

JUNE SALES 2022

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



2/\$6

GT's

ORGANIC SYNERGY KOMBUCHA (SELECTED VARIETIES)

16 oz



\$**7**99

Hilary's
ORGANIC
VEGGIE BURGERS

640

2/\$4

ORGANIC

MACROBAR

(SELECTED VARIETIES)



2/\$6

Cascadian Farm Organic
ORGANIC

POTATOES (SELECTED VARIETIES)

12-16 oz



\$349

8.5-10 oz

Lundberg Family Farms
ORGANIC
RICE CAKES
(SELECTED VARIETIES)



\$299

Annie's
ORGANIC
FRUIT SNACKS
(SELECTED VARIETIES)

4 oz



2/\$4

COCONUT WATER

17.5 oz



\$549

Redwood Hill Farm
PLAIN GOAT
MILK KEFIR

32 oz



\$**2**99

Safe Catch **ELITE WILD TUNA**

5 ...



2/\$7

Montebello
ORGANIC
ARTISAN PASTA
(SELECTED VARIETIES)

1 lb

STORE HOURS

MONDAY-SATURDAY 8:00AM - 7:00PM

SUNDAY

8:00AM-6:00PM

© @risingtidemarket

• @RisingTideNaturalMarket

Spicy Grilled BBQ Chicken

8 chicken drumsticks 2 tablespoons olive oil Salt and pepper, to taste

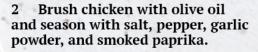
½ teaspoon smoked paprika

½ teaspoon garlic powder

34 cup barbeque sauce

1/4 cup hot sauce Cilantro, for garnish

1 Heat an outdoor grill to high heat (450°F).



- 3 Place chicken on the heated grill. Cover and cook for five minutes or until chicken easily comes off the grates. Flip the chicken and continue to cook for another five minutes.
- 4 Baste chicken with barbeque sauce and hot sauce, flipping every two minutes and basting again. Continue basting and flipping the chicken until the internal temperature reaches 165°F.
- 5 Remove chicken from grill and allow to rest on a clean plate for five minutes and garnish with cilantro before serving.



2/\$5
Good Health
AVOCADO OIL
POTATO CHIPS
(SELECTED VARIETIES)



2/\$7
Annie's
ORGANIC
DRESSING
(SELECTED VARIETIES)
8 oz



\$449
Organicville
ORGANIC
KETCHUP





2/\$6
KeVita
ORGANIC SPARKLING
PROBIOTIC DRINK
(SELECTED VARIETIES)
15.2 oz



\$649 Sky Valley SRIRACHA SAUCE 18.5 oz



\$499
So Delicious
VANILLA BEAN
COCONUTMILK
FROZEN DESSERT
16 oz







\$499
Organic Valley
ORGANIC
FETA CHEESE
8 oz

The exceptional quality of our food starts with love for our animals. We go all out when caring for our cows, because that makes them happier and healthier. And that makes better milk you can feel good about serving to your family.

\$499
Organic Valley
ORGANIC
MOZZARELLA CHEESE
8 oz



\$3⁴⁹

Cascadian Farm Organic
ORGANIC
CEREAL
(SELECTED VARIETIES)
8.6-14.6 oz



2/\$6
Alter Eco
ORGANIC
CHOCOLATE BAR
(SELECTED VARIETIES)
2.65-2.82 oz

Salted Caramel Ice Cream Sandwiches



24 saltine crackers
2 pints vanilla ice cream, softened
½ cup salted caramel sauce
1 cup chocolate sauce
¼ cup sliced almonds, toasted

1 Line an 8x8x2 inch pan with parchment paper.

2 Place a layer of crackers on the bottom of the pan, trimming crackers to fit snug.

3 Spread one pint of vanilla ice cream evenly over crackers. Top with salted caramel sauce. Repeat with second pint of ice cream.

4 Place remaining crackers on top and pour on chocolate sauce. Sprinkle with sliced almonds and freeze for four hours or overnight.

5 To serve, lift out ice cream block and cut with a sharp knife into nine even sandwiches.



2/\$6
Back to Nature
CRACKERS
(SELECTED VARIETIES)
4-8.5 oz



Back to Nature's Plant Based foods give people truly delicious foods made from recipes inspired by nature.
Our cookies and crackers are uncomplicated and deliciously simple. We hope you enjoy.



\$399
Back to Nature
CHOCOLATE
CHUNK COOKIES
9.5 oz



\$799

Laird Superfood

SUPERFOOD

CREAMER

(SELECTED VARIETIES)



\$379
Pacific Foods
ORGANIC
PLANT-BASED
BEVERAGE
(SELECTED VARIETIES)
32 oz



\$249
Hippeas
CHICKPEA
PUFFS
4 oz



\$699 Vital Farms ORGANIC LARGE EGGS 1 dz

Refreshing Summer Fruit Punch

4 cups cranberry juice
1 cup pineapple juice
1 cup orange juice
½ cup lime juice
3 cups water, still or sparkling
Raspberries, for garnish
Mint, for garnish
Ice, for serving

In a large pitcher, mix together water and fruit juices.
 Serve over ice and garnish with raspberries and a sprig of mint.







\$799 Coombs Family Farm MAPLE SYRUP GRADE A 8 oz



2/\$3
Kite Hill
YOGURT ALTERNATIVE
(SELECTED VARIETIES)
5.3 oz



\$299 Right Rice RISOTTO 7 oz 2/\$4
Good To Go
KETO BARS
1.41 oz

CHARITY OF THE MONTH VOLUNTEERS FOR WILDLIFE



VOLUNTEERS FOR WILDLIFE, INC. IS A 501(C)3
NON-PROFIT WILDLIFE HOSPITAL & EDUCATION CENTER
DEDICATED TO THE PRESERVATION OF LONG ISLAND'S
WILDLIFE & NATURAL HABITATS THROUGH EDUCATION &
REHABILITATION SINCE 1982.

THE CENTER IS LOCATED ON THE GROUNDS OF BAILEY ARBORETUM IN LOCUST VALLEY, NEW YORK. EACH YEAR THEY ACCEPT OVER 2,000 PATIENTS TO THE WILDLIFE HOSPITAL WHO ARE IN NEED OF CARE. PATIENTS ARE COMPRISED OF A VARIETY OF BIRDS, MAMMALS, REPTILES, & AMPHIBIANS NATIVE TO LONG ISLAND.

VOLUNTEERS FOR WILDLIFE STRIVES TO EDUCATE THE PUBLIC ABOUT LONG ISLAND'S NATIVE FAUNA AND THE IMPORTANCE OF PRESERVING THESE SPECIES ALONG WITH THEIR HABITATS. THROUGH EDUCATION PROGRAMS, THEY HAVE BEEN ABLE TO REACH THOUSANDS OF ADULTS AND CHILDREN TO FOSTER A LOVE AND APPRECIATION FOR LONG ISLAND'S WILDLIFE.

JUNE 2022



\$399

Siete
MEXICAN
COOKIES
4.5 oz



\$999

Manitoba Harvest
ORGANIC
HEMP HEARTS
18.5 oz



\$599

Every Man Jack **DEODORANT**

3 oz



\$1199

Truff
HOT SAUCE
6 oz



\$**3**⁴⁹

R.W. Knudsen
ORGANIC
TOMATO JUICE
4.5 oz



\$799

TEAS 1.45 oz



\$29⁹⁹

Vega PROTEIN POWDER 12-13 oz



\$**4**⁴⁹

Biokleen
SPRAY & WIPE
HOUSEHOLD
CLEANER
32 oz



\$399

Creminelli
FINE MEATS
FRESH SNACK

2 o



\$399

Skinny Dipped
MILK CHOCOLATE
DIPPED PEANUTS

3.5 oz



\$799

Avalon Organics
SHAMPOO OR
CONDITIONER
(SELECTED VARIETIES)

11 oz



\$16⁹⁹
Weleda **SKIN FOOD**2.5 oz

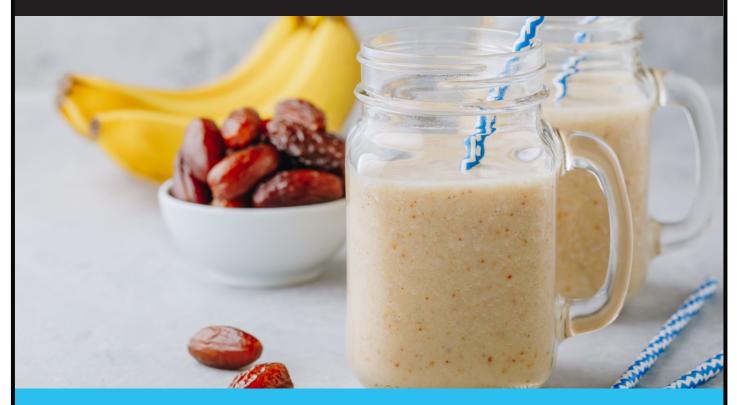


2/\$7 Dr. Bronner's BAR SOAP 5 oz



\$1399
Badger
ZINC
SUNSCREEN
2.9 oz

SMOOTHIE OF THE MONTH



SUMMER DATE

SPARK YOUR SUNNY DAY WITH
OUR NATURALLY SWEET, RICH
AND FILLING SUMMER DATE
SMOOTHIE. WE SUGGEST
ADDING A VANILLA PROTEIN
POWDER TO MAKE IT THE
PERFECT MEAL ON THE GO!

MADE WITH ORGANIC INGREDIENTS:

- ALMOND MILK
- BANANA
- PEANUT BUTTER
- SEA SALT
- DATES

LONGER DAYS AND WARMER WEATHER CALL FOR DELICIOUS, HYDRATING, HEALTHFUL BEVERAGES. HEAD OVER TO THE RISING TIDE GRAB AND GO TO QUENCH YOUR THIRST WITH OUR WIDELY POPULAR, HIGH-QUALITY BOTTLED JUICES & LEMONADES.



LOOKING FOR A MORE CUSTOMIZED OPTION?
THE RISING TIDE DELI HAS A WIDE SELECTION OF
HEALTH SHOTS, SMOOTHIES, AND JUICES, EACH
ALWAYS AVAILABLE TO BE TAILORED TO YOUR LIKING.