



JUNE SALES 2022

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



2/\$6

GT's
**ORGANIC SYNERGY
KOMBUCHA**
(SELECTED VARIETIES)
16 oz



\$2⁹⁹

Hilary's
**ORGANIC
VEGGIE BURGERS**
6.4 oz



2/\$6

Cascadian Farm Organic
**ORGANIC
POTATOES**
(SELECTED VARIETIES)
12-16 oz



2/\$4

GoMacro
**ORGANIC
MACROBAR**
(SELECTED VARIETIES)
2-2.4 oz



\$3⁴⁹

Lundberg Family Farms
**ORGANIC
RICE CAKES**
(SELECTED VARIETIES)
8.5-10 oz



\$2⁹⁹

Annie's
**ORGANIC
FRUIT SNACKS**
(SELECTED VARIETIES)
4 oz



2/\$4

C2O
**COCONUT
WATER**
17.5 oz



\$5⁴⁹

Redwood Hill Farm
**PLAIN GOAT
MILK KEFIR**
32 oz



\$2⁹⁹

Safe Catch
ELITE WILD TUNA
5 oz



2/\$7

Montebello
**ORGANIC
ARTISAN PASTA**
(SELECTED VARIETIES)
1 lb

STORE HOURS

MONDAY-SATURDAY

8:00AM - 7:00PM

SUNDAY

8:00AM-6:00PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/

Spicy Grilled BBQ Chicken

8 chicken drumsticks ½ teaspoon smoked paprika
2 tablespoons olive oil ½ teaspoon garlic powder
Salt and pepper, to taste ¾ cup barbeque sauce
 ¼ cup hot sauce
 Cilantro, for garnish

1 Heat an outdoor grill to high heat (450°F).

2 Brush chicken with olive oil and season with salt, pepper, garlic powder, and smoked paprika.

3 Place chicken on the heated grill. Cover and cook for five minutes or until chicken easily comes off the grates. Flip the chicken and continue to cook for another five minutes.

4 Baste chicken with barbeque sauce and hot sauce, flipping every two minutes and basting again. Continue basting and flipping the chicken until the internal temperature reaches 165°F.

5 Remove chicken from grill and allow to rest on a clean plate for five minutes and garnish with cilantro before serving.



2/\$5

Good Health
**AVOCADO OIL
POTATO CHIPS**
(SELECTED VARIETIES)
5 oz



2/\$7

Annie's
**ORGANIC
DRESSING**
(SELECTED VARIETIES)
8 oz



\$4.49

Organicville
**ORGANIC
KETCHUP**
24 oz



2/\$6

KeVita
**ORGANIC SPARKLING
PROBIOTIC DRINK**
(SELECTED VARIETIES)
15.2 oz



\$6.49

Sky Valley
**SRIRACHA
SAUCE**
18.5 oz



\$3.99

Vital Farms
**PASTURE-RAISED
BUTTER**
8 oz



\$4.99

So Delicious
**VANILLA BEAN
COCONUTMILK
FROZEN DESSERT**
16 oz



\$4⁹⁹

Organic Valley
**ORGANIC
FETA CHEESE**
8 oz



The exceptional quality of our food starts with love for our animals. We go all out when caring for our cows, because that makes them happier and healthier. And that makes better milk you can feel good about serving to your family.



\$4⁹⁹

Organic Valley
**ORGANIC
MOZZARELLA CHEESE**
8 oz



\$3⁴⁹

Cascadian Farm Organic
**ORGANIC
CEREAL**
(SELECTED VARIETIES)
8.6-14.6 oz



2/\$6

Alter Eco
**ORGANIC
CHOCOLATE BAR**
(SELECTED VARIETIES)
2.65-2.82 oz

Salted Caramel Ice Cream Sandwiches

24 saltine crackers
2 pints vanilla ice cream, softened
½ cup salted caramel sauce
1 cup chocolate sauce
¼ cup sliced almonds, toasted

- 1 Line an 8x8x2 inch pan with parchment paper.
- 2 Place a layer of crackers on the bottom of the pan, trimming crackers to fit snug.
- 3 Spread one pint of vanilla ice cream evenly over crackers. Top with salted caramel sauce. Repeat with second pint of ice cream.
- 4 Place remaining crackers on top and pour on chocolate sauce. Sprinkle with sliced almonds and freeze for four hours or overnight.
- 5 To serve, lift out ice cream block and cut with a sharp knife into nine even sandwiches.





2/\$6

Back to Nature
CRACKERS
(SELECTED VARIETIES)
4-8.5 oz



Back to Nature's Plant Based foods give people truly delicious foods made from recipes inspired by nature. Our cookies and crackers are uncomplicated and deliciously simple. We hope you enjoy.



\$3⁹⁹

Back to Nature
CHOCOLATE CHUNK COOKIES
9.5 oz



\$7⁹⁹

Laird Superfood
SUPERFOOD CREAMER
(SELECTED VARIETIES)
8 oz



\$3⁷⁹

Pacific Foods
ORGANIC PLANT-BASED BEVERAGE
(SELECTED VARIETIES)
32 oz



\$2⁴⁹

Hippeas
CHICKPEA PUFFS
4 oz



\$6⁹⁹

Vital Farms
ORGANIC LARGE EGGS
1 dz

Refreshing Summer Fruit Punch

4 cups cranberry juice
1 cup pineapple juice
1 cup orange juice
¼ cup lime juice
3 cups water, still or sparkling
Raspberries, for garnish
Mint, for garnish
Ice, for serving

1 In a large pitcher, mix together water and fruit juices.
2 Serve over ice and garnish with raspberries and a sprig of mint.





2/\$3

Kite Hill

**YOGURT ALTERNATIVE
(SELECTED VARIETIES)**

5.3 oz



\$7⁹⁹

Coombs Family Farm
MAPLE SYRUP

GRADE A

8 oz



\$2⁹⁹

Right Rice
RISOTTO

7 oz



2/\$4

Good To Go

KETO BARS

1.41 oz

CHARITY OF THE MONTH

VOLUNTEERS FOR WILDLIFE



VOLUNTEERS FOR WILDLIFE, INC. IS A 501(C)3 NON-PROFIT WILDLIFE HOSPITAL & EDUCATION CENTER DEDICATED TO THE PRESERVATION OF LONG ISLAND'S WILDLIFE & NATURAL HABITATS THROUGH EDUCATION & REHABILITATION SINCE 1982.

THE CENTER IS LOCATED ON THE GROUNDS OF BAILEY ARBORETUM IN LOCUST VALLEY, NEW YORK. EACH YEAR THEY ACCEPT OVER 2,000 PATIENTS TO THE WILDLIFE HOSPITAL WHO ARE IN NEED OF CARE. PATIENTS ARE COMPRISED OF A VARIETY OF BIRDS, MAMMALS, REPTILES, & AMPHIBIANS NATIVE TO LONG ISLAND.

VOLUNTEERS FOR WILDLIFE STRIVES TO EDUCATE THE PUBLIC ABOUT LONG ISLAND'S NATIVE FAUNA AND THE IMPORTANCE OF PRESERVING THESE SPECIES ALONG WITH THEIR HABITATS. THROUGH EDUCATION PROGRAMS, THEY HAVE BEEN ABLE TO REACH THOUSANDS OF ADULTS AND CHILDREN TO FOSTER A LOVE AND APPRECIATION FOR LONG ISLAND'S WILDLIFE.



\$3⁹⁹

Siete
**MEXICAN
COOKIES**
4.5 oz



\$9⁹⁹

Manitoba Harvest
**ORGANIC
HEMP HEARTS**
18.5 oz



\$5⁹⁹

Every Man Jack
DEODORANT
3 oz



\$11⁹⁹

Truff
HOT SAUCE
6 oz



\$3⁴⁹

R.W. Knudsen
**ORGANIC
TOMATO JUICE**
4.5 oz



\$7⁹⁹

Rishi
TEAS
1.45 oz



\$29⁹⁹

Vega
**PROTEIN
POWDER**
12-13 oz



\$4⁴⁹

Biokleen
**SPRAY & WIPE
HOUSEHOLD
CLEANER**
32 oz



\$3⁹⁹

Creminele
**FINE MEATS
FRESH SNACK**
2 oz



\$3⁹⁹

Skinny Dipped
**MILK CHOCOLATE
DIPPED PEANUTS**
3.5 oz



\$7⁹⁹

Avalon Organics
**SHAMPOO OR
CONDITIONER
(SELECTED VARIETIES)**
11 oz



\$16⁹⁹

Weleda
SKIN FOOD
2.5 oz



2/\$7

Dr. Bronner's
BAR SOAP
5 oz



\$13⁹⁹

Badger
**ZINC
SUNSCREEN**
2.9 oz

SMOOTHIE OF THE MONTH



SUMMER DATE

SPARK YOUR SUNNY DAY WITH OUR NATURALLY SWEET, RICH AND FILLING SUMMER DATE SMOOTHIE. WE SUGGEST ADDING A VANILLA PROTEIN POWDER TO MAKE IT THE PERFECT MEAL ON THE GO!

MADE WITH ORGANIC INGREDIENTS:

- ALMOND MILK
- PEANUT BUTTER
- DATES
- BANANA
- SEA SALT

LONGER DAYS AND WARMER WEATHER CALL FOR DELICIOUS, HYDRATING, HEALTHFUL BEVERAGES. HEAD OVER TO THE RISING TIDE GRAB AND GO TO QUENCH YOUR THIRST WITH OUR WIDELY POPULAR, HIGH-QUALITY BOTTLED JUICES & LEMONADES.



LOOKING FOR A MORE CUSTOMIZED OPTION?
THE RISING TIDE DELI HAS A WIDE SELECTION OF
HEALTH SHOTS, SMOOTHIES, AND JUICES, EACH
ALWAYS AVAILABLE TO BE TAILORED TO YOUR LIKING.