



FEBRUARY SALES 2022

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



2/\$5
Endangered Species
CHOCOLATE BAR
(SELECTED VARIETIES)
3 oz



2/\$5
Chocolove
CHOCOLATE BAR
(SELECTED VARIETIES)
2.9-3.2 oz



2/\$5
SmartSweets
CANDY
(SELECTED VARIETIES)
1.8 oz



\$4.49
Justin's
ORGANIC MINI PEANUT BUTTER CUPS
4.7 oz



2/\$5
Barbara's
CHEESE PUFFS
5.5-7 oz



2/\$5
Muir Glen
ORGANIC DICED TOMATOES
(SELECTED VARIETIES)
28 oz



\$4.99
Beyond Meat
BEYOND BURGER
8 oz



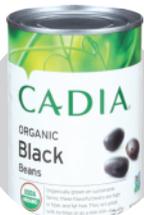
2/\$6
Health-Ade
ORGANIC KOMBUCHA
(SELECTED VARIETIES)
16 oz



2/\$7
Pacific Foods
ORGANIC OATMILK
(SELECTED VARIETIES)
32 oz



2/\$7
Maya Kaimal
ORGANIC EVERYDAY DAL
(SELECTED VARIETIES)
10 oz



2/\$3
Cadia
ORGANIC BEANS
(SELECTED VARIETIES)
15 oz



2/\$5
Annie's
ORGANIC MAC & CHEESE
(SELECTED VARIETIES)
6 oz

STORE HOURS

MONDAY-SATURDAY

8:00AM - 7:00PM

SUNDAY

8:00AM-6:00PM

@risingtidemarket

@RisingTideNaturalMarket



At Amy's, we love to cook for you. For us, that means carefully sourcing high quality, organic ingredients and spending countless hours in our kitchens so that you can enjoy authentic, great-tasting food in minutes.



2/\$6
Amy's
ORGANIC SOUP
(SELECTED VARIETIES)
13.8-14.7 oz



2/\$6
Amy's
BURRITO
(SELECTED VARIETIES)
5.5-6 oz



2/\$6
Amy's
ORGANIC CHILI
(SELECTED VARIETIES)
14.7 oz



\$3⁹⁹
Explore Cuisine
ORGANIC LEGUME PASTA
(SELECTED VARIETIES)
8 oz



\$6⁴⁹
Rao's Homemade
PASTA SAUCE
(SELECTED VARIETIES)
24 oz



\$8⁹⁹
Dr. Bronner's
ORGANIC REGENERATIVE COCONUT OIL
14 oz



\$4⁴⁹
Crofter's Organic
ORGANIC PREMIUM FRUIT SPREAD
(SELECTED VARIETIES)
16.5 oz



2/\$5
Vegan Rob's
PUFFS
(SELECTED VARIETIES)
3.5 oz



2/\$6
The Good Crisp Company
POTATO CRISPS
(SELECTED VARIETIES)
5.6 oz



\$3⁹⁹
Mary's Gone Crackers
ORGANIC CRACKERS
(SELECTED VARIETIES)
5-6.5 oz



\$3⁹⁹
Quinn Snacks
PEANUT BUTTER FILLED PRETZEL NUGGETS
6.5-7 oz



\$3⁹⁹
Barbara's
CEREAL
(SELECTED VARIETIES)
10-15 oz



\$4⁴⁹

Garden of Eatin'
TORTILLA CHIPS
8.1 oz



2/^{\$3}

KIND
NUT BAR
(SELECTED VARIETIES)
1.4 oz



2/^{\$4}

Essentia
ALKALINE WATER
1 liter



2/^{\$7}

C2O
COCONUT WATER
33.8 oz



\$8⁹⁹

Lakewood
ORGANIC PURE CRANBERRY JUICE
32 oz



2/^{\$6}

R.W. Knudsen
ORGANIC TOMATO JUICE
32 oz

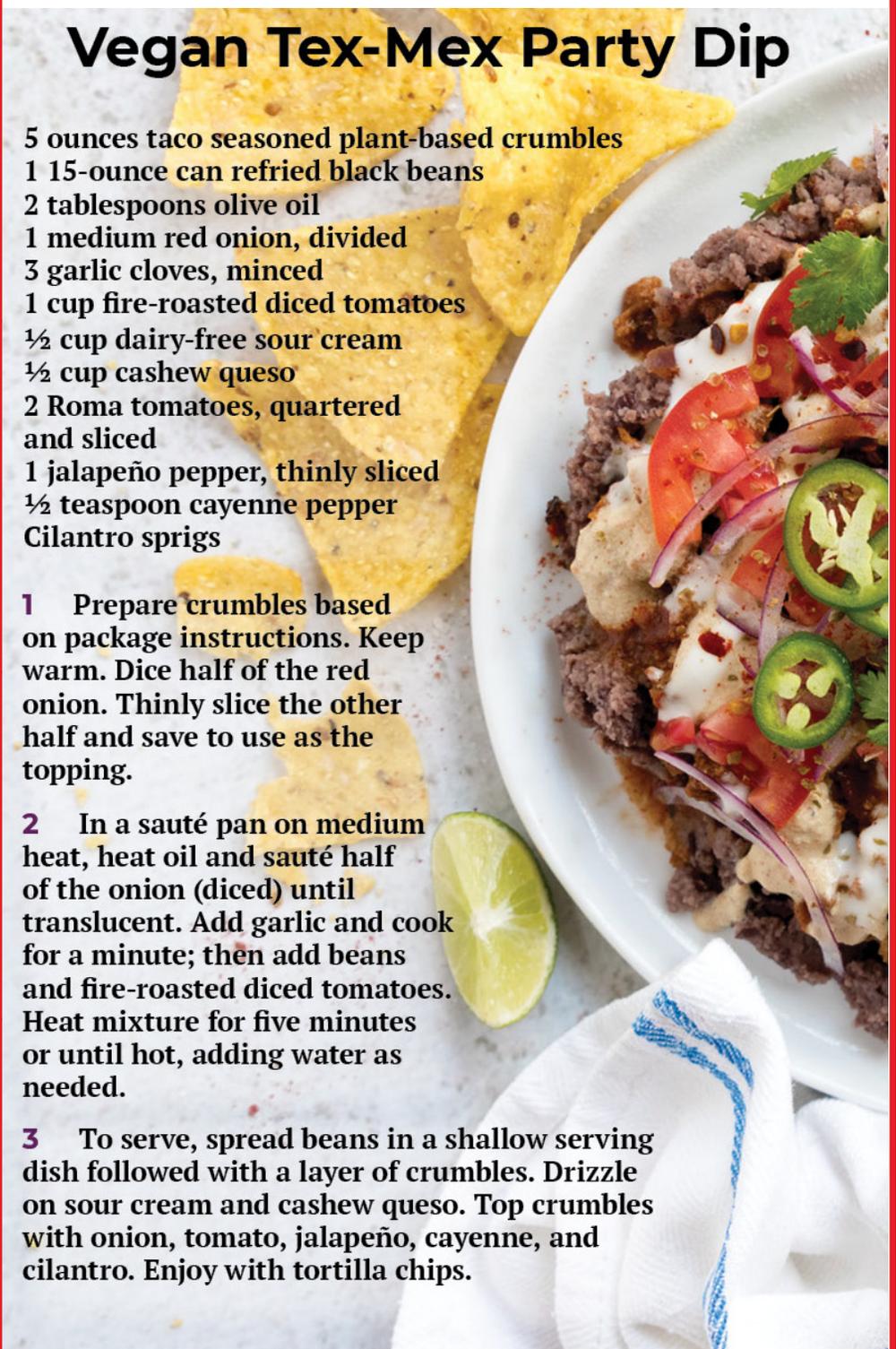
Vegan Tex-Mex Party Dip

5 ounces taco seasoned plant-based crumbles
1 15-ounce can refried black beans
2 tablespoons olive oil
1 medium red onion, divided
3 garlic cloves, minced
1 cup fire-roasted diced tomatoes
½ cup dairy-free sour cream
½ cup cashew queso
2 Roma tomatoes, quartered and sliced
1 jalapeño pepper, thinly sliced
½ teaspoon cayenne pepper
Cilantro sprigs

1 Prepare crumbles based on package instructions. Keep warm. Dice half of the red onion. Thinly slice the other half and save to use as the topping.

2 In a sauté pan on medium heat, heat oil and sauté half of the onion (diced) until translucent. Add garlic and cook for a minute; then add beans and fire-roasted diced tomatoes. Heat mixture for five minutes or until hot, adding water as needed.

3 To serve, spread beans in a shallow serving dish followed with a layer of crumbles. Drizzle on sour cream and cashew queso. Top crumbles with onion, tomato, jalapeño, cayenne, and cilantro. Enjoy with tortilla chips.





2/\$6
Alter Eco
ORGANIC CHOCOLATE BAR
(SELECTED VARIETIES)
2.65-2.82 oz



We obsessively vet every ingredient to unite unbeatable taste with unmatched simplicity. Get back to human with Hu.



\$3.99
Hu
ORGANIC CHOCOLATE BAR
(SELECTED VARIETIES)
2.1 oz



2/\$6
Theo
ORGANIC CHOCOLATE BAR
(SELECTED VARIETIES)
3 oz



2/\$6
Panda
LICORICE
(SELECTED VARIETIES)
7 oz



2/\$7
Koia
PLANT-BASED PROTEIN SHAKE
(SELECTED VARIETIES)
12 oz

Give love with Fairtrade chocolate



look for the mark →



\$3.99
Tony's Chocolonely
CHOCOLATE BAR
(SELECTED VARIETIES)
6.35 oz



\$6⁹⁹

SweetLeaf
LIQUID STEVIA
(SELECTED VARIETIES)
2 oz



\$3⁹⁹

Silk
ALMONDMILK
(SELECTED VARIETIES)
64 oz



2/\$4

So Delicious
COCONUTMILK
YOGURT
ALTERNATIVE
(SELECTED VARIETIES)
5.3 oz

Beet Velvet Cupcakes

- 2 cups all-purpose flour
- 2 tablespoons cocoa powder
- 2 teaspoons baking powder
- ½ teaspoon sea salt
- 1 ⅓ cups water or plant-based milk
- ⅔ cup cane sugar
- ½ cup beet purée
- ½ cup sunflower oil
- 2 large eggs
- 1 tablespoon vanilla extract
- 2 ½ cups vanilla frosting
- 2 tablespoons sprinkles

1 Preheat oven to 350°F. Whisk together flour, cocoa powder, baking powder, and salt in a mixing bowl. Set aside.

2 In another mixing bowl, whisk together water or plant-based milk, sugar, beet purée, oil, eggs, and vanilla extract.

3 Pour wet ingredients into the dry mixture and whisk until batter forms with no lumps.

4 Fill lined cupcake cups ⅔ full and bake for 18 minutes.

5 Allow cupcakes to cool before frosting.

6 Spread frosting on cooled cupcakes and decorate with sprinkles.



\$3⁹⁹

Daiya
DAIRY-FREE SLICES
(SELECTED VARIETIES)
7.8 oz



2/\$7

Vital Farms
PASTURE-RAISED
BUTTER
8 oz



\$3⁹⁹

Ithaca
HUMMUS
(SELECTED VARIETIES)
10 oz



Organic Valley's shredded cheese has a bold cheesy flavor in every bite. Crafted in small batches for exceptional flavor in a resealable stand-up pouch. Our thick cut cheeses never have any antibiotics, synthetic hormones, pesticides or GMOs.



\$4.49
Organic Valley
ORGANIC SHREDDED CHEESE (SELECTED VARIETIES)
6 oz



\$5.49
Organic Valley
ORGANIC CHEESE (SELECTED VARIETIES)
8 oz



\$5.99
Miso Master
ORGANIC MELLOW WHITE MISO
8 oz



\$5.49
Canyon Bakehouse
GLUTEN-FREE BREAD (SELECTED VARIETIES)
18 oz



\$3.99
Food For Life
ORGANIC SPROUTED CORN TORTILLAS
10 oz

CHARITY OF THE MONTH



THE BAYVILLE VILLAGE CHURCH FOOD PANTRY

THE MIMI MERNIS FOOD PANTRY (AKA THE BAYVILLE VILLAGE CHURCH FOOD PANTRY) WAS STARTED AS A SMALL OUTREACH SERVICE ALMOST 20 YEARS AGO AND OPERATED OUT OF A SMALL SHED AT THE REAR OF THE CHURCH. UNTIL RECENTLY, THEY SOLELY RELIED ON PRIVATE DONATIONS. WITH THE ONSET OF THE CORONAVIRUS, THE FOOD PANTRY EXPANDED THEIR SERVICES AND MOVED TO A CONFERENCE ROOM IN THE VILLAGE CHURCH. THEY ARE CURRENTLY OPEN SATURDAYS, FROM 9AM -12PM FOR DRIVE UP/NO CONTACT DISTRIBUTION. PRESENTLY, THEY ARE SERVING ABOUT 50 FAMILIES/200 INDIVIDUALS PER DISTRIBUTION DATE, OFFERING DRY GOODS, PRODUCE, MEATS, DAIRY ITEMS AND MORE.



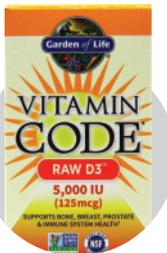
21/\$7
Choice Organics
ORGANIC TEA
16 ct



\$3⁹⁹
Traditional Medicinals
ORGANIC TEA
16 ct



\$11⁹⁹
Garden of Life
VITAMIN CODE ZINC
60 ct



\$22⁹⁹
Garden of Life
**VITAMIN CODE
RAW D3 5000 IU**
60 ct



\$27⁹⁹
Megafood
BLOOD BUILDER
90 ct



\$17⁹⁹
Natural Factors
**QUERCETIN
500 MG**
90 ct



\$21⁹⁹
Natural Factors
ANTI-V FORMULA
120 ct



21/\$6
Ecos
DISH SOAP
25 oz



\$3⁹⁹
Aura Cacia
EUCALYPTUS OIL
0.5 oz



\$6⁹⁹
Acure
**SHAMPOO &
CONDITIONER**
8 oz



21/\$7
Dr. Bronner's
HAND SANITIZERS
2 oz



21/\$6
Kiss My Face
OLIVE OIL BAR
8 oz

FEBRUARY 2022

SMOOTHIE OF THE MONTH

HEART BEET



FEBRUARY IS ALL ABOUT THE HEART - IT'S A PERFECT TIME TO SIP SOME HEART-HEALTHY HAPPINESS WITH OUR HEART BEET SMOOTHIE.

MADE WITH 100% ORGANIC INGREDIENTS:

- MANGO
- STRAWBERRIES
- JUICED BEET
- TURMERIC
- CAYENNE PEPPER
- COCONUT WATER

SHOP ONLINE FOR LOCAL
DELIVERY OR PICKUP



[RISINGTIDEMARKET.COM](https://www.risingtidemarket.com)

