



2X monthly!

RT DEALS

August 27–September 9, 2025



Cascadian Farm
Organic Cereal
selected varieties

\$3⁹⁹

8.6–13.5 oz



St. Dalfour
French Fruit Spread
selected varieties

\$4⁴⁹

10 oz

School's back, stock up!

Annie's
Organic Mac & Cheese
selected varieties

2/\$6

6 oz



Actual Veggies
Black Bean Veggie Burger

\$5⁹⁹

12 oz



Alden's
Organic Ice Cream
selected varieties

\$9⁹⁹

48 oz



Arrowhead Mills
Organic Yellow Popcorn

\$4⁹⁹

28 oz



Bionaturae
Organic Penne Rigate
Sourdough Pasta

\$2⁹⁹

12 oz



Muir Glen
Organic Tomatoes
selected varieties

2/\$4

14.5 oz



Forager Project
Organic Cashewmilk Yogurt
selected varieties

\$6⁴⁹

24 oz



Bubbies Ice Cream
Matcha Green Tea Mochi

\$5⁴⁹

7.5 oz



Cascadian Farm
Organic Potatoes
selected varieties

\$3⁹⁹

16 oz



Look for new deals on **September 10!**



Sustainability Never Tasted So Good

Wild Planet offers sustainably caught canned seafood bursting with clean, fresh flavors. Rich in protein and omega-3s, each serving provides a nutritious, convenient way to enjoy responsibly sourced ocean goodness.



**Wild Planet
Wild Albacore Tuna**
selected varieties

\$4.99

5 oz



**Wild Planet
Skinless Boneless
Sardines in Olive Oil**

\$2.99

4.25 oz



**Wild Planet
Wild Sockeye
Salmon**

\$9.99

6 oz

**Montebello
Organic Artisan Pasta**
selected varieties



\$3.99

1 lb

**Maya Kaimal
Organic Everyday Dal**
selected varieties



\$3.99

10 oz

**Capello's
Gluten-Free Buttermilk
Biscuit**



\$6.49

12.1 oz

Tuna Pasta Salad

30 MIN • SERVES 8

INGREDIENTS

- | | |
|-----------------------------|----------------------------------|
| 1 pound farfalle pasta | 1 tablespoon dried dill |
| 2 – 5 oz cans tuna, drained | 1 teaspoon chia seeds |
| 6 ribs celery, sliced | 1 teaspoon sea salt |
| 1 medium red onion, diced | 1 ½ teaspoon ground white pepper |
| 2 cups mayonnaise | |
| ½ cup red wine vinegar | 1 – 15 oz can peas, drained |

DIRECTIONS

- 1 Cook pasta according to package directions. Drain and set aside to cool.
- 2 Add the tuna to a medium mixing bowl. Using a fork, break apart the tuna. Stir in the celery and red onion.
- 3 Whisk together mayonnaise, vinegar, dill, chia seeds, sea salt, and pepper in a small bowl.
- 4 Add pasta and dressing to the veggie/tuna mixture then toss to combine.
- 5 Fold in peas and adjust seasonings to taste.



**Truly Grass Fed
Natural Aged Cheddar Block**



\$4⁹⁹

7 oz

**Sir Kensington's
Mayonnaise**
selected varieties



\$7⁹⁹

12 oz

**Seeds of Change
Organic Rice & Grains
Jasmine**



2/\$6

8.5 oz

**Late July
Tortilla Chips**
selected varieties



\$3⁹⁹

7.8 oz

**Boulder Canyon
Kettle Potato Chips**
selected varieties



\$3⁴⁹

5.25-6.5 oz

**Garden of Eatin'
Sesame Blues Tortilla Chips**



\$2⁹⁹

5.5 oz

**Terra
Vegetable Chips**
selected varieties



\$3⁴⁹

5-6 oz

**PRIMAL
KITCHEN®**

Add bold, crave-worthy flavor to the real foods you love with Primal Kitchen Organic Unsweetened Ketchup, no-dairy Ranch Dressing, and Mayo with Avocado Oil. Our premium pantry staples are made with real ingredients like organic California-grown tomatoes and cage-free eggs for a classic taste that kids and parents love. No artificial sweeteners and no nonsense!



**Primal Kitchen
Organic Ketchup**
selected varieties

\$5⁹⁹

11.3 oz



**Primal Kitchen
Dressing**
selected varieties

\$7⁴⁹

8 oz



**Primal Kitchen
Mayo with Avocado Oil**
selected varieties

\$9⁹⁹

12 oz

Food Should Taste Good

Tortilla Chips

selected varieties

\$3⁹⁹

5.5 oz



Hippees

Chickpea Puffs

selected varieties

\$3⁴⁹

3.75-4 oz



Angie's BoomChickaPop

Popcorn

selected varieties

\$3⁴⁹

4.4-7 oz



BOBO'S

Bobo's crafts wholesome, delicious snacks made with high-quality ingredients, like 100% whole grain oats, to nourish and delight. From oat bars to bites to PB&Js, every product is gluten-free, non-GMO, and made with love in our bakery in Loveland, CO.



**Bobo's
Peanut Butter
Chocolate Chip Bites
5 Count**

\$3⁹⁹

6.5 oz



**Bobo's
PB&Js**
selected varieties

\$3⁹⁹

8.4 oz

CHOMPS

Meat Snack Sticks

selected varieties

2/\$4

1.15 oz



Lucini

Organic Pasta Sauce

Rustic Tomato Basil

\$7⁹⁹

24 oz



Shop Smart. Eat Clean. Choose Organic.

*Shop organic this September and celebrate
the power of clean, conscious food!*

Whether you're shopping for produce, pantry staples, or personal care, going organic is a simple way to protect your health, nourish your family, and support a more sustainable food system.



**Tony's Chocolonely
Chocolate Bar**
selected varieties

\$5.49

6.35 oz



At Tony's Chocolonely,
we know chocolate
and the people who
make it too. Unwrap
our irresistible milk
chocolate flavors
today!

**Mezcla
Plant Protein Bar**
selected varieties

2/\$5

1.4 oz



**Larabar
Fruit & Nut Bar**
selected varieties

5/\$5

1.6-1.7 oz



**NUCO
Organic Original Coconut
Wraps**

\$6.99

2.47 oz



**Miss Jones Baking Co.
Monster Cookie Dough**

\$7.49

11.84 oz



**Mary's Gone Crackers
Organic Original Crackers**

\$3.49

4 oz



**Little Sesame
Classic Hummus**

\$3.99

8 oz



**Lovebird
Organic Grain-Free Cereal**
selected varieties

\$7.49

7 oz



**Lakewood
Organic Pure
Pineapple Juice**

\$7.99

32 oz



**Lifeway
Farmer Cheese**

\$3.99

16 oz



**Nixie
Organic Soda**
selected varieties



2/\$4

12 oz

**San Pellegrino
Sparkling Mineral Water**



2/\$5

750 ml

**GT's
Kombucha**
selected varieties



2/\$7

16 oz

**Almond Breeze
Almondmilk**
selected varieties



\$4.49

64 oz

**Treeline
Dairy Free Cheese**
selected varieties



\$6.99

6 oz

**Goodles
Cheddy Mac**



\$3.49

6 oz

**Ithaca
Hummus**
selected varieties



\$3.99

10 oz

**GoGo SqueeZ
Organic Apple Cinnamon
Applesauce Pouch**



\$4.49

4 ct

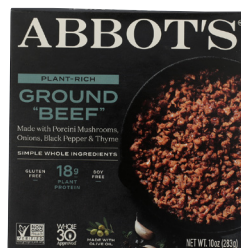
**Vista Hermosa
Organic Corn Tortillas**



\$3.49

7.2 oz

**Abbot's
Plant-Based Meat Alternative**
selected varieties



\$6.49

10 oz

**JonnyPops
Organic Pops**
selected varieties



**Dr. Praeger's
Veggie Burgers**
selected varieties



\$4.99

10-11 oz

**So Delicious
Dairy-Free Frozen Dessert**
selected varieties



\$5.99

16 oz

\$5.49

6.72-14.8 oz

Yogi
Organic Lemon Ginger Tea



\$3.99

16 ct

Mrs. Meyer's Clean Day
Honeyuckle Liquid Dish Soap



\$4.99

16 oz

Mrs. Meyer's Clean Day
Lavender Multi-Surface
Everyday Cleaner



\$4.99

16 oz

South of France
Green Tea Hand Wash



\$3.49

8 oz

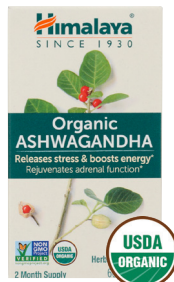
Solaray
Bergamot



\$24.99

60 ct

Himalaya
Organic Ashwagandha



\$19.99

60 ct

Wiley's Finest
Wild Alaskan Fish Oil
Easy Swallow Minis



\$19.99

60 ct

PlusCBD
CBD Extra Strength Balm
100 mg



\$25.99

1.3 oz

Avalon Organics
Shampoo or Conditioner
selected varieties



\$8.99

11 oz

JĀSÖN
Vitamin E Oil 5000 IU



\$7.99

4 oz

Weleda
Skin Food



\$15.99

2.5 oz

Himalaya
Turmeric Soft Chews



\$14.99

30 ct

Egg Bites

45 MIN • MAKES 12 BITES

INGREDIENTS

- 8 large eggs
- 1 ½ cup shredded cheese, such as cheddar or pepper jack
- 2 cup cottage cheese
- ½ teaspoon sea salt
- ¼ teaspoon ground black pepper
- 2 cups ready to eat ingredients, such as cooked proteins, vegetables, and herbs

DIRECTIONS

- 1 Preheat oven to 350°F. In a mixing bowl, combine eggs, shredded cheese, cottage cheese, salt, and pepper.
- 2 Customize egg bites by stirring in approximately 2 cups of pre-cooked and cooled add-ins to the egg mixture.
- 3 Grease 12 cupcake wells with nonstick cooking spray or softened butter or use cupcake liners.
- 4 Divide egg mixture evenly into 12 pan wells and place in oven.
- 5 Bake for 35 minutes or until centers are set. Cool for a few minutes then carefully turn them out onto a cooling rack.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Charity Of The Month: The Glen Cove Youth Bureau

Founded in 1981, the City of Glen Cove's Youth Bureau has provided programming for the community's children. From dynamic opportunities like internships and summer employment, to afterschool programs and summer camps, this organization understands that every child deserves a safe environment outside of school.