>

Desert Essence  
**NATURAL  
TEA TREE OIL  
WHITENING PLUS  
TOOTHPASTE**  
6.25 oz



**\$5<sup>99</sup>**

Weleda  
**CHILDREN'S TOOTH GEL**  
1.7 oz



**\$33<sup>99</sup>**

Truvani  
**PLANT BASED PROTEIN**  
25 oz



**\$21<sup>99</sup>**

Nordic Naturals  
**ULTIMATE OMEGA**  
60 ct



**\$19<sup>99</sup>**

Bach  
**RESCUE REMEDY STRESS RELIEF**  
20 ml



**\$3<sup>99</sup>**

Dr Tung's  
**DENTAL FLOSS**  
30 yd



**\$3<sup>99</sup>**

JASON  
**TOOTHPASTE (SELECTED VARIETIES)**  
6 oz



**\$14<sup>99</sup>**

Weleda  
**SKIN FOOD**  
2.5 oz



**\$6<sup>99</sup>**

Giovanni  
**SHAMPOO OR CONDITIONER (SELECTED VARIETIES)**  
8.5 oz



**\$6<sup>99</sup>**

Andalou Naturals  
**SHAMPOO OR CONDITIONER (SELECTED VARIETIES)**  
11.5 oz



**\$5<sup>49</sup>**

Ecover  
**DISHWASHER TABLETS (SELECTED VARIETIES)**  
17.6 oz



**\$3<sup>49</sup>**

Seventh Generation  
**DISHWASHING LIQUID (SELECTED VARIETIES)**  
19 oz



**\$12<sup>99</sup>**

Ecos  
**LAUNDRY DETERGENT (SELECTED VARIETIES)**  
100 oz



**\$13<sup>99</sup>**

Dr. Bronner's  
**PURE-CASTILLE LIQUID SOAP**  
32 oz