

INDEPENDENT Choice™

August 2017

Late July
Organic Mini Bite Size
Sandwich Crackers

2/\$6

5 oz



Rudi's Bakery
Organic Whole
Wheat Bread

\$3⁴⁹

22 oz



Annie's Homegrown
Organic
Fruit Snacks

2/\$6

4 oz



One Degree Organics
Organic
Sprouted
Cereal

\$3⁹⁹

8-12 oz



Silk
AlmondMilk

\$3⁴⁹

64 oz



Peeled Snacks
Organic
Peas Please

2/\$4

3.3 oz



GT's
Organic
Enlightened
Synergy

\$2⁶⁹

16 oz



Organic Valley
Organic
Half & Half

\$1⁷⁹

16 oz



Lundberg Family Farms
Rice Chips

2/\$5

6 oz



Harmless Harvest
Organic Harmless
Coconut Water

\$3⁷⁹

16 oz



Did you know...

Kermit the Frog received an Honorary Doctorate of Amphibious Letters on May 19, 1996, from Southampton College, New York. He also gave the commencement speech.

SANTA CRUZ organic



We believe nature itself is the truest form of art, and our goal is to infuse the beauty of nature's process into everything we do ... from harvest to the bottle on your table.

Santa Cruz Organic currently offers more than 50 organic items available nationwide. It's who we are. It's what we do. And more importantly, it's what we love.



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NON-GMO PROJECT IS A REGISTERED TRADEMARK OF THE NON-GMO PROJECT, INC.

Santa Cruz Organic
Organic Apple Sauce

\$3⁴⁹

6/4 oz



Stretch Island
Original
Fruit Leather

5/\$2

.5 oz



Barbara's
Puffins Cereal

2/\$6

11 oz



Brown Cow
Whole Milk
Cream Top
Yogurt

79¢

5.3 oz



SeaSnax
Organic Grab
& Go Roasted
Seaweed Snack

89¢

.18 oz



Arrowhead Mills
Buttermilk
Pancake Mix

\$3⁴⁹

26 oz



Purely Elizabeth
Ancient Grain
Granola

\$4⁹⁹

12 oz



Annie's Homegrown
Cracker Bunnies
(selected varieties)

2/\$5

7-7.5 oz



So Delicious
Cultured CoconutMilk
Yogurt

2/\$3

5.3 oz



Late July
Clasico
Tortilla Chips

\$2¹⁹

5.5 oz



Glutino
Gluten Free
Pretzel Twists

\$3⁷⁹

14.1 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of August.

Julie's Organic
Organic Ice Cream
Sandwiches

\$4²⁹

6/3.65 oz



Follow Your Heart
Grapeseed Oil
Vegenaise

\$4⁴⁹

16 oz



Cascadian Farm Organic
Organic Cereal
(selected varieties)

2/\$6

9.2-14.6 oz



So Delicious
Mini
CoconutMilk
Bars

\$3⁹⁹

4/2.3 oz



Garden of Eatin'
Red Hot Blues

\$2²⁹

8.1 oz



Justin's Nut Butter
Single Squeeze
Almond Butter

5/\$5

1.15 oz



Hail Merry
Miracle Tarts

\$2⁸⁹

3 oz



Udi's
Gluten Free
Bread

\$3⁶⁹

12-14.3 oz



Crofter's Organic
Organic Premium
Spread

\$3⁷⁹

16.5 oz



Jackson's Honest
Sweet Potato
Chips

2/\$6

5 oz



Honest Tea
Organic Iced Tea

4/\$5

16 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of August.

Koyo
Ramen

\$89¢

2-2.1 oz



Ancient Harvest
Organic Gluten Free
Quinoa

\$4⁴⁹

12 oz



Go Veggie
Vegan Grated
Parmesan Style
Topping

\$2⁴⁹

4 oz



Annie's Homegrown
Mac & Cheese
(selected varieties)

5/\$5

6 oz



Maya Kaimal
Simmer Sauce

\$3⁹⁹

12.5 oz



Organic Valley
Organic Shredded
Cheese

\$3⁹⁹

6 oz



Gardein
7 Grain Crispy
Tenders

\$3²⁹

9 oz



Peter Rabbit Organics
Organic Baby
Food Pouch

2/\$3

4-4.4 oz



Wallaby
Organic
Greek Yogurt

\$6²⁹

32 oz



Nutiva
Organic Virgin
Coconut Oil

\$12⁴⁹

23 oz



Taste Nirvana
Coconut Water

\$1⁵⁹

9.5 oz



KeVita
Organic Sparkling
Probiotic Drink

2/\$5

15.2 oz



Wild Planet
Wild Sardines

\$1⁸⁹

4.375 oz



Food Should Taste Good
Tortilla Chips

\$1⁷⁹

4.5-5.5 oz



Guayaki
Organic
Yerba Mate

\$2²⁹

15.5 oz



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Good Health
Avocado Oil
Potato Chips

\$2¹⁹

5 oz



Glee Gum
Chewing Gum

89¢

16 ct



GoMacro
Organic MacroBar

\$1⁹⁹

2-2.5 oz



Erewhon
Organic
Cereal

\$3⁴⁹

10 oz



Essentia
Water

\$1⁶⁹

1 lt



Clif Bar
Nut Butter
Filled Bar

\$1²⁹

1.76 oz



Back-to-School, Back-to-Basics

Even the most amazing among us needs to rely on a “go-to” school lunch option that is quick, simple, and provides enriched energy to help our little ones make it through the second half of their day. The long-reigning champion: the PB & J. In a few quick strokes, you can pack a lunch that provides protein, fiber, carbohydrates, and essential vitamins and minerals. Choose natural, healthy ingredients that are low in additives, and you have a delicious and nutritious option in a snap.

Have some fun! Substitute crackers for bread, or roll it up in a tortilla, slice it, and call it sushi-style. Cut a sandwich into squares, put it on a stick with raspberries, and call it a kebob. You can change to almond or cashew butter, swap out the jelly for honey and/or a banana. Ask your little learner to help make it with you and see what fun combos you can find together!

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MegaFood®
Fresh From Farm To Tablet™

PULLING UP BEETS BY THE
megaton, SO YOU CAN PUSH
THROUGH YOUR DAY WITH
fists of iron.

YOU'LL LIKE THE WAY REAL FEELS
Our Blood Builder delivers iron through whole foods, like non-GMO beets from Stahlbush Island Farms, making it easy to digest and non-constipating (there! We said it). It also restores energy and combats fatigue*, so you can roll with every punch that comes your way.

MegaFood® Blood Builder®
Fresh From Farm To Tablet™
Nourish • Restore • Gentle

IRON & MULTIVITAMIN DIETARY SUPPLEMENT

Get to the root of iron with Stahlbush Island Farms at megafood.com/stahlbush

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. ©FoodState, Inc. 2017. Stahlbush® is a registered trademark of Stahlbush Island Farms, Inc.

MegaFood Blood Builder

\$18⁹⁹

60 tab



Natural Factors BioSil® Hair, Skin, Nails

\$26⁹⁹

60 vcap



Natural Vitality Calm

\$14⁹⁹

8 oz



Reserveage Nutrition Resveratrol 250 mg

\$33⁹⁹

60 ct



New Chapter Turmeric Force™

\$23⁹⁹

60 cap



Hyland's Calm 'n Restful 4 Kids

\$5⁷⁹

125 tab



Solaray D-Mannose w/CranActin

\$17⁹⁹

60 ct



Nutrition Now PB 8® Pro-Biotic

\$8⁷⁹

60 ct



Nordic Naturals Complete Omega Junior

\$15⁹⁹

90 ct



Carlson Very Finest Fish Oil

\$18⁹⁹

6.7 oz



Rainbow Light Probiolicious Probiotic Gummies

\$14⁹⁹

50 ct



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Garden of Life
Organic
RAW Fit

\$33⁹⁹

14.8-16 oz



Xlear
Toothpaste

\$3⁷⁹

5 oz



Boiron
Arnica Gel

\$8⁴⁹

2.6 oz



Nature's Way
Liquid
Coconut Oil

\$10⁴⁹

10 oz



RADIUS
Source
Toothbrush

\$6⁴⁹

1 ct



Thayers
Witch Hazel

\$7⁷⁹

12 oz



Vibrant Health
Green Vibrance

\$36⁹⁹

12.8 oz



Dr. Bronner's
Organic Toothpaste

\$4⁴⁹

5 oz



Preserve
Triple Razor
Replacement
Blades

\$5⁷⁹

4 ct



Seventh Generation
Dish Liquid

\$2⁶⁹

25 oz



CleanWell
Natural Hand
Sanitizer Spray

\$2¹⁹

1 oz



Nature's Gate
Lotion

\$6⁴⁹

18 oz



Mrs. Meyer's Clean Day
Liquid Dish Soap

\$3⁴⁹

16 oz



EO
Everyone Soap

\$6⁴⁹

32 oz



Giovanni
Tea Tree Triple Treat
Shampoo &
Conditioner

\$5⁹⁹

8.5 oz



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"With every book, you go back to school. You become a student. You become an investigative reporter. You spend a little time learning what it's like to live in someone else's shoes." **Unknown**



CONNECTICUT

Chamomille Natural Foods
58-60 Newtown Rd, Danbury

It's Only Natural Market
575 Main St, Middletown

Nature's Temptations
32 Prospect St, Ridgefield

New Morning Market
129 Main St, Woodbury

Super Natural Market & Deli
430 N Main St, Bristol

DELAWARE

Harvest Market
7417 Lancaster Pike, Hockessin

DISTRICT OF COLUMBIA

Yes! Organic Market
2123 14th St NW, Washington
1825 Columbia Rd NW, Washington
3809 12th St NE, Washington
3425 Connecticut Ave NW, Washington
4100 Georgia Ave NW, Washington
410 8th St SE, Washington

MAINE

Bath Natural Market
36 Centre St, Bath

Lois' Natural Marketplace
152 U.S. Rte 1, Scarborough
47 India St, Portland

Morning Glory Natural Foods
60 Maine St, Brunswick

New Morning Natural Foods
3 York St, Kennebunk
230 Main St, Biddeford

Royal River Natural Foods
443 US Rte 1, Freeport

Uncle Dean's Good Groceries
80 Grove St, Waterville

MARYLAND

Chestertown Natural Foods
303 Cannon St, Chestertown

Dawson's Market
255 N Washington St, Rockville

David's Natural Market
5410 Lynx Ln, Columbia
1523-E Rock Spring Rd, Forest Hill
871 Annapolis Rd, Gambrills

The Good Earth Natural Foods Company
41675 Park Ave, Leonardtown

Yes! Organic Market
5331 Baltimore Ave, Hyattsville

MASSACHUSETTS

The Alternative Market
33 North Washington St, North Attleboro

Cambridge Natural Foods
23 White St, Cambridge

Organic Market
1218 Main St, Chatham
640 Main St, Dennisport
31 Market St, Mashpee

City Feed and Supply
672 Centre St, Jamaica Plain
66A Boylston St, Jamaica Plain

Common Crow Natural Market
200 Eastern Ave, Gloucester

Cornucopia Foods
150 Main St, Ste 8, Northampton

Debra's Natural Gourmet
98 Commonwealth Ave, Concord

Down to Earth Natural Foods
751 Kempton St, New Bedford

The Good Seed Natural Food Market
138 Central Ave, Seekonk

Guido's Fresh Marketplace
1020 South St, Pittsfield
760 S. Main St, Great Barrington

Nantucket Greengrocer
8C Amelia Dr, Nantucket

The Natural Grocer
334 High St, Newburyport

Roots Natural Foods
100 Crawford St, Leominster

NEW HAMPSHIRE

Maggie's Market
14 Main St, Peterborough

Nature's Green Grocer
374 Union St, Peterborough

Portsmouth Health Food Center
151 Congress St, Portsmouth

NEW JERSEY

A1 Nutrition Store
210 Main Ave, Passaic

Back to Nature Health Food Store
231 Rte 206 S, Chester

Basil Bandwagon Natural Market
38 Old Hwy 22, Clinton

Big Bear Natural Foods
239 N Union St, Lambertville
21 Arctic Plw y, Ewing
9 Rte 31, Pennington

Dean's Natural Food Market
1119 Hwy 35, Ocean

Green Acres Health Food Store
1297 Centennial Ave, Piscataway

Green Life Market
1388 Rte 23N, Butler

Healthfair Natural and Organic Market
625 Branch Ave, Little Silver

Healthway Natural Foods
35 Riveredge Rd, Tenafly

Healthy Thymes Market
265 Rte 94, Vernon

Nature's Corner Natural Market
2407 State Rte 71, Spring Lake Heights

Nature's Nutrition
383 Brick Blvd, Brick

Nature's Nutrition
383 Brick Blvd, Brick

Nature's Nutrition
383 Brick Blvd, Brick

Nature's Nutrition
383 Brick Blvd, Brick

Nature's Nutrition
383 Brick Blvd, Brick

Nature's Nutrition
383 Brick Blvd, Brick

Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

Nature's Pavilion
564 Rte 23 N, Pompton Plains

Pangaea Naturals
657 E Bay Ave, Manahawkin

Whole Earth Center
360 Nassau St, Princeton

NEW YORK

A Matter of Health
138 Rockland Plaza, Nanuet
1347 1st Ave, New York
1478 1st Ave, New York
275 S Central Ave, Hartsdale

Cornucopia Natural Foods
39 N Main St, Sayville

Down to Earth Whole Foods
305 Grant Ave, Endicott

Downtown Natural Market
1701 Church Ave, Brooklyn
51 Willoughby St, Brooklyn
8401 37th Ave, Jackson Heights
285 Broadway St, Brooklyn

Food For Health
1653 Third Ave, New York

Four Seasons Natural Foods
120 Henry St, Saratoga Springs

Good 'N Natural
2173 White Plains Rd, Bronx

Green Earth Health Market
4 Market St, Oneonta

Green Planet Grocery
18 E Cayuga St, Oswego
3514 W Genesee St, Syracuse
6195 Rte 31, Cicero

Hart's Local Grocers
10 Winthrop St, Rochester

Hawthorne Valley Farmstore
327 Rte 21C, Ghent

Health Beat Natural Foods
214 Main St, Johnson City

Health & Harmony
470 Hudson St, New York

Jason's Market
1019 Fort Salonga Rd, Northport

Jandi's Natural Market
3000 Long Beach Rd, Oceanside

Kaaterskill Farm Natural Storehouse
173 Healy Blvd, Hudson
3 Boulevard Ave, Catskill

LifeThyme Natural Market
410 6th Ave, New York

The Local Food Market
37 N Main St, Cortland
8 Clinton St, Tully

Lori's Natural Food Center
900 Jefferson Rd, Rochester

Mother Earth's Storehouse
300 Kings Mall Ct, Kingston
1955 South Rd, Poughkeepsie
249 Main St, Saugerties

Oh My Goodness Health Food Store
1 N Main St, Homer

Nature's Pantry
1545 Rte 52, Fishkill
436 Bloomington Grove Tpk, New Windsor

Rising Tide
42 Forest Ave, Glen Cove

Sunflower Natural Foods Market
75 Mill Hill Rd, Woodstock
24 Garden St, Rhinebeck

Uncle Sam's Good Natural Products
77 4th St, Troy
644 Loudon Rd, Latham

PENNSYLVANIA

Big Bear Natural Foods
1246 E Lincoln Hwy, Langhorne
925 Old Lincoln Hwy, Morrisville

Bloom Naturally
307 Columbia Blvd, Bloomsburg
118 Walnut St, Danville

Everything Natural Under the Sun
3415 Pleasant Valley Blvd, Altoona

Earthlight Natural Foods
933 Ann St, Stroudsburg

Everything Natural
426 South State St, Clarks Summit

Frey's Better Foods
1575 Main St, Hellertown

The Healthy Grocer
3800 Trindle Rd, Camp Hill

Leg Up Farmers Market
3100 North George St, York

Martindale's Natural Market
1172 Baltimore Pike, Springfield

Nature's Harvest
101 E Moreland Rd, Willow Grove

Kimberton Whole Foods
2140 Kimberton Rd, Kimberton
150 E Pennsylvania Ave, Downingtown
1139 Ben Franklin Hwy E, Douglassville
239 Durham Rd, Ottsville
429 East King Rd, Malvern

Lemon Street Market
241 W Lemon St, Lancaster

Nature's Pantry
2331 Commercial Blvd, State College

Organnons Natural Market
591 Durham Rd, Wrightstown

RHODE ISLAND

The Green Grocer
934 East Main Rd, Portsmouth

VERMONT

Natural Provisions
537 Railroad St, Saint Johnsbury

Natural Provisions Market
329 Harvest Lane, Ste 100, Williston

VIRGINIA

Better Thymes Natural Foods
417 South St, Front Royal

Ellwood Thompson's
4 N Thompson St, Richmond

Good Foods Grocery
3062 Stony Point Rd, Richmond

Health Trail Natural Foods
10848 Warwick Blvd, Newport News
4858 George Washington Memorial Hwy, Hayes

HealthNut Nutrition
1701 Enterprise Dr, Lynchburg

Organic Food Depot
4301 Commuter Dr, Virginia Beach
1912 Granby St, Norfolk

Rebecca's Natural Foods
1141 Emmet St, Charlottesville

WEST VIRGINIA

Community Garden Market
148 N Washington St, Berkeley Springs