



2X monthly!

RT DEALS

June 25–July 15, 2025



**Boulder Canyon
Kettle Potato Chips**
selected varieties

\$3⁴⁹

5.25–6.5 oz



**OLIPOP
Prebiotic Soda**
selected varieties

2/\$4

12 oz

Turn up the heat, not the price!

**JonnyPops
Organic Pops**
selected varieties



\$4⁹⁹

14.8 oz

**Patagonia Provisions
Sourdough Sea Salt Crackers**



\$5⁴⁹

4 oz

**Siete
Tortilla Chips**
selected varieties



\$4⁴⁹

5 oz

**LesserEvil
Organic Popcorn**
selected varieties



\$3⁴⁹

4.6–6.4 oz

**The Good Crisp Company
Potato Crisps**
selected varieties



\$2⁹⁹

5.6 oz

**Primal Kitchen
Organic Unsweetened
Ketchup**



\$5⁴⁹

11.3 oz

**Santa Cruz Organic
Organic Lemonade**
selected varieties



\$2⁹⁹

32 oz

**Health-Ade
Organic Kombucha**
selected varieties



\$3⁴⁹

16 oz

**Bubbies
Kosher Dill Pickles**



\$7⁴⁹

33 oz



Look for new deals on **July 16!**

**Annie's
Organic Mac & Cheese**
selected varieties

2/\$6

6 oz



**Napa Valley Naturals
Organic Cold Pressed
Extra Virgin Olive Oil**

\$19.99

25.4 oz



**Actual Veggies
Super Greens Veggie
Burger**

\$5.99

12 oz



**Actual Veggies
Purple Sweet Potato Fries**

\$5.99

14 oz



**Sir Kensington's
Mayonnaise**
selected varieties

\$6.99

12 oz



**Big Mountain Foods
Soy-Free Tofu**

\$4.99

12 oz



**Late July
Tortilla Chips**
selected varieties

\$3.99

7.8 oz



**Food Should Taste Good
Tortilla Chips**
selected varieties

\$3.99

5.5 oz



**Mi Niña
Organic Tortilla Chips**
selected varieties

\$4.99

12 oz



SAVE S'MORE
on summer faves!



**Tony's Chocolonely
Chocolate Bar**
selected varieties

\$4.49

6.35 oz



**Annie's
Organic Graham Crackers**
selected varieties

\$3.99

14.4 oz



**Dandies
Vegan Marshmallows**
selected varieties

\$3.99

10 oz



Barnana
Organic Plantain Chips
 selected varieties



\$3⁹⁹

5 oz

Unique Snacks
Organic Pretzels
 selected varieties



\$3⁴⁹

8 oz

Vegan Crispy Bars

20 MIN PREP + 1 HR CHILL · SERVES 6-8 · GLUTEN-FREE, VEGAN

INGREDIENTS

- 1 cup smooth peanut butter, unsalted
- $\frac{2}{3}$ cup brown rice syrup
- $\frac{1}{3}$ cup maple syrup
- 1 $\frac{1}{2}$ teaspoon vanilla extract
- 5 cups rice cereal
- 1 $\frac{1}{2}$ cups vegan bittersweet chocolate chips
- 1 tablespoon neutral oil
- 3 tablespoons shredded coconut

DIRECTIONS

- 1 In a 6-quart pot, melt together peanut butter, syrups, and vanilla on medium low heat. Stir in cereal.
- 2 Spread mixture in a parchment-lined 9" by 9" pan and press down flat.
- 3 Melt chocolate with oil and spread over bars. Sprinkle with coconut and chill until set, about 1 hour.



Bobo's
Original Gluten-Free Bites



\$3⁹⁹

5 count/6.5 oz

Larabar
Fruit & Nut Bar
 selected varieties



2/\$3

1.6-1.7 oz



So Delicious
Organic Coconut Milk
 selected varieties

\$2⁹⁹

32 oz



So Delicious
Organic Coconut Milk
 selected varieties

\$4⁹⁹

64 oz



So Delicious
Frozen Dessert
 selected varieties

\$5⁴⁹

16 oz



Smooth, creamy, and always dairy-free. Try our artfully crafted beverages, creamers and desserts. They are all dairy-free, Certified Vegan and Non-GMO Project Verified. That's the art of dairy-free.

Mid-Day Squares
Functional Chocolate Bar

selected varieties

2/\$4

1.16 oz



CHOMPS
Original Beef Snack Sticks

3/\$6

1.15 oz



Serenity Kids
Organic Baby Food Pouch

selected varieties

2/\$5

3.5 oz



Maria and Ricardo's
Organic 8 Inch White Flour
Tortillas

\$3⁹⁹

8 count



San Pellegrino
Sparkling Mineral Water

2/\$5

750 ml



Quinn Snacks
Classic Sea Salt Pretzel Sticks

\$3⁴⁹

5.6 oz



R.W. Knudsen
Recharge Mixed Berry

2/\$5

32 oz



Zevia
Zero Sugar Soda

selected varieties

\$6⁴⁹

6/12 oz



The
Cornucopia
Institute



BRINGING YOU
THE TRUTH
BEHIND ORGANIC

The Cornucopia Institute is your watchdog, helping you support independent organic farms and brands. Join us — because what's on your plate matters. Shape the future of organic food at cornucopia.org.

Taza Chocolate
Organic Sea Salt & Almond
Amaze Bar

\$4.99

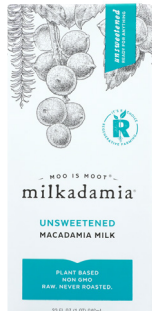
2.5 oz



Milkadamia
Macadamia Milk
selected varieties

\$5.49

32 oz



Nixie
Organic Sparkling Water
selected varieties



\$4.99

8/12 oz



Nixie is dedicated to transforming the food industry and proving that delicious, organic products can rival their conventional counterparts. Their mission is to eliminate sugar, single-use plastic bottles, and toxic forever-chemicals from your favorite beverages.

Forager Project
Organic Cashewmilk Yogurt
selected varieties

\$5.49

24 oz



Vital Farms
Butter
selected varieties

\$3.99

8 oz



Ithaca
Hummus
selected varieties

\$4.49

10 oz



Organic Valley
Organic Cheese
selected varieties

\$4.99

8 oz



Organic Valley
Organic String
Cheese

\$11.49

18 oz



Organic Valley
Organic Shredded
Cheese
selected varieties

\$4.99

6 oz



Cheese You'll Melt Over.

Whatever cheese you are craving, there's a delicious, flavorful Organic Valley cheese for nearly every occasion. And they're all made with organic milk from pasture-raised cows. Enjoy!

Alden's
Organic Ice Cream
 selected varieties



Alden's Organic's commitment to real, high-quality, organic ingredients delivers an irresistible, true-to-flavor taste in every bite. They offer a full line of dairy, dairy-free, and gluten-free options with milk and cream sourced from family-owned farms where cows enjoy plenty of fresh air, graze a minimum of 120 days and eat feed that is 100% organic.



\$9⁹⁹
 48 oz

Alexia
Sweet Potato Fries



Rishi Tea
Sparkling Botanicals Black Lemon



Dr. Praeger's
Veggie Burgers
 selected varieties



\$5⁹⁹
 11 oz

\$2⁹⁹
 12 oz

\$4⁹⁹
 4 ct

Hot Honey Crispy Chicken Sandwiches
 45 MIN • SERVES 4 • TRADITIONAL

INGREDIENTS

- 4 breaded chicken breasts
- 4 hamburger buns
- 4 tablespoons mayonnaise
- 1 ½ cups kale slaw
- 1 red onion, thinly sliced
- 4 tablespoons unsalted butter, softened
- ½ cup honey
- 1 teaspoon crushed red chilies
- 1 teaspoon smoked paprika
- ½ teaspoon cayenne pepper

DIRECTIONS

- 1 In a small saucepan, combine hot honey ingredients and warm over low heat for a few minutes to infuse honey with spices. Turn off heat and set aside.
- 2 Prepare chicken breast based on package instructions.
- 3 Spread butter on buns and toast in a large skillet on low until golden.
- 4 Spread mayonnaise on the top bun and assemble sandwich with slaw, chicken, onions, and hot honey. Serve promptly.



ACURE
Seriously Soothing Day Cream
SPF 30



\$15⁹⁹
 1.7 oz

Independent and Proud.

When you shop local, you make your dollars count. Support your community today and every day by choosing your local independent grocer.



SHOP SMALL. CELEBRATE BIG.

Herbatint 5N Light Chestnut



\$14⁹⁹

4.56 oz

Rainbow Light High Potency Women's One Multivitamin



\$16⁹⁹

60 count

Lily of the Desert Aloe Vera Gelly



\$4⁹⁹

8 oz

Summer Zucchini Chips

1 HR • MAKES ABOUT 40 PIECES • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

2 medium zucchinis, cut into ¼-inch slices
1 ½ cup gluten-free panko breadcrumbs
¾ cup grated parmesan cheese
¼ cup salt-free everything bagel seasoning
½ teaspoon sea salt
2 large eggs, whisked

DIRECTIONS

- 1 Preheat your air fryer to 400°F. On a baking tray or shallow dish, combine panko breadcrumbs, parmesan cheese, and everything seasoning. In a separate bowl, whisk the eggs.
- 2 In batches, coat each zucchini slice with the egg mixture. Transfer to the breadcrumb mixture, pressing to make a nice crust on each side.
- 3 Air fry zucchini slices in batches. Place slices directly in fryer basket, leaving room for the air to circulate—do not crowd the basket. Cook for 8 minutes, flipping halfway through. Promptly remove zucchini chips from fryer basket and place on a cooling rack. Sprinkle with salt while hot. Repeat with remaining zucchini slices.
- 4 Serve with your favorite dipping sauce.

Can't find everything bagel seasoning? Substitute with ½ teaspoon onion powder, ½ teaspoon garlic powder, ½ teaspoon poppyseeds, and 2 teaspoons sesame seeds.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Charity Of The Month: The Glen Cove Boys and Girls Club

The Glen Cove Boys and Girls Club at Lincoln House has had a long history of serving as a pillar of support to the community's underprivileged youth. Serving the city since 1903, its mission has been to help children realize their potential and become productive citizens by providing inspirational and educational programming in a safe environment. With opportunities around character and leadership development, the arts, education and career development, sports, fitness and recreation, as well as health and life skills, The GCBGC has been a champion for the community's youth, and Rising Tide is proud to make them July's Charity of the Month.