



# RT DEALS

VALID 4/22/24 - 5/26/24

42 FOREST AVE, GLEN COVE, NY 11542 • 516.676.7895 • RISINGTIDEMARKET.COM



**\$5<sup>49</sup>**

Alden's Organic  
**OG FUDGE  
ICE CREAM BARS**  
4 ct



**2/<sup>\$</sup>7**

Annie's  
**OG MAC AND  
CHEESE**  
6 oz



**2/<sup>\$</sup>4**

Aura Bora  
**LAVENDER CUCUMBER  
HERBAL SPARKLING  
WATER**  
12 oz



**\$5<sup>99</sup>**

Arrowhead Mills  
**OG SPELT  
FLAKES**  
12 oz



**\$7<sup>99</sup>**

Base Culture  
**7 NUT AND  
SEED BREAD**  
16 oz



**3/<sup>\$</sup>3**

Bear Yoyo  
**RASPBERRY  
FRUIT ROLL**  
0.7 oz



**\$3<sup>99</sup>**

Bear Yoyo  
**STRAWBERRY  
FRUIT ROLL**  
3.5 oz



**\$8<sup>99</sup>**

Beyond Meat  
**BEYOND BURGER  
4 PACK**  
1 lb



**\$3<sup>49</sup>**

Bionaturae  
**OG STRAINED  
TOMATOES (JAR)**  
24 oz



**\$11<sup>49</sup>**

Bionaturae  
**OG EXTRA  
VIRGIN  
OLIVE OIL**  
17 oz



**\$3<sup>49</sup>**

Bobo's  
**GF APPLE PIE  
BITES 5 COUNT**  
6.5 oz

## STORE HOURS

**MONDAY-SATURDAY**

8:00AM - 7:00PM

**SUNDAY**

8:00AM-6:00PM

@risingtidemarket

@RisingTideNaturalMarket

ONLINE SHOPPING IS HERE! VISIT: [RISINGTIDEMARKET.COM/RISING-TIDE-ONLINE-SHOPPING/](https://www.risingtidemarket.com/rising-tide-online-shopping/)



**2/\$3**  
 Bob's Red Mill  
**PEANUT BUTTER  
 CHOCOLATE AND  
 OATS BAR**  
 1.76 oz



**\$3<sup>99</sup>**  
 Bonafide Provisions  
**OG SHELF STABLE  
 CHICKEN BROTH  
 NO SALT**  
 32 oz



**\$7<sup>99</sup>**  
 Bubbies  
**KOSHER DILL  
 PICKLES**  
 33 oz



**\$4<sup>49</sup>**  
 Brown Cow  
**PLAIN  
 CREAM-TOP  
 WHOLE MILK  
 YOGURT**  
 32 oz



**\$5<sup>49</sup>**  
 Califia Farms  
**OG UNSWEETENED  
 ALMOND MILK**  
 48 oz



**2/\$3**  
 Catalina Crunch  
**DARK  
 CHOCOLATE  
 KETO-FRIENDLY  
 CEREAL**  
 1.27 oz



**2/\$6**  
 Chocolove  
**PURE MILK  
 CHOCOLATE  
 BAR**  
 32 oz



**\$5<sup>99</sup>**  
 Chosen Foods  
**AVOCADO OIL  
 SPRAY**  
 4.7 oz



**\$12<sup>99</sup>**  
 Coombs Family Farms  
**OG GRADE A  
 AMBER RICH  
 MAPLE SYRUP**  
 12 oz



**\$5<sup>99</sup>**  
 Cosmic Bliss  
**OG DARK  
 CHOCOLATE  
 BAR**  
 4 ct



**\$10<sup>99</sup>**  
 Chosen Foods  
**AVOCADO OIL**  
 500 ml



**\$3<sup>49</sup>**  
 Crunchmaster  
**ROSEMARY &  
 OLIVE OIL  
 MULTISEED  
 CRACKERS**  
 4 oz



**2/\$4**  
 Culture Pop  
**WILD BERRIES  
 PROBIOTIC SODA**  
 12 oz



**2/\$4**  
 Dr. McDougall's  
**MISO RAMEN**  
 1.9 oz



**\$2.79**  
 Endangered Species  
**DARK CHOCOLATE BAR  
 WITH ALMONDS &  
 SEA SALT**  
 3 oz



**\$4.99**  
 Dr. Praeger's  
**BLACK BEAN  
 QUINOA VEGGIE  
 BURGERS**  
 10 oz



**2/\$3**  
 evamor  
**ALKALINE  
 ARTESIAN  
 WATER**  
 20 oz



**\$4.49**  
 Explore Cuisine  
**OG EDAMAME  
 MUNG BEAN  
 FETTUCCINE**  
 8 oz



**\$6.99**  
 Feel Good Foods  
**GF THREE CHEESE  
 MAC & CHEESE  
 BITES**  
 8 oz



**\$4.99**  
 Food for Life  
**OG SPROUTED  
 WHOLE GRAIN  
 EZEKIEL 4:9® BREAD**  
 24 oz



**2/\$4**  
 Forager Project  
**OG VANILLA BEAN  
 CASHEW MILK  
 YOGURT**  
 5.3 oz



**\$1.77**  
 gimMe Organic  
**OG SEA SALT  
 SEAWEED SNACK**  
 0.35 oz



**\$5.49**  
 Forager Project  
**OG PLAIN  
 CASHEW MILK  
 YOGURT**  
 24 oz



**\$3<sup>99</sup>**  
 GoodPop  
**OG JUNIOR  
 ORANGE, CHERRY,  
 GRAPE POPS**  
 9.9 oz



**\$5<sup>49</sup>**  
 Green Mountain Gringo  
**MEDIUM SALSA**  
 16 oz



**\$5<sup>99</sup>**  
 Green Valley Creamery  
**OG TRADITIONAL  
 PLAIN LACTOSE-  
 FREE KEFIR**  
 32 oz



**\$16<sup>99</sup>**  
 Graza  
**DRIZZLE EXTRA  
 VIRGIN OLIVE OIL  
 FOR FINISHING**  
 500 ml



**\$3<sup>49</sup>**  
 GT's  
**ALIVE PU-ERH  
 ROOT SPARKLING  
 PROBIOTIC CIDER**  
 16 oz



**\$5<sup>99</sup>**  
 GT's  
**OG VANILLA  
 COCOYO**  
 8 oz



**\$4<sup>49</sup>**  
 Harmless Harvest  
**OG COCONUT  
 WATER**  
 16 oz



**2/\$6**  
 Health-Ade  
**OG CAYENNE  
 CLEANSE  
 KOMBUCHA**  
 16 oz



**2/\$4**  
 Justin's  
**OG MILK CHOCOLATE  
 PEANUT BUTTER  
 CUPS**  
 1.4 oz



**\$3<sup>49</sup>**  
 Kettle  
**SEA SALT  
 POTATO  
 CHIPS**  
 5 oz



**\$7<sup>99</sup>**  
 Lakewood  
**OG PURE  
 PINEAPPLE**  
 32 oz



**3/\$3**  
 Larabar  
**APPLE PIE  
 BAR**  
 1.6 oz



**\$3<sup>99</sup>**

Late July  
**NACHO CHEESE  
TORTILLA CHIPS**  
7.8 oz



**\$3<sup>49</sup>**

Lesser Evil  
**OG HIMALAYAN  
SEA SALT  
POPCORN**  
4.6 oz



**\$7<sup>99</sup>**

Made in Nature  
**OG DRIED  
MANGO**  
8 oz



**2/\$4**

Little Secrets  
**MILK CHOCOLATE  
WITH SEA SALT  
CRISPY WAFERS**  
1.4 oz



**\$3<sup>99</sup>**

MadeGood  
**OG SOFT-BAKED  
MINI CHOCOLATE  
CHIP COOKIES**  
4.25 oz



**\$4<sup>99</sup>**

Maria and Ricardo's  
**GF 8 INCH  
TORTILLAS**  
6 ct



**\$4<sup>99</sup>**

Mary's Gone Crackers  
**OG ORIGINAL  
CRACKERS**  
6.5 oz



**2/\$4**

Mid-Day Squares  
**PEANUT BUTTA  
FUNCTIONAL  
CHOCOLATE BAR**  
1.16 oz



**\$4<sup>49</sup>**

Miracle Noodle  
**FETTUCINE  
NOODLES**  
7 oz



**\$4<sup>99</sup>**

Miyoko's  
**OG PLAINLY CLASSIC  
VEGAN CREAM CHEESE**  
8 oz



**\$5<sup>99</sup>**

Miss Jones Baking Co.  
**CHOCOLATE  
CHIP COOKIE  
MIX**  
13 oz



**\$5.49**

Muir Glen  
**OG MILD  
SALSA**  
16 oz



**\$5.49**

Nature's Bakery  
**WHOLE WHEAT  
RASPBERRY  
FIG BAR**  
6/2 oz



**\$5.49**

Newman's Own  
**ORIGINAL  
SANDWICH  
CREMES**  
13 oz



**2/\$5**

Nick's Sticks  
**BEEF SNACK  
STICKS**  
1.7 oz



**\$5.99**

Nixie Sparkling Water  
**OG BLACK CHERRY  
LIME SPARKLING  
WATER**  
12 oz



**\$4.99**

nutpods  
**ORIGINAL  
UNSWEETENED  
DAIRY-FREE  
CREAMER**  
25.4 oz



**2/\$5**

Once Upon A Farm  
**WILD RUMPUS  
AVOCADO OG 7+  
MONTH BABY  
FOOD**  
3.2 oz



**\$0.79**

Panda  
**LICORICE  
BAR**  
1.1 oz



**2/\$5**

Perfect Bar  
**OG PEANUT  
BUTTER BAR**  
2.5 oz



**2/\$4**

Peter Rabbit Organics  
**OG STRAWBERRY &  
BANANA BABY FOOD  
POUCH**  
4 oz



**\$5.49**

Primal Kitchen  
**OG UNSWEETENED  
KETCHUP**  
11.3 oz



**\$11.49**

Primal Kitchen  
**AVOCADO OIL**  
16.9 oz



**\$7<sup>99</sup>**

R.W. Knudsen  
**OG PRUNE JUICE**  
32 oz



**\$7<sup>49</sup>**

Rao's Homemade  
**MARINARA SAUCE**  
24 oz



**2/\$5**

San Pellegrino  
**SPARKLING WATER**  
**GLASS**  
750 ml



**\$2<sup>99</sup>**

Santa Cruz Organic  
**OG ORIGINAL LEMONADE**  
32 oz



**\$6<sup>49</sup>**

Seven Sundays  
**MAPLE SEA SALT GRAIN-FREE SUNFLOWER CEREAL**  
8 oz



**2/\$5**

Siete  
**MILD TACO SEASONING**  
1.31 oz

# CHARITY OF THE MONTH

## THE NORTH SHORE LAND ALLIANCE

For 20 years, the Land Alliance has been committed to conserving and stewarding Long Island's natural and historic lands, waters and environmental resources. The Locust Valley-based nonprofit has achieved its mission through education, outreach and volunteerism, connecting people to nature and inspiring a community conservation ethic. It has been instrumental in conserving over 1,300 acres of land on Long Island's North Shore, opened 16 nature preserves across the island, and operates a thriving community garden in Roosevelt, NY.



**\$4.49**  
Siete  
**SEA SALT  
TORTILLA CHIPS**  
5 oz



**2/\$3**  
siggi's  
**PLAIN NONFAT  
ICELANDIC  
YOGURT**  
5.3 oz



**\$3.49**  
Stacy's  
**SEA SALT  
PITA THINS**  
6.75 oz



**\$4.49**  
Simple Mills  
**FINE GROUND  
SEA SALT  
ALMOND FLOUR  
CRACKERS**  
4.25 oz



**\$2.99**  
Tasty Bite  
**ORG BASMATI  
RICE**  
8.8 oz



**\$5.49**  
Tate's Bake Shop  
**CHOCOLATE  
CHIP COOKIES**  
7 oz



**\$3.99**  
Taza  
**OG WICKED  
DARK AMAZE  
BAR**  
2.5 oz



**\$3.99**  
Terra  
**SWEETS & BEETS  
SWEET POTATO  
CHIPS**  
6 oz



**\$2.99**  
The Good Crisp Company  
**ORIGINAL  
POTATO  
CRISPS**  
5.6 oz



**\$7.49**  
Uncle Matt's Organic  
**OG PULP-FREE  
ORANGE JUICE**  
52 oz



**\$3.99**  
Tony's Chocolonely  
**CARAMEL  
SEA SALT  
BAR**  
6.35 oz





**\$4<sup>99</sup>**

Upton's Naturals  
**TRADITIONAL SEITAN**  
8 oz



**\$5<sup>49</sup>**

Vista Hermosa  
**7" FLOUR TORTILLAS**  
12.8 oz



**2/\$5**

Wild Planet  
**WILD SARDINES EXTRA VIRGIN OLIVE OIL**  
4.4 oz



**2/\$5**

VerMints  
**OG PEPPERMINT BREATH MINTS**  
1.74 oz



**\$3<sup>49</sup>**

Wild Planet  
**WILD ALBACORE TUNA**  
3 oz



**\$6<sup>99</sup>**

wildbrine  
**KOREAN KIMCHI**  
18 oz



**2/\$5**

Wise Bar  
**MOCHA COCONUT ENERGY BARS**  
1.9 oz



**\$3<sup>49</sup>**

Woodstock  
**OG GREEN PEAS**  
10 oz



**\$3<sup>99</sup>**

Zack's Mighty  
**OG SEA SALT TORTILLA CHIPS**  
9 oz



**\$8<sup>99</sup>**

Alba Botanica  
**ACNE DOTE PIMPLE PATCHES**  
40 ct



**\$9<sup>99</sup>**

Aura Cacia  
**LAVENDER ESSENTIAL OIL**  
.5 oz



**\$4<sup>99</sup>**

Aura Cacia  
**OG CASTOR OIL**  
4 oz

# 20% OFF SELECT ALBA BOTANICA SUNSCREEN



Alba Botanica  
**FRAGRANCE FREE  
 SHEER MINERAL  
 SPF 30**  
 2 oz



Alba Botanica  
**KIDS TROPICAL FRUIT  
 SPF 50**  
 6 oz



Alba Botanica  
**HAWAIIAN  
 SPF 70**  
 5 oz



**\$18<sup>99</sup>**  
 DERMA E  
**VITAMIN C  
 CONCENTRATED  
 SERUM**  
 2 oz



**\$5<sup>99</sup>**  
 Dr. Bronner's  
**ORGANIC  
 TOOTHPASTE**  
 5 oz



**\$14<sup>99</sup>**  
 Herbatint  
**HAIR COLOR**  
 4.56 oz



**2/\$7**  
 South of France  
**HAND WASH &  
 BAR SOAP**  
 8 oz



**\$3<sup>99</sup>**  
 Choice  
**TEAS**  
 1.12 oz



**\$27<sup>99</sup>**  
 Oregon's Wild Harvest  
**OG MILK  
 THISTLE**  
 90 ct



**\$29<sup>99</sup>**  
 Vibrant Health  
**UT VIBRANCE**  
 50 ct



# RT VALUES

WHERE OUR VALUES MEET YOURS

Change the way you shop at Rising Tide with our RT Values program. Sensational prices on essential high-quality, organic and certified non-GMO products you use every day!



**\$2<sup>29</sup>**  
**ORGANIC BROTHS**  
32 oz



**\$5<sup>99</sup>**  
**ORGANIC CHIA SEEDS**  
12 oz



**\$1<sup>29</sup>**  
**ORGANIC BEANS**  
16 oz



**\$12<sup>99</sup>**  
**ORGANIC ALMOND BUTTER**  
16 oz



**\$5<sup>99</sup>**  
**ORGANIC PEANUT BUTTER**  
16 oz



**\$6<sup>99</sup>**  
**ORGANIC WILDFLOWER HONEY**  
16 oz



starting at  
**\$3<sup>99</sup>**  
**ORGANIC JELLY & PRESERVES**  
11 oz



starting at  
**\$3<sup>69</sup>**  
**ORGANIC FROZEN FRUIT**  
10 oz



**\$3<sup>99</sup>**  
**ORGANIC FROZEN VEGETABLES**  
16 oz



starting at  
**\$5<sup>29</sup>**  
**ORGANIC RICE**  
32 oz



**\$7<sup>29</sup>**  
**ORGANIC UNREFINED COCONUT OIL**  
14 oz



starting at  
**\$2<sup>49</sup>**  
**ORGANIC CONDIMENTS**  
8-24 oz



**\$5<sup>79</sup>**

**ORGANIC  
RAISINS**  
16 oz



**\$3<sup>49</sup>**

**ORGANIC  
PASTA SAUCES**  
25 oz



**\$2<sup>79</sup>**

**ORGANIC  
CANNED  
TOMATOES**  
28 oz



**\$1<sup>79</sup>**

**ORGANIC  
CANNED  
TOMATOES**  
14.5 oz



**\$1<sup>29</sup>**

**ORGANIC  
TOMATO PASTE**  
6 oz



**\$1<sup>79</sup>**

**ORGANIC  
TOMATO SAUCE**  
15 oz



**\$8<sup>99</sup>**

**ORGANIC  
MEDITERRANEAN  
EXTRA VIRGIN  
OLIVE OIL**  
500 ml



**\$1<sup>99</sup>**

**ORGANIC  
PASTAS**  
16 oz



**\$3<sup>49</sup>**

**ORGANIC  
DRY BEANS**  
16 oz



**\$3<sup>99</sup>**

**LIQUID DISH  
SOAP**  
25 oz



**\$7<sup>29</sup>**

**FABRIC  
SOFTENER**  
50 oz



**\$11<sup>99</sup>**

**LAUNDRY  
DETERGENT**  
100 oz



**\$2<sup>19</sup>**

**PAPER TOWEL**  
1 roll



**\$1<sup>59</sup>**

**FACIAL TISSUE**  
1 box



**\$8<sup>99</sup>**

**BATH TISSUE**  
12 pack

**...AND MANY MORE!**