



DECEMBER SALES 2021

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



2/\$6

Immaculate
ORGANIC CINNAMON ROLLS
17.5 oz



\$3.99

Mary's Gone Crackers
ORGANIC CRACKERS (SELECTED VARIETIES)
5-6.5 oz



\$4.79

Traditional Medicinals
ORGANIC TEA (SELECTED VARIETIES)
16 ct



\$4.49

Garden of Eatin'
TORTILLA CHIPS (SELECTED VARIETIES)
16 oz



2/\$6

Kettle
ORGANIC POTATO CHIPS (SELECTED VARIETIES)
5 oz



\$5.99

Lily's
BAKING CHIPS (SELECTED VARIETIES)
9 oz



\$3.99

Choice Organic Teas
ORGANIC TEA (SELECTED VARIETIES)
16 ct



\$3.99

Pacific Foods
ORGANIC SOUP (SELECTED VARIETIES)
32 oz



2/\$5

Chocolove
CHOCOLATE BAR (SELECTED VARIETIES)
2.9-3.2 oz



\$3.99

Annie's
ORGANIC GRAHAM CRACKERS
14.4 oz

STORE HOURS

MONDAY-SATURDAY

8:00AM - 7:00PM

SUNDAY

8:00AM-6:00PM

HOLIDAY HOURS

CHRISTMAS EVE : **NEW YEARS EVE**
8AM - 5PM : 8AM - 6PM

CHRISTMAS DAY : **NEW YEARS DAY**
CLOSED : 9AM - 6PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/



AT AMY'S, WE LOVE TO COOK FOR YOU. FOR US, THAT MEANS CAREFULLY SOURCING HIGH QUALITY ORGANIC INGREDIENTS AND SPENDING COUNTLESS HOURS IN OUR KITCHENS SO THAT YOU CAN ENJOY AUTHENTIC, GREAT-TASTING FOOD IN MINUTES.



\$7⁹⁹
Amy's
PIZZA
(SELECTED VARIETIES)
10.2-14 oz



2/\$5
Amy's
ORGANIC CHILI
(SELECTED VARIETIES)
14.7 oz



2/\$5
Amy's
ORGANIC SOUP
(SELECTED VARIETIES)
13.8-14.7 oz



\$3⁹⁹
Quinn
**PEANUT BUTTER
FILLED PRETZEL
NUGGETS**
6.5-7 oz



\$4⁴⁹
Bob's Red Mill
**ORGANIC
OLD FASHIONED
ROLLED OATS**
32 oz



\$3⁹⁹
St. Dalfour
**TRADITIONAL
FRENCH
FRUIT SPREAD**
(SELECTED VARIETIES)
10 oz



2/\$4
Bionaturae
**ORGANIC
TOMATO PASTE**
7 oz



2/\$4
Bionaturae
**ORGANIC
PASTA**
(SELECTED VARIETIES)
16 oz



2/\$5
Bionaturae
**ORGANIC
STRAINED TOMATOES**
24 oz



AT BIONATURAE, WE OFFER YOU ORGANIC TOMATOES KISSED BY ITALIAN SUNSHINE AND PASTAS CAREFULLY MADE IN THE OLD WORLD TRADITION. COOK LIKE AN ITALIAN! NURTURE WITH GOOD FOOD, TASTES, AND TEXTURES THAT ARE RICH AND SATISFYING.



WE OBSESSIVELY VET EVERY INGREDIENT TO UNITE UNBEATABLE TASTE WITH UNMATCHED SIMPLICITY. GET BACK TO HUMAN WITH HU.



\$4⁹⁹
Hu
GRAIN-FREE CRACKERS
4.25 oz



\$4⁴⁹
Hu
CHOCOLATE BAR (SELECTED VARIETIES)
2.1 oz



\$3⁹⁹
Tony's Chocolonely
CHOCOLATE BAR (SELECTED VARIETIES)
6.35 oz



\$8⁹⁹
Organic Valley
ORGANIC GHEE
7.5 oz



\$6⁹⁹
Lakewood
ORGANIC PURE ALOE JUICE
32 oz



2/\$6
Alter Eco
ORGANIC CHOCOLATE BAR (SELECTED VARIETIES)
2.65-2.82 oz



2/\$5
Endangered Species
CHOCOLATE BAR (SELECTED VARIETIES)
3 oz

CHARITY OF THE MONTH

NOSH



NOSH's goal is to safely deliver meals to families in need, due to the impact of COVID-19. A program of the North Shore Soup Kitchen, NOSH delivers emergency meal kits to over 500 families a week. After a recent fire destroyed NOSH's headquarters, we are looking to our amazing community to help us support NOSH as our Charity of the Month for December.



\$12⁹⁹

Truff
**BLACK TRUFFLE
HOT SAUCE**
6 oz



\$5⁹⁹

Field Roast
**FROZEN
APPETIZERS**
10 oz



2/\$6

Late July
**ORGANIC
POTATO CHIPS**
5 oz



\$3⁹⁹

Cadia
**ORGANIC
CHEESE BARS**
8 oz



2/\$5

Ecos
DISH SOAPS
25 oz



DIY Citrus Garland

What You'll Need

3 citrus fruits; lemons or oranges work best
fresh rosemary sprigs
twine or string
needle

Directions

1. Preheat oven to 250° F.
2. Uniformly slice fruit into thin rounds, discarding ends.
3. Place slices onto unlined baking sheet and bake for 3 hours, flipping every 30 minutes to prevent burning.
4. Cut a piece of twine to desired garland length and thread it through the needle. Use the needle to poke a hole in the top of each slice and pull the twine through until all the slices are strung.
5. Add greenery, like fresh rosemary or dried bay leaves, intermittently throughout the garland for visual interest.
6. Hang up and enjoy!



\$46⁹⁹

Vibrant Health
**GREEN
VIBRANCE**
11.92 oz



2/\$6

Kiss My Face
**OLIVE OIL
BAR SOAP**
8 oz



\$6⁹⁹

Acure
**SHAMPOO &
CONDITIONER**
8 oz



\$18⁹⁹

EO
**HAND
SANITIZING
WIPES**
120 ct



\$7⁹⁹

Nature's Answer
PERIOWASH
16 oz



\$8⁹⁹

Aura Cacia
**LAVENDER
ESSENTIAL OIL**
.5 oz



\$7⁹⁹

Schmidt's
**DEODORANT STICK
(SELECTED VARIETIES)**
3.25 oz



\$8⁹⁹

Avalon Organics
**SHAMPOO &
CONDITIONER**
11 oz



\$6⁹⁹

Acure
**BRIGHTENING
FACIAL SCRUB**
4 oz



2/\$7

Dr. Bronner's
**ORGANIC
PURE-CASTILE
BAR SOAP**
5 oz



\$19⁹⁹

Wedderspoon
**MANUKA HONEY
K-FACTOR 16**
8 oz



\$3⁹⁹

Jason
**TOOTHPASTE
(SELECTED VARIETIES)**
4.2-6 oz



2/\$7

Dr. Bronner's
**HAND
SANTIZER SPRAY**
2 oz



\$8⁹⁹

Wedderspoon
**MANUKA HONEY
K-FACTOR 16 DROPS**
4 oz

INVIGORATING GINGER LEMON BODY SCRUB

- ½ c coconut oil
- ⅛ c chopped ginger root
- 10 drops lemon essential oil
- ½ c sunflower oil
- 2 c Epsom salt

Melt coconut oil in a small pan. Add chopped ginger and cook for about 8-10 minutes, until the ginger smells strongly. Remove the ginger pieces using a strainer or slotted spoon. Remove from heat and mix in the sunflower oil. Let mixture cool to room temperature. Stir in the Epsom salt and lemon essential oil. Transfer to mason jar and enjoy!





\$24⁹⁹
CV Sciences
**EXTRA STRENGTH
BALM**
1.3 oz



\$19⁹⁹
Oregon's Wild Harvest
ASHWAGANDA
90 ct

SMOOTHIE OF THE MONTH



**MADE WITH
100%
ORGANIC
INGREDIENTS**

-
- OAT MILK
 - CACAO NIBS
 - PEPPERMINT EXTRACT
 - BANANA
 - SPINACH
 - MINT LEAVES

GREEN GRINCH

NOTHING GRUMPY ABOUT THESE INGREDIENTS! THIS NUTRITIOUS AND ANTI-INFLAMMATORY SMOOTHIE HAS A SENSATIONAL SEASONAL FLAVOR THAT WILL LEAVE YOUR HEART SINGING FOR THE HOLIDAYS!