



# RT DEALS

VALID 10/21/24 - 11/24/24

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • [RISINGTIDEMARKET.COM](http://RISINGTIDEMARKET.COM)



**\$8<sup>99</sup>**

4th & Heart  
**GHEE OIL  
SPRAY**  
5 oz



**2/\$3**

88 Acres  
**DARK CHOCOLATE  
SEA SALT AND  
SEED BAR**  
1 ct



**\$5<sup>49</sup>**

Alden's Organic  
**ORGANIC ICE  
CREAM FUDGE  
BARS**  
4 ct



**\$9<sup>99</sup>**

Alden's Organic  
**ORGANIC  
VANILLA BEAN  
ICE CREAM**  
48 oz



**\$4<sup>99</sup>**

Alexia  
**ORGANIC  
YUKON GOLD  
JULIENNE FRIES  
WITH SEA SALT**  
15 oz



**\$0<sup>79</sup>**

Alter Eco  
**ORGANIC  
INDIVIDUAL  
VELVET  
TRUFFLES**  
.42 oz



**\$3<sup>49</sup>**

Annie's  
**BOOMCHICKAPOP  
SWEET & SALTY  
KETTLE CORN**  
7 oz



**\$2<sup>99</sup>**

Annie's  
**ORGANIC  
MAC & CHEESE  
SHELLS & REAL  
AGED CHEDDAR**  
6 oz



**\$3<sup>99</sup>**

Annie's  
**ORGANIC  
HONEY  
GRAHAM  
CRACKERS**  
14.4 oz



**\$3<sup>49</sup>**

Back to Nature  
**ORGANIC STONE  
GROUND WHEAT  
CRACKERS**  
6 oz



**\$4<sup>49</sup>**

Back to Nature  
**CLASSIC CREME  
COOKIES**  
12 oz



**2\$4**

Bob's Red Mill  
**CLASSIC  
GLUTEN-FREE  
OATMEAL CUP**  
1.81 oz



**\$3<sup>49</sup>**

Bob's Red Mill  
**BAKING SODA  
STAND-UP POUCH  
BAKING AIDS**  
16 oz



**\$7<sup>99</sup>**

Bonafide Provisions  
**ORGANIC BEEF  
BONE BROTH**  
24 oz

## STORE HOURS

**MONDAY-SATURDAY**

8:00AM - 7:00PM

**SUNDAY**

8:00AM-6:00PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: [RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/](http://RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/)





**\$6<sup>49</sup>**  
 Bragg  
**ORGANIC  
 APPLE CIDER  
 VINEGAR**  
 32 oz



**\$4<sup>49</sup>**  
 Brown Cow  
**PLAIN  
 CREAM TOP  
 WHOLE MILK  
 YOGURT**  
 32 oz



**2/\$5**  
 CADIA  
**SPARKLING  
 ITALIAN  
 MINERAL  
 WATER**  
 33.8 oz



**\$5<sup>99</sup>**  
 Califa Farms  
**ORGANIC  
 VANILLA  
 ALMOND  
 CREAMERS**  
 25.4



**\$3<sup>49</sup>**  
 Cascadian Farm Organic  
**ORGANIC  
 CINNAMON  
 CRUNCH CEREAL**  
 9.2 oz



**\$2<sup>99</sup>**  
 Chameleon Cold Brew  
**ORGANIC  
 ESPRESSO ROASTED  
 COFFEE**  
 10 oz



**\$4<sup>99</sup>**  
 Chia Smash  
**STRAWBERRY  
 JAM**  
 8 oz



**\$5<sup>99</sup>**  
 Chosen Foods  
**AVOCADO  
 OIL SPRAY**  
 4.7 oz



**\$5<sup>99</sup>**  
 Cookie Pal  
**ORGANIC  
 SWEET POTATO  
 AND FLAXSEED  
 DOG BISCUITS**  
 10 oz



**\$4<sup>49</sup>**  
 Cosmic Bliss  
**ORGANIC  
 VANILLA  
 COOKIE  
 SANDWICH**  
 5.25 oz



**\$5<sup>99</sup>**  
 Cosmic Bliss  
**ORGANIC  
 PLANT-BASED  
 DAIRY-FREE  
 CHOCOLATE  
 FROZEN DESSERT**  
 14 oz



**\$3<sup>49</sup>**  
 Dandies  
**VEGAN MINI  
 VANILLA  
 MARSHMALLOWS**  
 10 oz



**\$2<sup>99</sup>**  
 Earthbound Farm  
**ORGANIC  
 KALE**  
 8 oz



**\$4<sup>99</sup>**  
 Follow Your Heart  
**DAIRY-FREE  
 GRATED  
 PARMESAN**  
 5 oz



**\$5<sup>49</sup>**  
 Garden of Eatin'  
**BLUE CORN  
 TORTILLA CHIPS**  
 16 oz



**\$3<sup>49</sup>**  
 Good Health  
**SEA SALT  
 AVOCADO OIL  
 POTATO CHIPS**  
 5 oz



**\$3<sup>49</sup>**  
 Goodles  
**CHEDDY MAC**  
 6 oz



**\$4<sup>49</sup>**  
 Grain Trust  
**HIBACHI  
 FRIED RICE**  
 20 oz



**\$14<sup>49</sup>**  
 Graza  
**SIZZLE  
 EXTRA VIRGIN  
 OLIVE OIL  
 FOR COOKING**  
 750 ml



**\$5<sup>49</sup>**  
 Green Valley Creamery  
**ORIGINAL  
 TRADITIONAL  
 PLAIN LACTOSE  
 FREE KEFIR**  
 32 oz



**\$2<sup>99</sup>**  
 Health-Ade  
**ORGANIC  
 GINGER LEMON  
 KOMBUCHA**  
 16 oz



**\$2<sup>99</sup>**  
 Hippeas  
**VEGAN WHITE  
 CHEDDAR  
 CHICKPEA PUFFS**  
 4 oz



**\$6<sup>49</sup>**  
 Hodo  
**ORGANIC  
 VEGAN ALL-DAY  
 EGG SCRAMBLE**  
 8 oz



**\$7<sup>99</sup>**  
 Hu  
**BAKING DARK  
 CHOCOLATE  
 PILLOW POUCH**  
 9 oz



**\$1<sup>99</sup>**  
 If You Care  
**LARGE  
 BAKING CUPS  
 (FSC CERTIFIED)**  
 60 ct



**\$3<sup>99</sup>**  
 Ithaca Cold-Crafted  
**CLASSIC  
 HUMMUS**  
 10 oz



**\$3<sup>49</sup>**  
 Jackson's  
**AVOCADO OIL  
 SWEET POTATO  
 CHIPS**  
 5 oz



**\$4<sup>99</sup>**  
 Jolly Llama  
**MINT  
 CHOCOLATE CHIP  
 SANDWICHES**  
 4 ct



**\$2<sup>49</sup>**  
 Jovial  
**ORGANIC  
 GLASS-PACKED  
 CANNELLINI  
 BEANS**  
 13 oz



**\$3<sup>99</sup>**  
 Jovial  
**ORGANIC  
 BROWN RICE  
 PENNE RIGATE**  
 12 oz



**\$4<sup>99</sup>**  
 Kerrygold  
**SALTED  
 STICK  
 BUTTER**  
 8 oz



**\$10<sup>99</sup>**  
 Kicking Horse Coffee  
**ORGANIC GROUND  
 COFFEE 454  
 HORSEPOWER  
 DARK**  
 10 oz



**\$6<sup>99</sup>**  
 King Arthur  
**ALL PURPOSE  
 FLOUR**  
 5 lb



**\$7<sup>49</sup>**  
 La Tourangelle  
**ORGANIC  
 EXTRA VIRGIN  
 OLIVE OIL  
 SPRAY**  
 5 oz



**2/\$4**  
 Laird Superfood  
**PEANUT BUTTER  
 PROTEIN BAR**  
 1.6 oz



**\$4<sup>49</sup>**  
 Laird Superfood  
**ORGANIC SALTY  
 CHOCOLATE BAR**  
 16 oz



**\$6<sup>99</sup>**  
 Lakewood  
**ORGANIC  
 PURE  
 PINEAPPLE**  
 32 oz



**\$3<sup>99</sup>**  
 Late July  
**ORGANIC  
 SEA SALT  
 TORTILLA  
 DIPPERS**  
 7.4 oz



**\$1<sup>49</sup>**  
 Let's Do  
**ORGANIC  
 CONFETTI  
 SPRINKELZ**  
 1 oz



**\$3<sup>99</sup>**  
 Lightlife  
**ORGANIC  
 ORIGINAL  
 SOY TEMPEH**  
 8 oz



**\$6<sup>99</sup>**  
 Lily's  
**DARK  
 CHOCOLATE  
 BAKING CHIPS**  
 9 oz



**\$8<sup>99</sup>**  
 Lundberg Family Farms  
**ORIGINAL  
 CALIFORNIA  
 WHITE BASMATI  
 RICE POUCHES**  
 2 lb



**\$2<sup>99</sup>**  
 MadeGood  
**ORGANIC  
 VANILLA  
 CRISPY  
 SQUARES**  
 6 ct



**\$3<sup>99</sup>**  
 MadeGood  
**ORGANIC  
 BIRTHDAY CAKE  
 CHOCOLATE  
 DRIZZLED  
 GRANOLA BARS**  
 5/0.85 oz



**\$4<sup>99</sup>**  
 Maille  
**ORGANIC  
 DIJON  
 MUSTARD**  
 7.5 oz



# CHARITY OF THE MONTH

## NORTH SHORE SOUP KITCHEN



The North Shore Soup Kitchen has been feeding the hungry at the First Baptist Church in Glen Cove since it was founded in 1989, 31 years ago. NOSH was created March 15th in response to the coronavirus pandemic. NOSH's mission is to provide food assistance by delivering bags of groceries to the homes of North Shore residents impacted by the pandemic. Now united by a common goal, to feed the hungry with dignity and respect, NOSH is now a program of the North Shore Soup Kitchen. Working together, the two organizations will continue the ever growing need for food assistance across our area.



**\$3<sup>99</sup>**

Maya Kaimal  
**ORGANIC  
EVERYDAY DAL  
RED LENTILS W/  
BUTTERNUT  
SQUASH AND  
COCONUT**  
10 oz



**2/\$5**

Mid-Day Squares  
**COOKIE DOUGH  
FUNCTIONAL  
CHOCOLATE  
BAR**  
1.16 oz



**2/\$4**

Mike's Mighty Good  
**CHICKEN RAMEN  
SOUP CUP**  
1.6 oz



**\$4<sup>49</sup>**

Milkadamia  
**UNSWEETENED  
VANILLA  
MACADAMIA  
MILK**  
32 oz



**\$5<sup>49</sup>**

Miyoko's  
**ORGANIC  
CULTURED  
VEGAN BUTTER**  
8 oz



**\$9<sup>49</sup>**

Mount Hagen  
**ORGANIC  
FREEZE-DRIED  
REGULAR COFFEE  
JARS**  
3.53 oz



**\$6<sup>49</sup>**

Zevia  
**GINGER ALE**  
6/12 oz



**\$4<sup>49</sup>**

Nancy's  
**ORGANIC  
LOWFAT  
COTTAGE  
CHEESE**  
16 oz



**\$3<sup>49</sup>**

Native Forest  
**WHOLE  
ARTICHOKE  
HEARTS**  
9.9 oz



**\$5<sup>49</sup>**  
Newman's Own  
**ORIGINAL SANDWICH CREMES**  
13 oz



**\$9<sup>99</sup>**  
Nutiva  
**ORGANIC VIRGIN COCONUT OIL**  
14 oz



**\$6<sup>99</sup>**  
Nuts for Cheese  
**ORGANIC VEGAN SMOKY GOUDA**  
4.23 oz



**\$6<sup>99</sup>**  
Once Again  
**ORGANIC SMOOTH PEANUT BUTTER**  
16 oz



**\$2<sup>49</sup>**  
Organic Valley  
**ORGANIC FULL FAT SOUR CREAM**  
8 oz



**\$6<sup>99</sup>**  
Organic Valley  
**ORGANIC GRASSMILK RAW CHEDDAR CHEESE**  
8 oz



**\$3<sup>99</sup>**  
Pacific Foods  
**ORGANIC FREE-RANGE CHICKEN BROTH**  
32 oz



**\$18<sup>99</sup>**  
Pamela's  
**PANCAKE & BAKING MIX**  
4 lb



**\$0<sup>79</sup>**  
Panda  
**LICORICE BAR**  
1.1 oz



**\$5<sup>49</sup>**  
Patagonia Provisions  
**ROSEMARY GARLIC CRACKER**  
4 oz



**2/\$4**  
Peter Rabbit Organics  
**ORGANIC RASPBERRY, BANANA & BLUEBERRY BABY FOOD POUCHES**  
4 oz



**\$5<sup>49</sup>**  
Primal Kitchen  
**ORGANIC UNSWEETENED KETCHUP**  
11.3 oz



**\$6<sup>49</sup>**  
Primal Kitchen  
**DAIRY-FREE RANCH MADE WITH AVOCADO OIL**  
8 oz



**\$9<sup>99</sup>**  
Primal Kitchen  
**MAYO WITH AVOCADO OIL**  
12 oz



**\$5<sup>99</sup>**  
Purely Elizabeth  
**ORIGINAL GRANOLA**  
12 oz



**\$5<sup>49</sup>**  
 Reed's  
**GINGER ALE  
 ZERO**  
 48 oz



**\$4<sup>49</sup>**  
 Rumiano  
**ORGANIC  
 SLICED MILD  
 CHEDDAR**  
 6 oz



**\$3<sup>99</sup>**  
 R.W. Garcia  
**ORGANIC  
 YELLOW CORN  
 TORTILLA CHIPS**  
 8.25 oz



**\$4<sup>49</sup>**  
 Santa Cruz Organic  
**ORGANIC  
 APPLE SAUCE**  
 6/4 oz



**\$2<sup>99</sup>**  
 Seeds of Change  
**ORGANIC  
 BROWN  
 BASMATI  
 RICE**  
 8.5 oz



**\$4<sup>99</sup>**  
 Simple Mills  
**ALMOND FLOUR  
 FARMHOUSE  
 CHEDDAR  
 CRACKERS  
 SNACK PACK**  
 4.9 oz



**\$5<sup>49</sup>**  
 Simply Organic  
**ORGANIC  
 MEDIUM GRIND  
 BLACK PEPPER**  
 2.31 oz



**\$14<sup>49</sup>**  
 Simply Organic  
**ORGANIC  
 VANILLA  
 EXTRACT**  
 4 oz



**\$3<sup>99</sup>**  
 So Delicious  
**ORIGINAL  
 COCO WHIP**  
 9 oz



**2/\$3**  
 Solely  
**ORGANIC  
 FRUIT JERKY  
 MANGO W/  
 CHILI & SALT**  
 0.8 oz



**\$6<sup>99</sup>**  
 Spectrum  
**ORGANIC  
 WHITE  
 VINEGAR**  
 32 oz



**\$18<sup>99</sup>**  
 Spectrum  
**ORGANIC  
 UNREFINED  
 EXTRA VIRGIN  
 OLIVE OIL**  
 25.4 oz



**\$13<sup>99</sup>**  
 SweetLeaf  
**STEVIA CLEAR  
 LIQUID STEVIA**  
 4 oz



**\$5<sup>49</sup>**  
 Tate's Bake Shop  
**CHOCOLATE  
 CHIP COOKIES**  
 7 oz



**\$4<sup>49</sup>**  
 Taza  
**ORGANIC  
 SEA SALT &  
 ALMOND  
 AMAZE  
 BAR**  
 2.5 oz





**\$7<sup>99</sup>**

The Coconut Cult  
**ORGANIC CHOCOLATE MOUSSE PROBIOTIC YOGURT**  
8 oz



**\$4<sup>49</sup>**

Tony's Chocolonely  
**MILK CHOCOLATE BAR**  
6.35 oz



**\$4<sup>99</sup>**

Upton's Naturals  
**TRADITIONAL SEITAN**  
8 oz



**\$5<sup>99</sup>**

Wholesome  
**ORGANIC SUGAR**  
2 lb



**\$3<sup>49</sup>**

Woodstock  
**ORGANIC PETITE PEAS**  
10 oz



**\$4<sup>49</sup>**

Zack's Mighty  
**ORGANIC SEA SALT TORTILLA CHIPS**  
9 oz



**\$4<sup>49</sup>**

Mrs. Meyer's Clean Day  
**BLUEBELL LIQUID DISH SOAP**  
16 oz



**\$3<sup>99</sup>**

ECOS  
**FREE & CLEAR DISH MATE**  
25 oz



**\$8<sup>99</sup>**

Alba Botanica  
**ACNE DOTE PIMPLE PATCHES**  
40 ct



**\$5<sup>99</sup>**

Dr. Bronner's  
**TOOTHPASTE**  
5 oz



**\$14<sup>99</sup>**

Herbatint  
**HAIR COLOR**  
4.56 oz



**2/\$7**

South of France  
**BAR SOAP**  
6 oz



**\$4<sup>99</sup>**

Mrs. Meyer's Clean Day  
**LIQUID HAND SOAP**  
12.5 oz



**\$9<sup>99</sup>**

Tom's of Maine  
**DEODORANT STICK**  
3.25 oz