

Now 2x monthly!

RT DEALS

January 2, 2025–January 14, 2025



Culture Pop Probiotic Soda
selected varieties

\$7.99
12 oz



Base Culture Bread
selected varieties

\$7.99
16 oz

Ring in the new year with healthy savings!

GT's Synergy Kombucha
selected varieties

\$3.49
16 oz



C2O Coconut Water
selected varieties

2/\$4
17.5 oz



Califia Farms Almondmilk
selected varieties

\$4.99
48 oz



Canyon Bakehouse Gluten Free Bread
selected varieties

\$7.49
18 oz



Justin's Peanut Butter
selected varieties

\$4.99
16 oz



St. Dalfour Fruit Spread
selected varieties

\$3.99
10 oz



Lightlife Organic Tempeh
selected varieties

\$3.99
8 oz



Ancient Harvest Organic Polenta
selected varieties

\$3.99
18 oz



Lundberg Family Farms Organic Rice
selected varieties

\$8.49
2 lb



Look for new deals on January 15!

**Painterland Sisters
Organic Skyr Yogurt**
selected varieties



2/\$5

5.3 oz

**Nutiva
Organic Coconut Oil**
selected varieties



\$13.99

23 oz

**Chomps
Beef Snack Stick**
selected varieties



2/\$4

1.15 oz

**Organico Bello
Organic Marinara Sauce**
selected varieties



\$8.99

25 oz

**Green Mountain Gringo
Salsa**
selected varieties



\$5.99

16 oz

**Seven Sundays
Sunflower Cereal**
selected varieties



\$6.99

8 oz

**Napa Valley Naturals
Organic Extra Virgin
Olive Oil**



\$19.99

25.4 oz

**Late July
Tortilla Chips**
selected varieties



\$3.99

10.1 oz



When it comes to wellness, if you STAY ready, you rarely have to GET ready. New Years Reso-what? Just keep that healthy kitchen going, get that fresh air, and of course, pop the top of your favorite Bragg product.



**Bragg
Nutritional Yeast**

\$6.49

4.5 oz



**Bragg
Organic Apple Cider
Vinegar**

\$5.99

32 oz



**Bragg
Organic Salad Dressing**
selected varieties

\$5.99

12 oz

**Boulder Canyon
Kettle Potato Chips**

selected varieties

\$3⁴⁹

5.25–6.5 oz



**Food Should Taste Good
Tortilla Chips**

selected varieties

\$3⁴⁹

5.5 oz



**Siete
Tortilla Chips**
selected varieties

\$4⁴⁹

5 oz



**Siete
Puffs**
selected varieties

\$3⁴⁹

4 oz



Heritage-inspired
Gluten-free
Delicious
Made with avocado oil
Great for the familia!

**RW Garcia
Organic Corn Chips**

selected varieties

\$4⁴⁹

7.5–8.25 oz



**Terra Chips
Vegetable Chips**

selected varieties

\$3⁹⁹

5–6 oz



**Barnana
Organic Plantain Chips**

selected varieties

\$3⁹⁹

5 oz



**MadeGood
Crispy Squares**

selected varieties

\$3⁴⁹

6 ct



**GimMe Health Foods
Organic Roasted Seaweed Snacks**

selected varieties

2/\$4

0.32–0.35 oz



**Evamor
Alkaline Artesian Water**

2/\$5

32 oz



**Perfect Bar
Protein Bar**

selected varieties

2/\$5

1.94–2.5 oz



**MadeGood
Organic Granola Bars**

selected varieties

\$3⁹⁹

6 ct



**Solely
Organic Fruit Jerky**

selected varieties

2/\$3

0.8 oz





GoMacro MacroBars®— where high-quality ingredients meet exceptionally delicious flavors! All GoMacro products are certified organic, vegan, gluten-free, kosher, and non-GMO, offering sustained nourishment you can trust and enjoy.



GoMacro Organic MacroBar
selected varieties

2/\$5
2–2.3 oz

SweetLeaf Liquid Stevia

\$8.99

2 oz



Laird Superfood Superfood Creamer

selected varieties

\$9.99

8 oz



Four Sigmatic Organic Ground Mushroom Coffee

selected varieties

\$15.99

10 oz



Manitoba Harvest Organic Hemp Hearts

\$10.99

12 oz



Lakewood Organic Pure Pineapple Juice

\$7.99

32 oz



Nixie Organic Sparkling Water

selected varieties

\$5.99

8/12 oz



Harmless Harvest Organic Coconut Water

\$4.49

16 oz



Bob's Red Mill Organic Gluten Free Oats

\$7.99

32 oz



Good mornings start with good ingredients. Kickstart your day with delicious oats and nature's super cereal—muesli! We start with the highest quality ingredients, so you can share whole grain goodness in every bite.

**4th & Heart
Ghee Oil Spray**

\$8⁹⁹

5 oz



**Milkadamia
Macadamia Milk**
selected varieties

\$5⁹⁹

32 oz



**MALK
Organic Almond Milk**
selected varieties

\$5⁹⁹

28 oz



**Nancy's
Organic Lowfat Cottage
Cheese**

\$4⁹⁹

16 oz



**Remedy Organics
Organic Protein Shake**
selected varieties

\$3⁹⁹

12 oz



Yogi™

Delicious teas that give you real benefits. Reach for our teas when your mind is restless or your energy levels dip. Our teas are created to bring balance to the world. We're The Well-Being Company. Everything we do is about creating well-being—in people, products, and the planet.



**Yogi Tea
Organic Tea**
selected varieties

\$3⁹⁹

16 ct



Almond Breeze non-dairy almondmilk is delicious in everything, from cereals and smoothies to cooking and baking. Browse our variety of almondmilk, including sweetened and unsweetened flavors.



**Almond Breeze
Almondmilk**
selected varieties

\$2⁹⁹

32 oz



**Lovebird
Grain-Free Cereal**
selected varieties

\$7⁴⁹

7 oz

Daiya Dairy-Free

Can you imagine a life without cheese? Sounds impossible, right? Now, picture a dairy-free cheese that's irresistibly rich and satisfyingly creamy. With Daiya, it is possible. You'll never have to live without the joy of cheese again.



Daiya Dairy-Free Slices
selected varieties

\$4.49
7.8 oz

Forager Organic Cashewmilk Yogurt
selected varieties

\$5.99

24 oz



Ithaca Hummus
selected varieties

\$4.49

10 oz



Bonafide Organic Bone Broth
selected varieties

\$7.99

24 oz



Red's Burritos
selected varieties

selected varieties

2/\$5

5 oz



Laird Superfood Protein Bar
selected varieties

selected varieties

2/\$4

1.6 oz



Pukka Organic Tea
selected varieties

selected varieties



\$5.99

20 ct

Dr. Praeger's Veggie Burgers
selected varieties

selected varieties

\$5.99

10-11 oz



Wyman's Wild Blueberries

\$3.99

15 oz



GoodPop Organic Dairy-Free Frozen Pops
selected varieties

selected varieties



\$4.99

10 oz

**Seventh Generation
Liquid Laundry**

selected varieties



\$16⁹⁹

90 oz

**Ultima Replenisher
Electrolyte Mix**

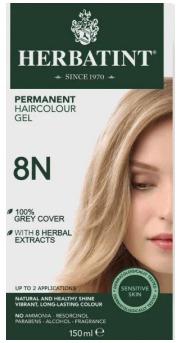
selected varieties



\$17⁹⁹

3.9 oz

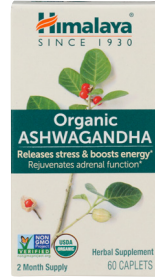
**Herbatint
Hair Color**



\$13⁹⁹

4.56 oz

**Himalaya
Organic Ashwagandha**



\$19⁹⁹

60 ct

**Gaia Herbs
Turmeric Supreme Extra Strength**



\$25⁹⁹

60 vcap

**MegaFood
Whole Body Turmeric Curcumin**



\$23⁹⁹

60 ct

**Boiron
Oscillococinum**



\$22⁹⁹

12 ct

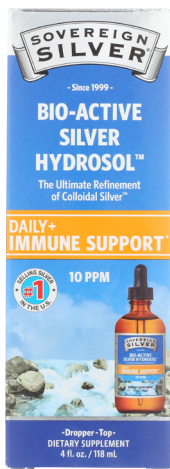
**Nordic Naturals
Omega-3**



\$15⁹⁹

60 ct

**Sovereign Silver
Bio-Active Silver Hydrosol**



\$21⁹⁹

4 oz

**Dr. Bronner's
Organic Castile Liquid Soap**

selected varieties



\$8⁹⁹

16 oz

**Seventh Generation
Multi-Surface Disinfectant Spray**

selected varieties



\$5⁹⁹

26 oz

Peanut Butter Cookies

35 MIN • MAKES 16 COOKIES • GLUTEN-FREE

INGREDIENTS

1 cup creamy peanut butter, unsalted
2/3 cups cane sugar
1 large egg
1 teaspoon vanilla extract
1/4 teaspoon sea salt

DIRECTIONS

- 1 Preheat oven to 350°F. Line two baking sheets with parchment paper.
- 2 In a medium-size mixing bowl, add all ingredients and stir until well combined. Allow mixture to stand for 10 minutes.
- 3 Portion dough into tablespoon size amounts and roll into balls. Place dough balls onto the parchment lined baking sheets and press the tines of a fork to flatten. If desired, sprinkle with extra cane sugar.
- 4 Bake cookies for 11 minutes. Remove from oven and allow cookies to cool before handling.



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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